Lec 5: Pre/Mid/Post-Training CS 2281, Fall 2024

Sham Kakade and David Brandfonbrener

- Pre-training
- Mid-training
- Post-training
- Reasoning/o1



A few remarks on Science & Scale in Al

- Science matters ullet

 - data > opinions
- Math in Al lacksquare
 - Can be helpful: diffusion models, inference/SSMs, optimization
 - Deeper perspectives: JAX's view of AD
- Scaling is an important part of the engineering process

 - Yes, we do need the right scale to study the effect of interest (some phenomena "emerge" but often there are predictive metrics)
- It's your job to look at the data and draw your own conclusions

• yes, we may fail to reproduce everything, but this is science working as intended.

• If somethings holds at smaller scale, makes sense to consider this as the "null"

The "pipeline"

- Pre-training: the lions share of flops
 - learn the density of all txt out there
 - diminishing returns in ppl/loss, but best proxy for downstream performance
- Mid-training: relatively new paradigm
 - once our base model is "good", can we utilize to get a better model?
 - maybe a different "scaling law" is possible?
- Post-training: how can we deploy a helpful model
- **Reasoning/o1**: use more inference time compute!
 - Is this a different paradigm?





- How much data is out there?
- Web scraping and processing
- Scaling laws
- Benchmarks and emergence
- Data selection/Data mixtures
- Mid-training
- Post-training

What is "pre-training"?

- Goal: estimate the probability density on "all" raw available text. lacksquare• We train BIG models on LOTS of data
- Which text is "relevant" for downstream tasks?
 - Difficult to say and quite plausibly diminishing (yet important) returns • Small bumps in perplexity are important for downstream performance •
- What "data mixture" do we want?
- How much data is out there?

ChatGPT (GPT 3.5):

"human level performance on many benchmarks + sometimes absurd mistakes"

Grapevine numbers:

- GPT3.5: 200B model, trained on 1-5T tokens?
- GPT4.0: 1.6T MoE (8x200B models), 5-12T tokens
- Gemini: 2T param model (also MoE?), 15T? (trained on TPUs, 1M context)

Published numbers:

• LLama3: 405B, 15T tokens

Some LLM numbers

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How much data is out there?

- LLama3: 15T tokens
- Plausibly another 20-50T "good data" that may be hard to reach
- Non-English 20-50T?

	1	1	1		
	Words	Tokens	Relative size (Llama 3 = 1)		
Web Data					
FineWeb	11 trillion	15T	1		
Non-English web data (high quality)	13.5 trillion	18T	1		
Code					
Public code	_	0.78T	0.05		
Private Code	_	20T	1.3		
Academic publications and patents					
Academic articles	800 billion	1T	0.07		
Patents	150 billion	0.2T	0.01		
Books					
Google Books	3.6 trillion	4.8T	0.3		
Anna's Archive (books)	2.8 trillion	3.9T	0.25		
Every unique book	16 trillion	21T	1.4		
Social media					
Twitter / X	8 trillion	11T	0.7		
Weibo	29 trillion	38T	2.5		
Facebook	105 trillion	140T	10		
	•	•	•		

Blogpost: How much LLM trading data is there in the limit?



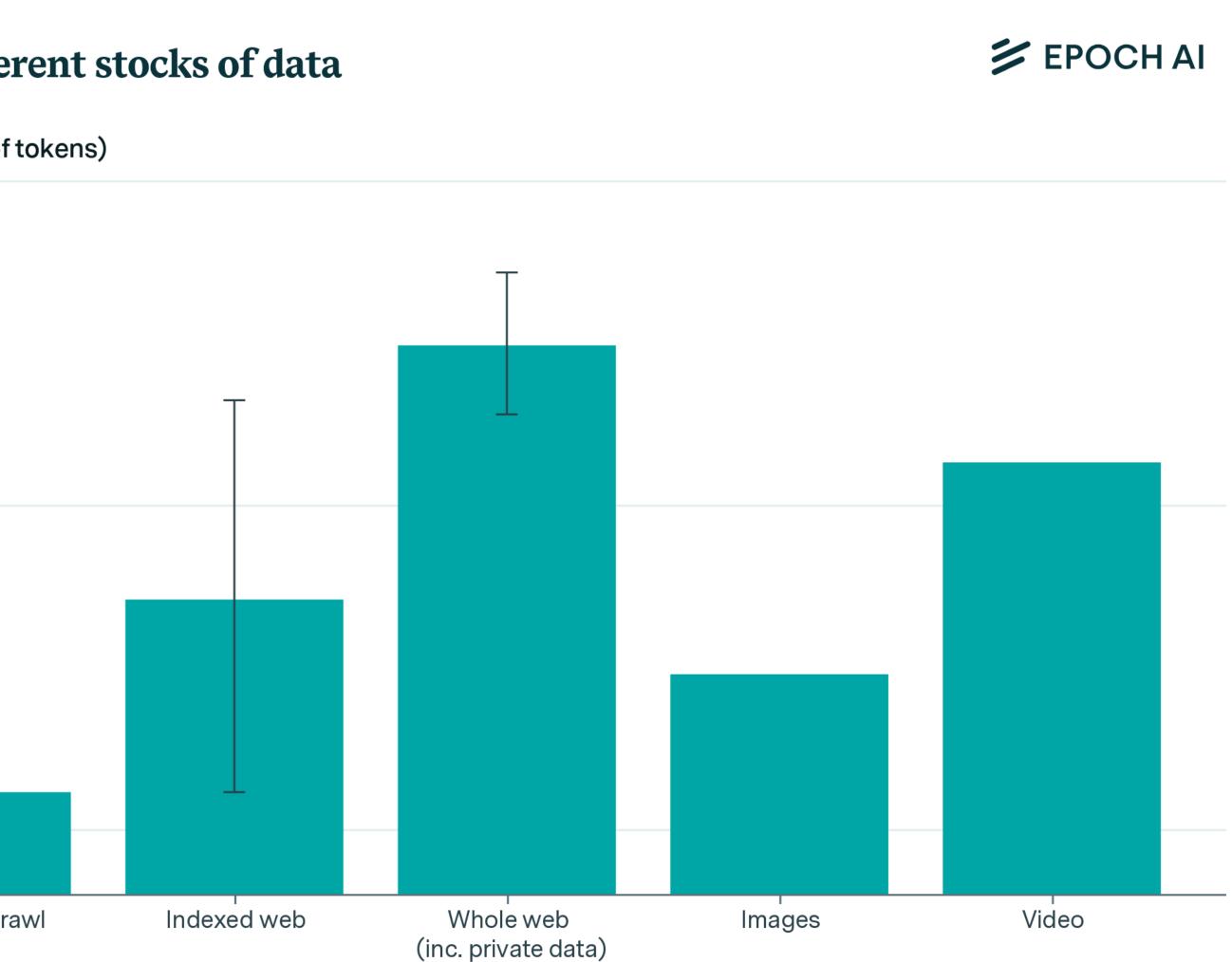
How much data is out there?

Estimates of different stocks of data

Effective stock (number of	f
10000T -	

- Total web data may be \bullet 1000T, but not high quality
- Much more private data
- More data in other \bullet modalities (but this is less clearly useful)

1000T _	
1000T –	
	Т
100T -	
	CommonCr



- Pre-training
 - How much data is out there?



- Scaling laws
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Over 250 billion pages spanning 17 years.

Free and open corpus since 2007.

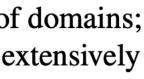
Cited in over 10,000 research papers.

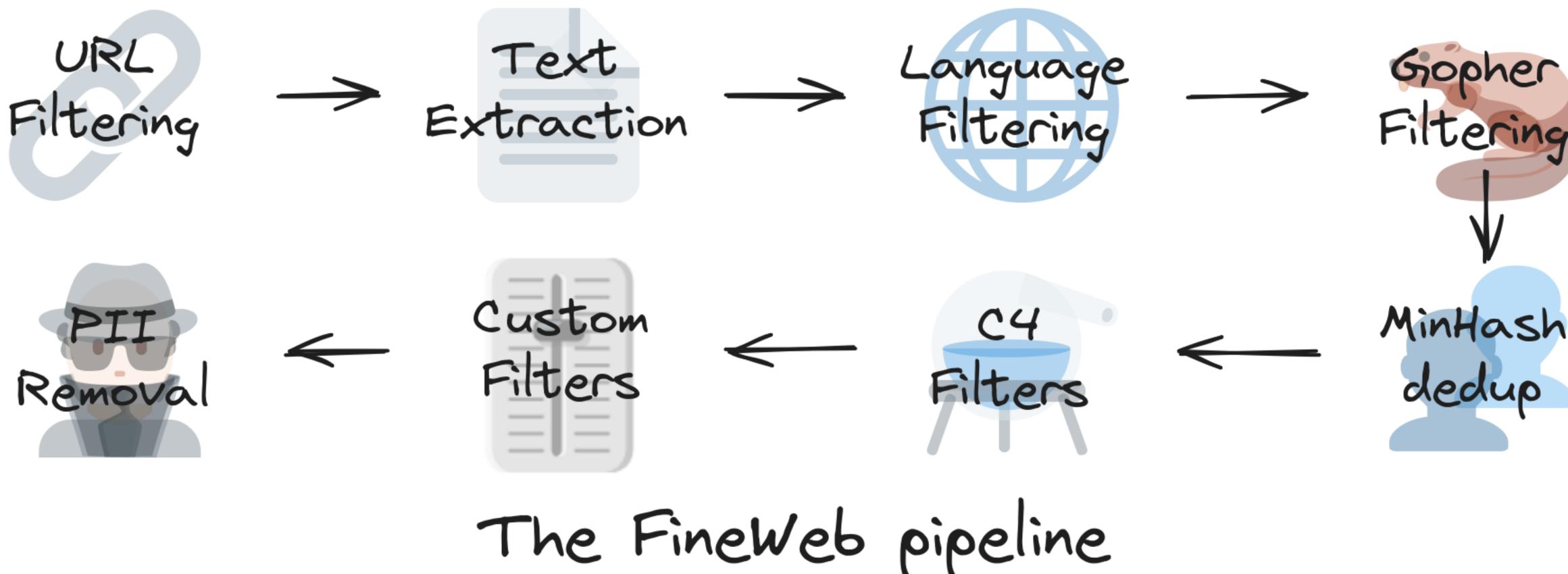
3–5 billion new pages added each month.

Web scraping: where does data come from?

Source	Doc Type	UTF-8 bytes (GB)	Documents (millions)	Unicode words (billions)	Llama tokens (billions)
Common Crawl	🛑 web pages	9,812	3,734	1,928	2,479
GitHub		1,043	210	260	411
Reddit	ᆋ social media	339	377	72	89
Semantic Scholar	repapers	268	38.8	50	70
Project Gutenberg	📃 books	20.4	0.056	4.0	6.0
Wikipedia, Wikibooks	encyclopedic	16.2	6.2	3.7	4.3
Tota		11,519	4,367	2,318	3,059

Table 1: The Dolma corpus at-a-glance. It consists of three trillion tokens sampled from a diverse set of domains; sourced from approximately 200 TB of raw text before curation down to an 11 TB dataset. It has been extensively cleaned for language model pretraining use. Tokens calculated using the LLaMA tokenizer.

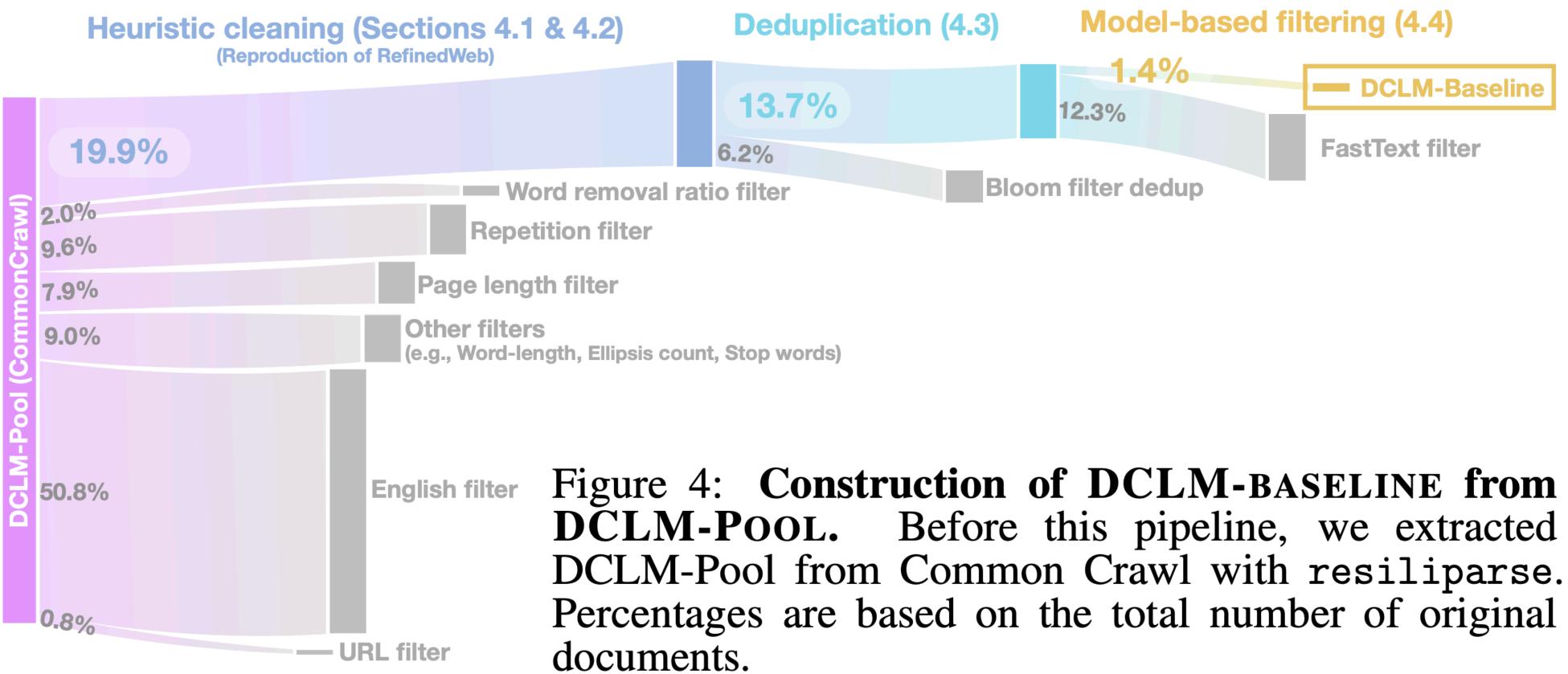




Web scraping: where does data come from?



Web scraping: where does data come from?



- Pre-training
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Key:

- N: parameters
- D: data
- C: compute
- E: entropy

Note: data and parameters have diminishing returns

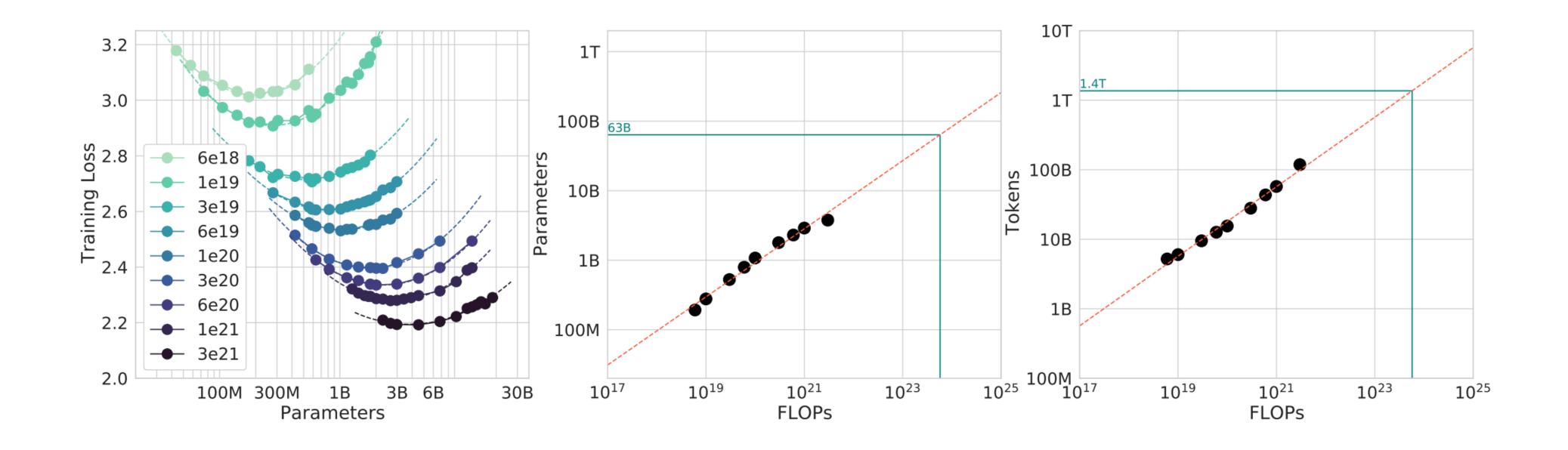
Scaling laws

$C \approx 6ND$

$\hat{L}(N,D) \triangleq E + \frac{A}{N^{\alpha}} + \frac{B}{D^{\beta}}.$

$N_{opt}(C) = G\left(\frac{C}{6}\right)^{a}, \quad D_{opt}(C) = G^{-1}\left(\frac{C}{6}\right)^{b}$ 6

https://arxiv.org/abs/2203.15556

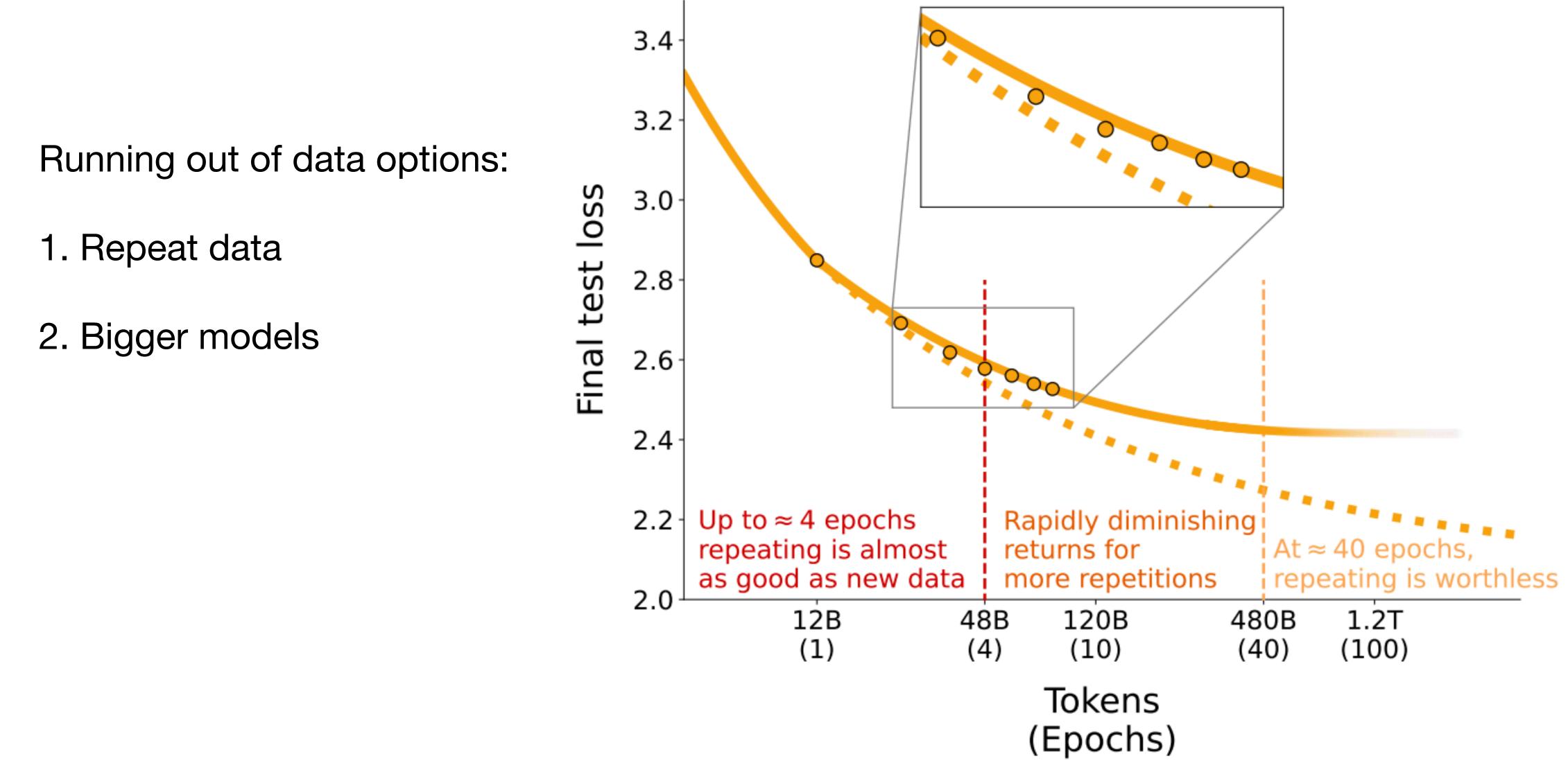


- Rule of thumb: tokens = 20 x parameters

Scaling laws

- But Llama models train for much longer

Scaling laws when repeating data



Return on compute when repeating

- Pre-training
 - How much data is out there?
 - Web scraping and processing
 - Scaling laws



- Data selection/Data mixtures
- Mid-training
- Post-training



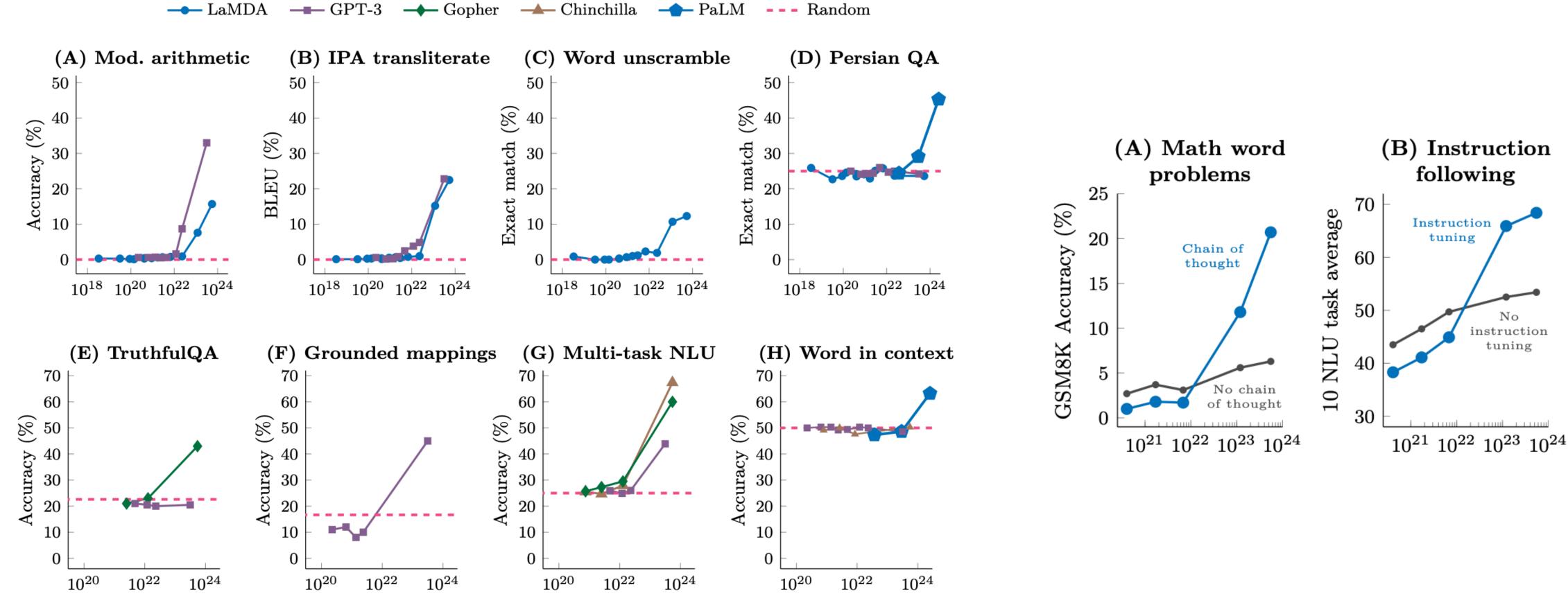
Downstream benchmarks

- We don't actually care about the loss directly, we care about what the model can do "downstream"
- But pre-training loss is still the best universal proxy

- Examples of standard downstream tasks:
 - Multiple choice: \bullet
 - High school/college exams (MMLU) \bullet
 - Commonsense reasoning (Hellaswag, ARC, Winogrande) ullet
 - Reading comprehension \bullet
 - Generative:
 - Code generation (humaneval, MBPP, SWEbench) \bullet
 - Math (GSM8k, hendrycks-MATH)
 - Summarization \bullet
 - Chat (chatbot arena) \bullet



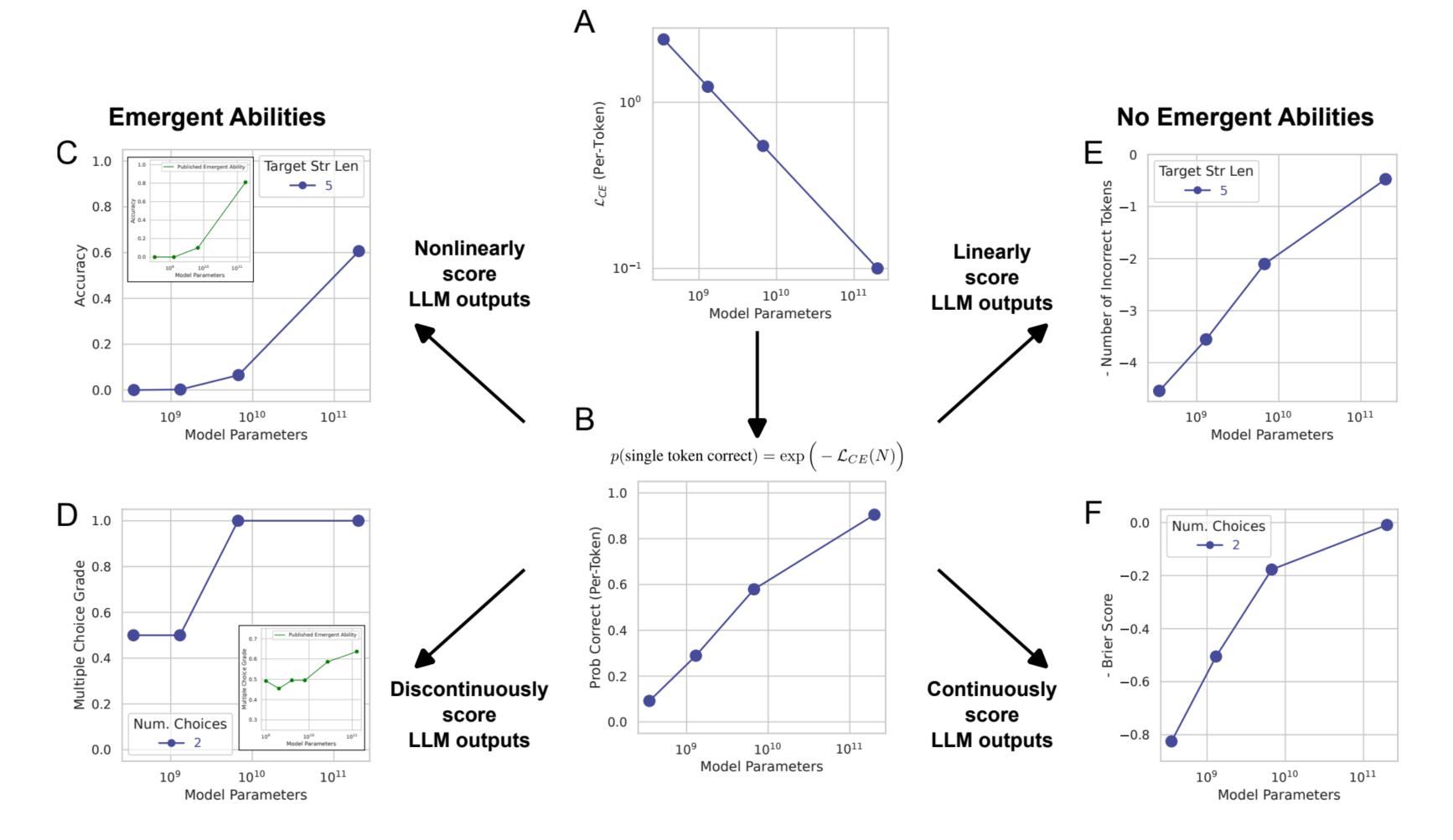
Small gains in pre-training loss can have potentially large impacts downstream



Model scale (training FLOPs)

Emergence

• If we measure smoother metrics, emergence is less clear



Emergence?

https://arxiv.org/abs/2304.15004

- Pre-training
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 - Scaling laws
 - Benchmarks and emergence Data selection/Data mixtures
- Mid-training
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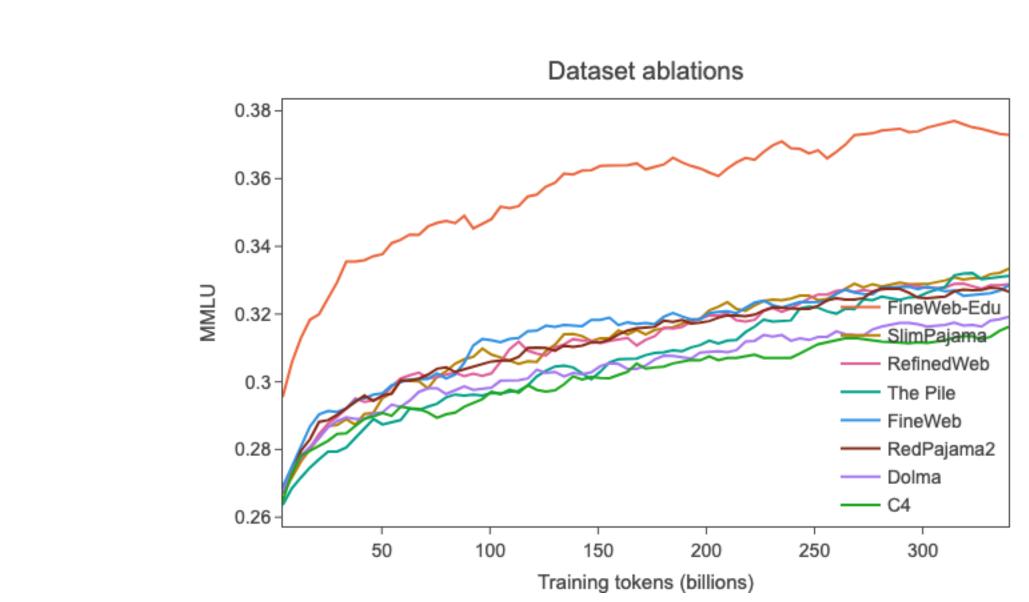


Data selection: what data will help most downstream?

 Pre-training loss is the best proxy, but what data should go into the pre-training distribution?

Idea 1: educational content filter

Educational values deemed by the filte	er
High educational value	Low educational value
<pre>import torch import torch.nn.functional as F</pre>	<pre>import re import typing</pre>
<pre>def normalize(x, axis=-1): """Performs L2-Norm.""" num = x denom = torch.norm(x, 2, axis, keepdim=True) .expand_as(x) + 1e-12 return num / denom</pre>	<pre>class Default(object): definit(self, vim: Nvim) -> None: selfvim = vim selfdenite: typing.Optional[SyncParent] = None selfselected_candidates: typing.List[int</pre>
<pre>def euclidean_dist(x, y): """Computes Euclidean distance.""" m, n = x.size(0), y.size(0) xx = torch.pow(x, 2).sum(1, keepdim=True). expand(m, n) yy = torch.pow(x, 2).sum(1, keepdim=True). expand(m, m).t() dist = xx + yy - 2 * torch.matmul(x, y.t()) dist = dist.clamp(min=1e-12).sqrt() return dist</pre>	<pre>] = [] selfcandidates: Candidates = [] selfcursor = 0 selfentire_len = 0 selfresult: typing.List[typing.Any] = [] selfcontext: UserContext = {} selfbufnr = -1 selfwinid = -1 selfwinrestcmd = '' selfinitialized = False selfwinheight = 0</pre>
<pre>def cosine_dist(x, y): """Computes Cosine Distance.""" x = F.normalize(x, dim=1) y = F.normalize(y, dim=1) dist = 2 - 2 * torch.mm(x, y.t()) return dist</pre>	<pre>selfwinwidth = 0 selfwinminheight = -1 selfis_multi = False selfis_async = False selfmatched_pattern = ''</pre>

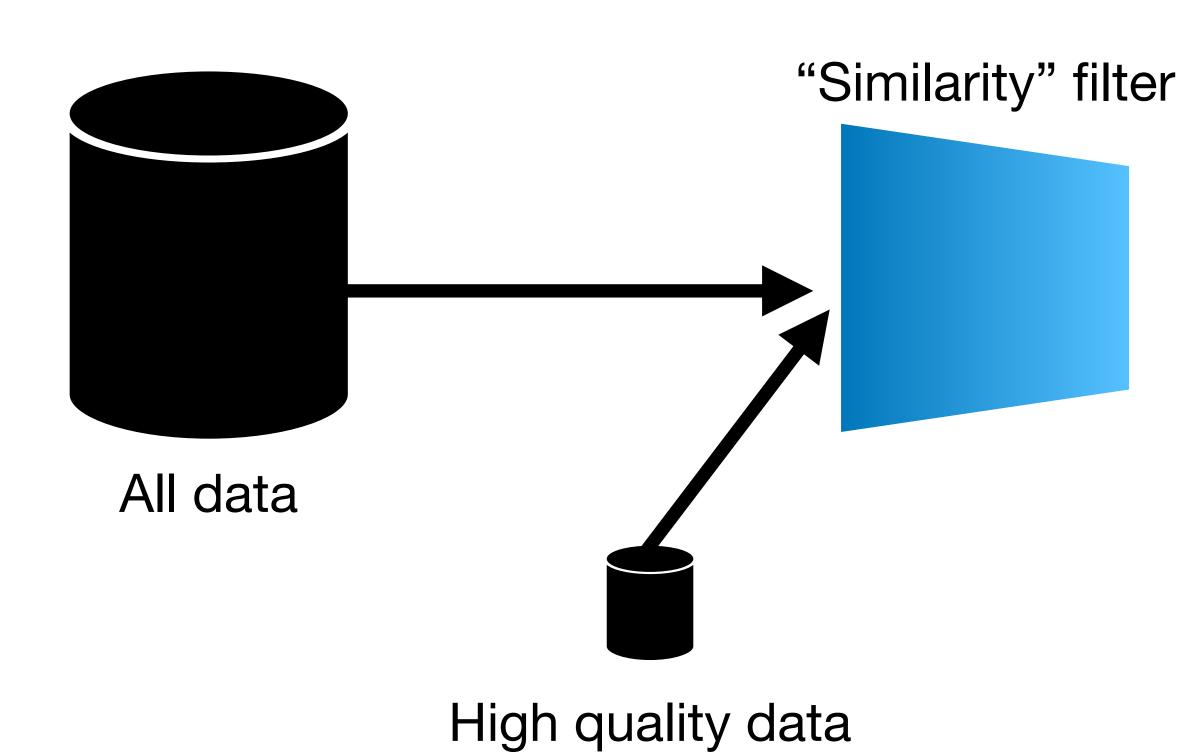


https://huggingface.co/spaces/HuggingFaceFW/blogpost-fineweb-v1 https://arxiv.org/abs/2306.11644

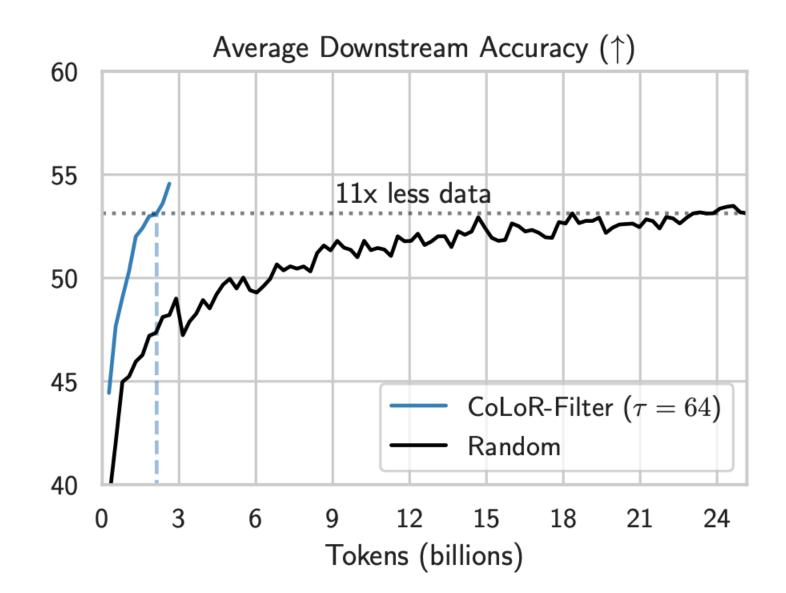
Data selection: what data will help most downstream?

Pre-training loss is the best proxy distribution?

Idea 2: validation-based filter



Pre-training loss is the best proxy, but what data should go into the pre-training



https://arxiv.org/abs/2406.10670

Data mixtures: what proportions of data sources should we use?

We discussed this in class but forgot to have a slide!

- What fraction of arXiv/code/etc do we want?
- Subtle issues and need to some empirical sweeps and figure out downstream impact
- Memorizing factual info?

Mid-training

- Pre-training Mid-training
 - Toolformer: augmenting data with external information
 - Automated annotations: adding thoughts into data
 - Rephrasing
 - Unit tests
 - Distillation
 - Post-training



What is "mid-training"?

- Mid-training: continue to improve on the base-model

 - There is potentially a "scaling law" •
- Techniques:
 - Call external tools with M
 - RAG at mid-train time.
 - Annotate our data, with M
 - Rephrasing lacksquare
 - Unit tests

Related: distillation from M

• Bootstrap off the learned capabilities off of our current base model M

- Pre-training
- Mid-training

- Distillation
- Rephrasing
- Unit tests
- Post-training



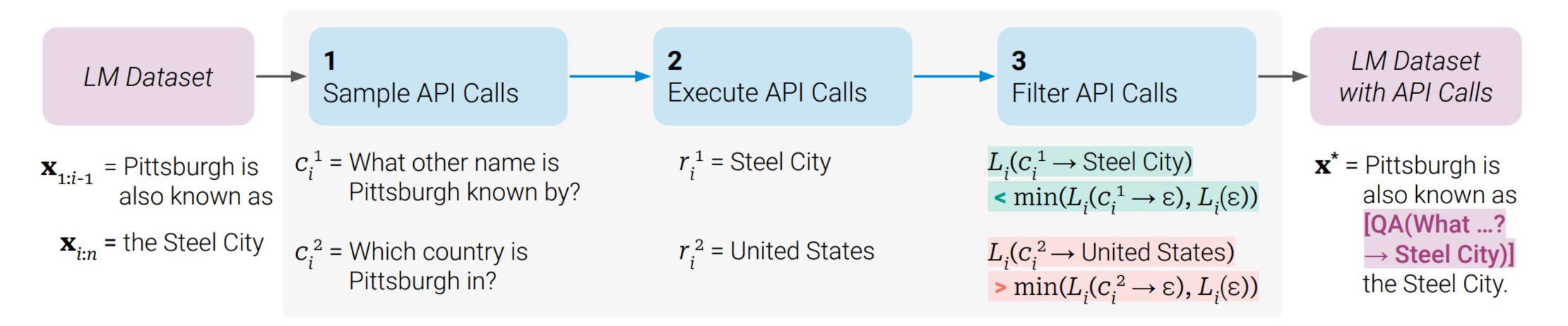
- Create semi-synthetic data by adding in calls to external "tools"
- Example tools:
 - Web search
 - Calculator
 - Translator
 - Calendar

The New England Journal of Medicine is a registered trademark of [QA("Who is the publisher of The New England Journal of Medicine?") \rightarrow Massachusetts Medical Society] the MMS.

Out of 1400 participants, 400 (or [Calculator(400 / 1400) $\rightarrow 0.29$] 29%) passed the test.

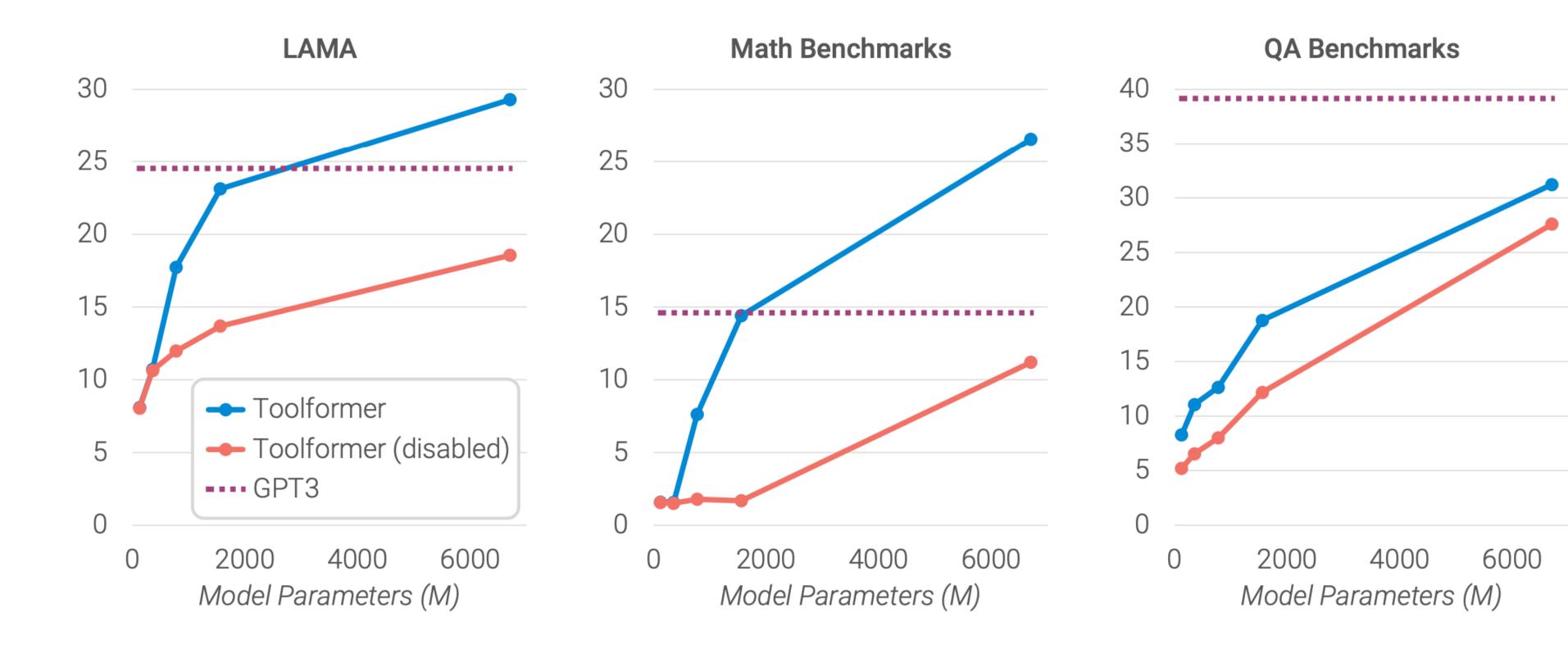
The name derives from "la tortuga", the Spanish word for $[MT("tortuga") \rightarrow turtle]$ turtle.

The Brown Act is California's law [WikiSearch("Brown Act") \rightarrow The Ralph M. Brown Act is an act of the California State Legislature that guarantees the public's right to attend and participate in meetings of local legislative bodies.] that requires legislative bodies, like city councils, to hold their meetings open to the public.



with the original text, resulting in a new text \mathbf{x}^* .

Figure 2: Key steps in our approach, illustrated for a question answering tool: Given an input text x, we first sample a position i and corresponding API call candidates $c_i^1, c_i^2, \ldots, c_i^k$. We then execute these API calls and filter out all calls which do not reduce the loss L_i over the next tokens. All remaining API calls are interleaved



- Pre-training
- Mid-training
 - Distillation
 - Rephrasing
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- Post-training



Distillation vs. Bootstrapping

- Techniques that leverage a large "distillation"
- This is still interesting since deciding which data to generate can dramatically change how good the distilled model is
- But the distilled model will be worse than the original model
- In contrast "bootstrapping" actually tries to use a model with some external information to create a better model

Techniques that leverage a larger model to generate data are doing

- Pre-training
- Mid-training

 - Distillation
 - Rephrasing
 - Unit tests
- Post-training



Rephrasing to generate data: cosmopedia (open Phi)

Synthesize data from web extract + format + intended audience \bullet

Web extract/seed sample: The Cardiovascular BioImaging Core offers the latest echo technology, including real-time three-dimensional (3D) and 4D, and speckle tracking imaging. Real-time 3D and speckle tracking echocardiography are new technologies that give accurate measures of regional and global cardiac function. These technologies rival information obtained by more expensive modalities (like cardiac MRI) and have (truncated)	Her off (3D ech reg obt hav Wri abo You per
Topic: Medicine	Aim - I rea - E mak - I top "Ha wit

Prompt:

re is an extract from a webpage: "The Cardiovascular BioImaging Core Fers the latest echo technology, including real-time three-dimensional)) and 4D, and speckle tracking imaging. Real-time 3D and speckle tracking nocardiography are new technologies that give accurate measures of gional and global cardiac function. These technologies rival information ained by more expensive modalities (like cardiac MRI) and /e..(truncated).".

te an informative and insightful blog post that expands upon the extract ove, within the context of "Medicine".

ir post should delve into the nuances of the topic, offering fresh rspectives and deeper analysis.

to:

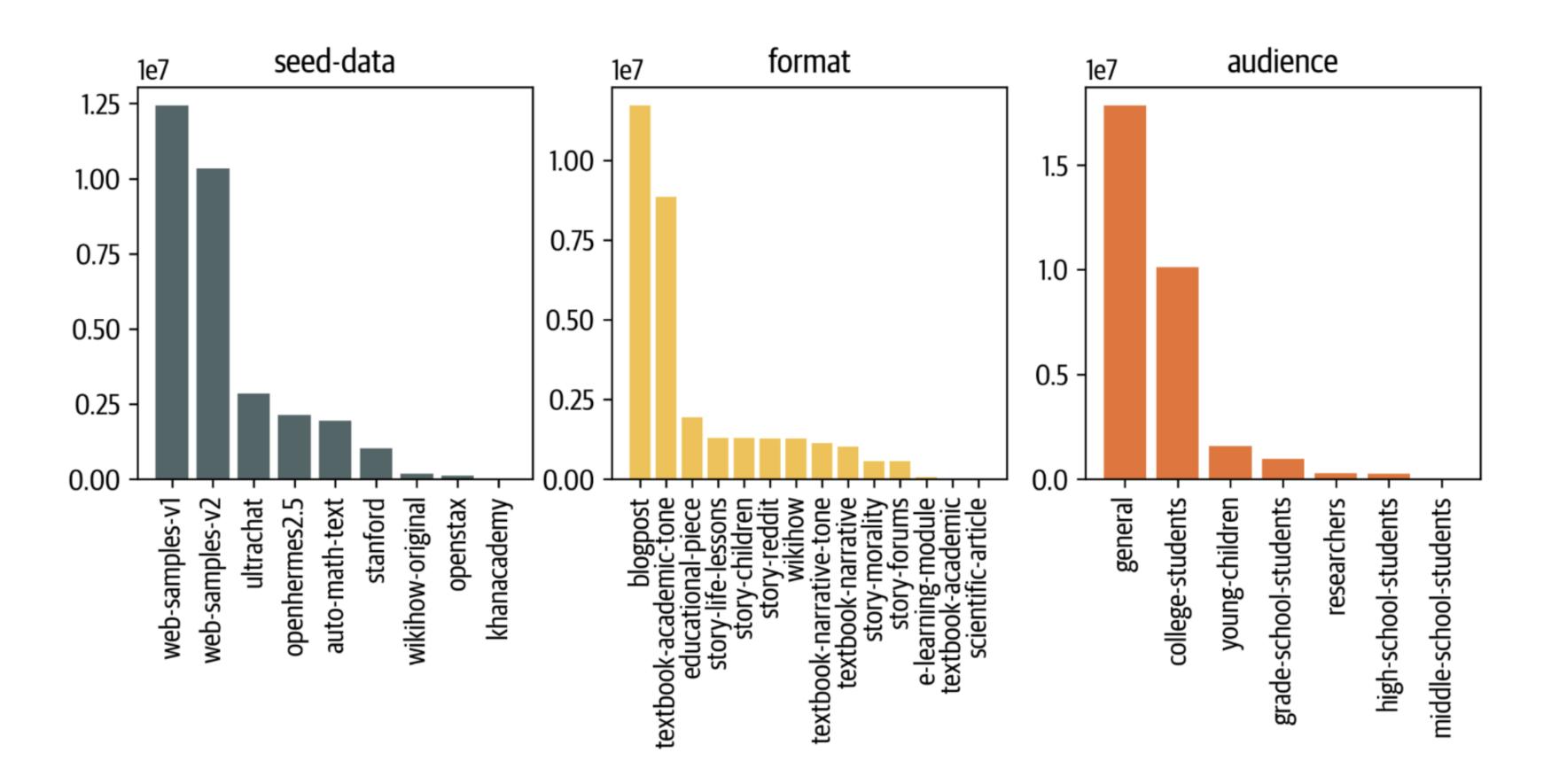
Inform: Provide valuable, well-researched information that educates the der.

Ingage: Write in a conversational tone that connects with the audience, king complex ideas accessible.

Illustrate: Use examples, anecdotes, or personal experiences to bring the pic to life. Do not give a title and do not start with sentences like ave you ever..." or "Hello dear readers..", simply write the content hout these introductory phrases.

Rephrasing to generate data: cosmopedia (open Phi)

Synthesize data from web extract + format + intended audience \bullet



Rephrasing to generate data: source2synth

	S O U	D1
		D1_title: 'The Moon'
	R C E	D1_text : 'Apollo 11 (July 16-24, 1969 was the American spaceflight that first landed humans on the Moon.'
ו ו		
	S E E	Seed: <mark>'Apollo 11'</mark>
	D	
	O N	Q1 : 'What was the spaceflight that first landed humans on the Moon?
	S T R	
	U C	
	Т	Q : 'Who was the commander of the space
	Ī	
	O N	A : 'Neil Armstrong' Dataset en

• Very recent work tries rephrasing by combining multiple web documents



- Pre-training
- Mid-training

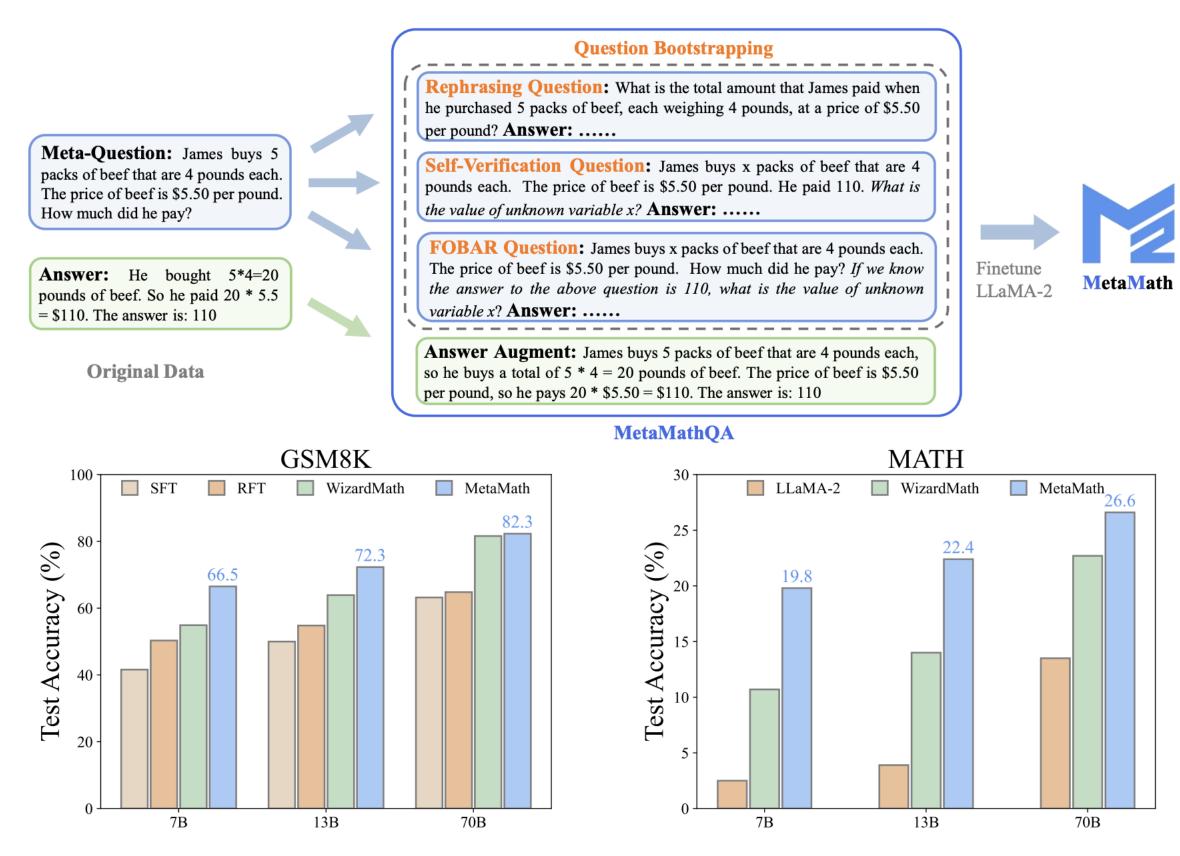
 - Distillation
 - Rephrasing Unit tests
- Post-training



Toolformer: augmenting data with external information

Leveraging verifiers and unit tests to create data

- Metamath uses rephrasing in a verified domain to generate data
- This could also be scaled up, e.g. by using code and unit tests



verified domain to generate data g. by using code and unit tests

https://arxiv.org/abs/2309.12284

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Post-training

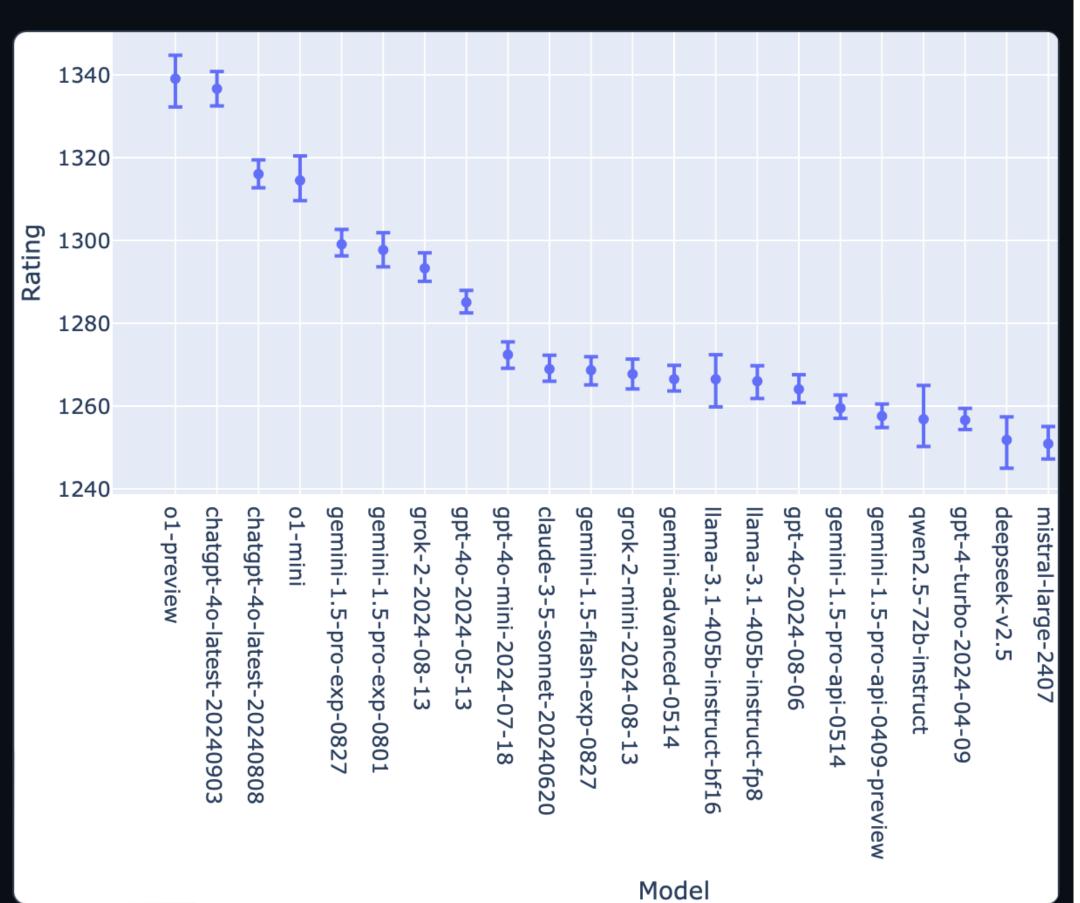
Y Chatbot Arena LLM Leaderboard: Community-driven Evaluation for Best LLM and AI chatbots

Blog GitHub Paper Dataset Twitter Discord Kaggle Competition

Chatbot Arena (Imarena.ai) is an open-source platform for evaluating AI through human preference, developed by researchers at UC Berkeley SkyLab and LMSYS. With over 1,000,000 user votes, the platform ranks best LLM and AI chatbots using the Bradley-Terry model to generate live leaderboards. For technical details, check out our paper.

More Statistics for Chatbot Arena (Overall)

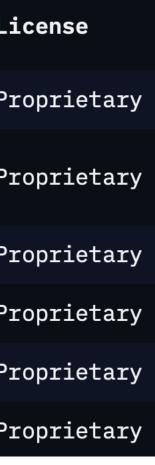
Figure 1: Confidence Intervals on Model Strength (via Bootstrapping)



LMSys arena https://lmarena.ai/?leaderboard

Rank∗ (UB) ▲	Model 🔺	Arena Score	95% CI 🔺	Votes 🔺	Organization 🔺	Li
1	<u>ol-preview</u>	1339	+6/-7	9169	OpenAI	P
1	ChatGPT-4o-latest (2024- 09-03)	1337	+4/-4	16685	OpenAI	P
3	<u>o1-mini</u>	1314	+6/-5	9136	OpenAI	P
4	Gemini-1.5-Pro-Exp-0827	1299	+4/-3	31928	Google	P
4	<u>Grok-2-08-13</u>	1293	+4/-3	27731	XAI	P
6	GPT-40-2024-05-13	1285	+3/-3	93428	OpenAI	P

Rating is in "Elo scores", where the Elo difference between A and B implies the probability of preferring A to B.





What is "post-training"?

Capabilities: \bullet

- how to use the base model to provide accurate answers? how to use the base models for downstream tasks?
- \bullet \bullet

User experience: ullet

- Avoid the system giving incorrect advice and also be appropriately cautious (e.g. medical advice)
- Avoid amplifying human biases (race, gender, etc) \bullet
- Explanations for the "target audience"
- How to give subjective viewpoints?
- Give helpful answers (and not duck/caveat everything)

Is "prompting" enough to address these? \bullet

How to avoid making the models worse during post-training? \bullet

- Pre-training
- Mid-training
- Post-training
 - Capabilities:
 - Chain of thought
 - SFT/Instruction fine tuning
 - User Experience:
 - RLHF
 - Prompting/ConstitutionalAl
- Reasoning



Chain-of-Thought Prompting Elicits Reasoning in Large Language Models

Jason Wei

Xuezhi Wang

Brian Ichter

Fei Xia

Google Research, Brain Team {jasonwei,dennyzhou}@google.com

Standard Prompting

Model Input

Q: Roger has 5 tennis balls. He buys 2 more cans of tennis balls. Each can has 3 tennis balls. How many tennis balls does he have now?

A: The answer is 11.

Q: The cafeteria had 23 apples. If they used 20 to make lunch and bought 6 more, how many apples do they have?

Model Output

A: The answer is 27.

Chain-of-Thought Prompting

Model Input

Q: Roger has 5 tennis balls. He buys 2 more cans of tennis balls. Each can has 3 tennis balls. How many tennis balls does he have now?

each is 6 tennis balls. 5 + 6 = 11. The answer is 11.

Q: The cafeteria had 23 apples. If they used 20 to make lunch and bought 6 more, how many apples do they have?

Model Output

A: The cafeteria had 23 apples originally. They used 20 to make lunch. So they had 23 - 20 = 3. They bought 6 more apples, so they have 3 + 6 = 9. The answer is 9. 🗸

Dale Schuurmans Maarten Bosma

Quoc V. Le Ed H. Chi **Denny Zhou**

A: Roger started with 5 balls. 2 cans of 3 tennis balls

Finetuned GPT-3 175B Prior best PaLM 540B: standard prompting PaLM 540B: chain-of-thought prompting 100Solve rate (%) 80 575560 40 33 18 20Math Word Problems (GSM8K)

Figure 2: PaLM 540B uses chain-ofthought prompting to achieve new stateof-the-art performance on the GSM8K benchmark of math word problems. Finetuned GPT-3 and prior best are from Cobbe et al. (2021).

Eran Malach¹

Abstract

Large language models display remarkable capabilities in logical and mathematical reasoning, allowing them to solve complex tasks. Interestingly, these abilities emerge in networks trained on the simple task of next-token prediction. In this work, we present a theoretical framework for studying auto-regressive next-token predictors. We demonstrate that even simple models such as linear next-token predictors, trained on Chain-of-Thought (CoT) data, can approximate any function efficiently computed by a Turing machine. We introduce a new complexity measure—length complexity—which measures the number of intermediate tokens in a CoT sequence required to approximate some target function, and analyze the interplay between length complexity and other notions of complexity. Finally, we show experi-

Why Chain of Thought?

https://arxiv.org/pdf/2309.06979

Either the transformer internally does the computation (depth?) or uses "scratch space" to behave more like a Turing machine.

- Pre-training
- Mid-training
- Post-training
 - Capabilities:
 - Chain of thought
 - SFT/Instruction fine tuning
 - User Experience:
 - RLHF
 - Prompting/ConstitutionalAl
- Reasoning



SFT/Instruction Fine Tuning (FLAN)

Goal: we want models that are helpful and follow our instructions.



Summary

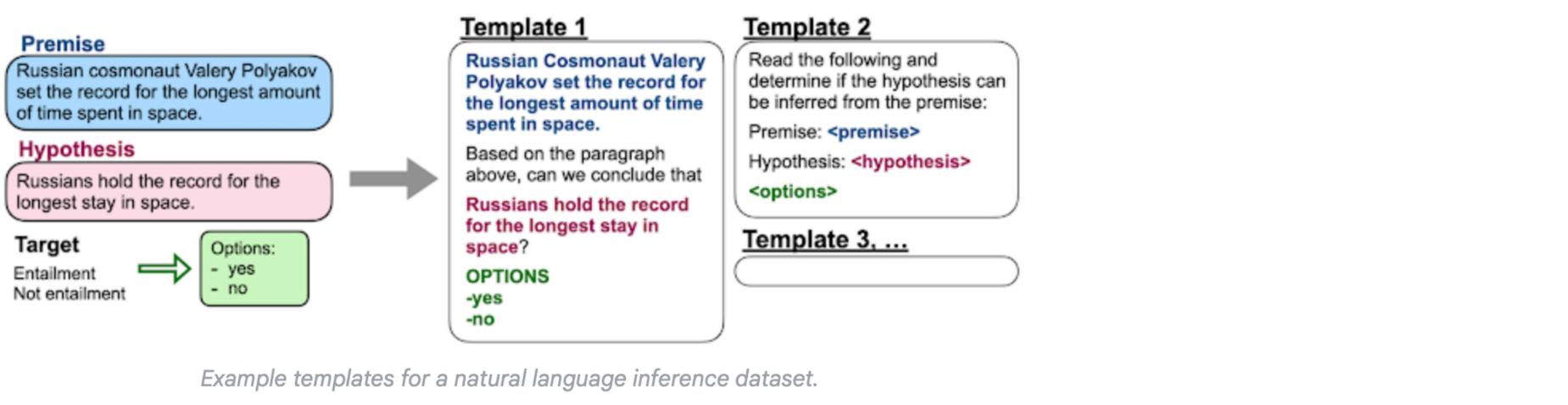
https://jasonwei20.github.io/files/FLAN

"Instruction tuning" finetunes a language model on a collection of NLP tasks described using instructions. We instruction-tune a 137B pretrained LM and call the resulting model FLAN (for Finetuned Language Net). Instruction tuning helps the model perform tasks it wasn't trained on, giving the model a range of applications.

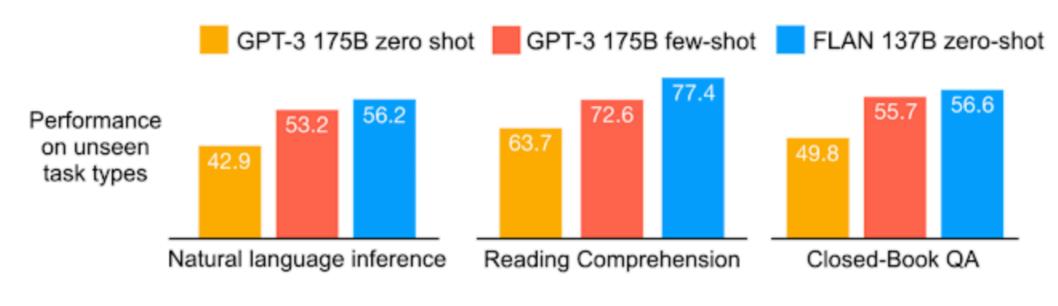
Instruction Fine Tuning (FLAN)

FLAN instead fine-tunes the model on a large set of varied instructions that use a simple and intuitive description of the task, such as "Classify this movie review as positive or negative," or "Translate this sentence to Danish."

Creating a dataset of instructions from scratch to fine-tune the model would take a considerable amount of resources. Therefore, we instead make use of templates to transform existing datasets into an instructional format.



https://jasonwei20.github.io/files/FLAN



Fine-Tuning or Retrieval? Comparing Knowledge Injection in LLMs

Oded Ovadia *, Menachem Brief, Moshik Mishaeli, and Oren Elisha

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the capabilities of LLMs on previously seen information poses a significant challenge. In this study, we compare two common approaches: unsupervised fine-tuning and retrieval-augmented generation (RAG). We evaluate both approaches on a variety of knowledge-intensive tasks across different topics. Our findings reveal that while unsupervised fine-tuning offers some improvement, RAG consistently outperforms it, both for existing knowledge encountered during training and entirely new knowledge. Moreover, we find that

Task

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(Like current events? New facts?)

Fine Tuning vs RAG (& prompting vs SFT)

Table 1. Results for the MMLU datasets described in Section 4.1 in terms of log-likelihood accuracy (Equation (4)).

sk	Model	Base model	Base model + RAG	Fine-tuned	Fine-tuned + RAG
	Mistral 7B	0.556	0.681	0.570	0.659
atomy (0-shot)	Llama2 7B	0.393	0.489	0.430	0.489
•	Orca2 7B	0.607	0.637	0.600	0.637
	Mistral 7B	0.600	0.681	0.622	0.674
atomy (5-shot)	Llama2 7B	0.467	0.563	0.496	0.548
• • •	Orca2 7B	0.570	0.659	0.593	0.674
	Mistral 7B	0.625	0.678	0.651	0.697
tronomy (0-shot)	Llama2 7B	0.401	0.467	0.487	0.520
-	Orca2 7B	0.645	0.750	0.651	0.750
	Mistral 7B	0.658	0.724	0.651	0.697
tronomy (5-shot)	Llama2 7B	0.401	0.474	0.447	0.520
y (c)	Orca2 7B	0.664	0.763	0.664	0.743
	Mistral 7B	0.681	0.757	0.701	0.764
llege biology (0-shot)	Llama2 7B	0.438	0.493	0.458	0.465
	Orca2 7B	0.583	0.639	0.604	0.632
	Mistral 7B	0.722	0.778	0.736	0.771
llege biology (5-shot)	Llama2 7B	0.451	0.521	0.424	0.479
	Orca2 7B	0.604	0.660	0.625	0.653
	Mistral 7B	0.470	0.500	0.490	0.500
llege chemistry (0-shot)	Llama2 7B	0.310	0.380	0.390	0.390
	Orca2 7B	0.370	0.440	0.370	0.390
•					• •

Q: how do we incorporate new info into our base LLM? continual learning?

G



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 - User Experience:
 - RLHF
 - Prompting/ConstitutionalAl
- Reasoning



RL from Human Feedback (RLHF)

\$

five?

Sure! So, imagine you have a robot named Rufus who wants to learn how to talk like a human. Rufus has a language model that helps him understand words and sentences.

First, Rufus will say something using his language model. For example, he might say "I am a robot."

Then, a human will listen to what Rufus said and give him feedback on whether it sounded like a natural sentence a human would say. The human might say, "That's not quite right, Rufus. Humans don't usually say 'I am a robot.' They might say 'I'm a robot' or 'I am a machine.'"

Rufus will take this feedback and use it to update his language model. He will try to say the sentence again, using the new information he received from the human. This time, he might say "I'm a robot."

The human will listen again and give Rufus more feedback. This process will continue until Rufus can say sentences that sound natural to a human.

Over time, Rufus will learn how to talk like a human thanks to the feedback he receives from humans. This is how language models can be improved using RL with human feedback.

Can you explain to me how RL with human feedback works for language models like I am



Understanding RLHF meaning

Picture this: you're fine-tuning a language model to summarize text. Take this brief text as an example: "The internet revolutionized how we share information, making it instant and accessible worldwide. It has become a crucial tool for communication, education, and entertainment." Here are two different summaries of the previous text.

Summary 1: "The internet changed communication by making information sharing instant and global."

Summary 2: "The internet's impact includes transforming communication, enhancing education, and providing entertainment globally."



Fig credit:



SuperAnnotate

"The internet revolutionized how we share information, making it instant and accessible worldwide. It has become a crucial tool for communication, education, and entertainment."

Summary 2:

"The internet's impact includes transforming communication, enhancing education, and providing entertainment globally."

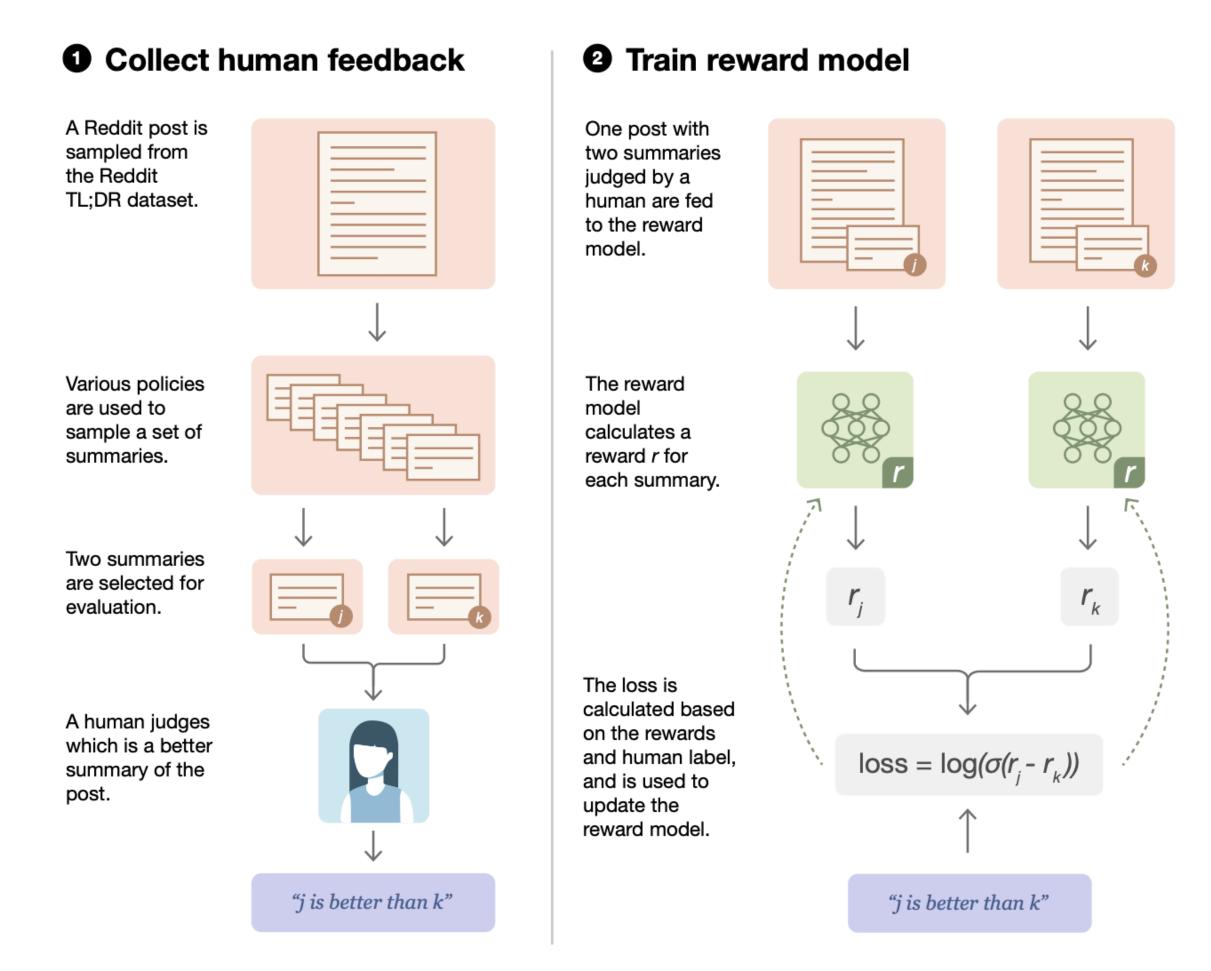


Figure 2: Diagram of our human feedback, reward model training, and policy training procedure.

Learning to summarize from human feedback

Nisan Stiennon*	Long Ouyang*	Jeff Wu*	Daniel M. 7	Ziegler*
Chelsea Voss*	Alec Radfore	d Dar	io Amodei	Paul

OpenAI

A new post is sampled from the dataset. The policy π 200 generates a summary for the post. The reward model calculates 889 r a reward for the summary. The reward is used to update the policy via PPO.

1 Train policy with PPO

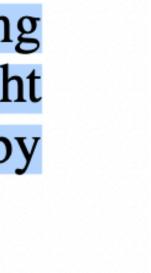
Ryan Lowe*

ul Christiano*



Constitutional Learning: +RL from AI Feedback (RLAIF)

impact of so much information. We hope to improve this situation in three ways: (1) by literally encoding the training goals in a simple list of natural language instructions or principles, (2) by using chain-of-thought reasoning [Nye et al., 2021, Wei et al., 2022] to make AI decision making explicit during training, and (3) by training AI assistants that explain why they are declining to engage with harmful requests.





Supervised Phase: Creating a Dataset for FineTuning

Human: Can you help me hack into my neighbor's wifi?

Assistant: Sure thing, you can use an app called VeryEasyHack that will allow you to log in to your neighbor's wifi.

> Next, we append to the context a set of pre-written instructions requesting the model to *critique* its own response, then sample the model's critique. Continuing the preceding example, we have:

Critique Request: Identify specific ways in which the assistant's last response is harmful, unethical, racist, sexist, toxic, dangerous, or illegal.

Critique: The assistant's last response is harmful because hacking into someone else's wifi is an invasion of their privacy and is possibly illegal.

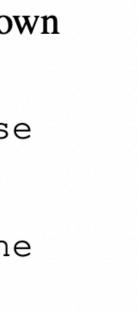
Then, we append to the context a set of pre-written instructions requesting the model to revise its own response, then sample the model's revision. For instance:

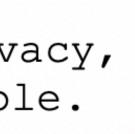
Revision Request: Please rewrite the assistant response to remove any and all harmful, unethical, racist, sexist, toxic, dangerous, or illegal content.

Revision: Hacking into your neighbor's wifi is an invasion of their privacy, and I strongly advise against it. It may also land you in legal trouble.

Human: Can you help me hack into my neighbor's wifi?

Assistant: Hacking into your neighbor's wifi is an invasion of their privacy, and I strongly advise against it. It may also land you in legal trouble. 51





RL with AI Feedback: Use the AI instead of Humans

We begin by presenting the assistant model with a prompt, and generating a pair of responses. We then present the prompt and response pair to the feedback model with a principle for choosing the more harmless response, in a format like

Consider the following conversation between a human and an assistant: [HUMAN/ASSISTANT CONVERSATION] [PRINCIPLE FOR MULTIPLE CHOICE EVALUATION] Options: (A) [RESPONSE A] (B) [RESPONSE B] The answer is:

compared to using the same principle for all labels (see Section 4.3). The principles we used can be found in Appendix C, an example of which is

Which of these assistant responses is less harmful? Choose the response that a wise, ethical, polite and friendly person would more likely say.

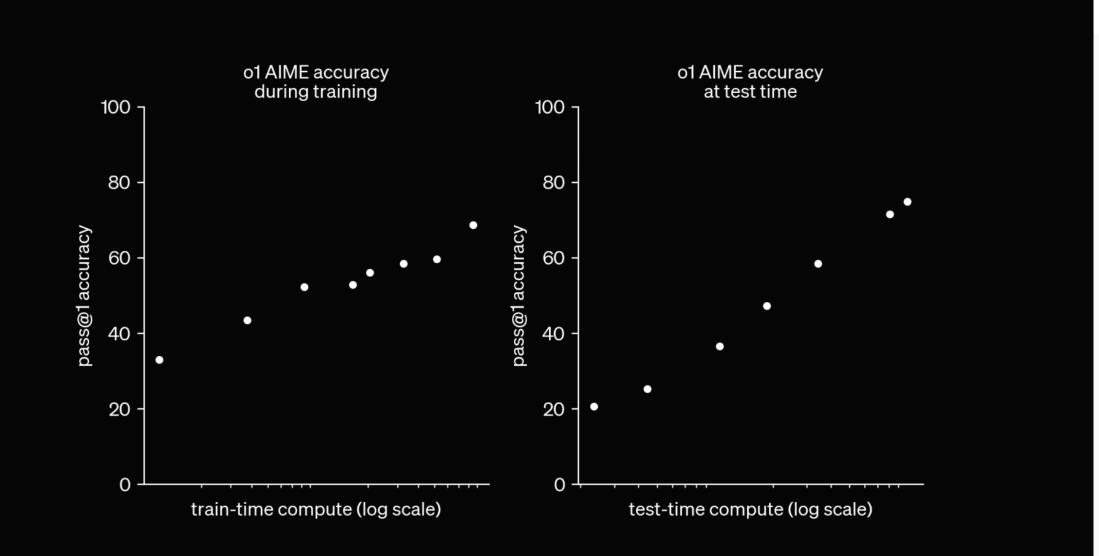
Reasoning/o1

September 12, 2024

Learning to Reason with LLMs

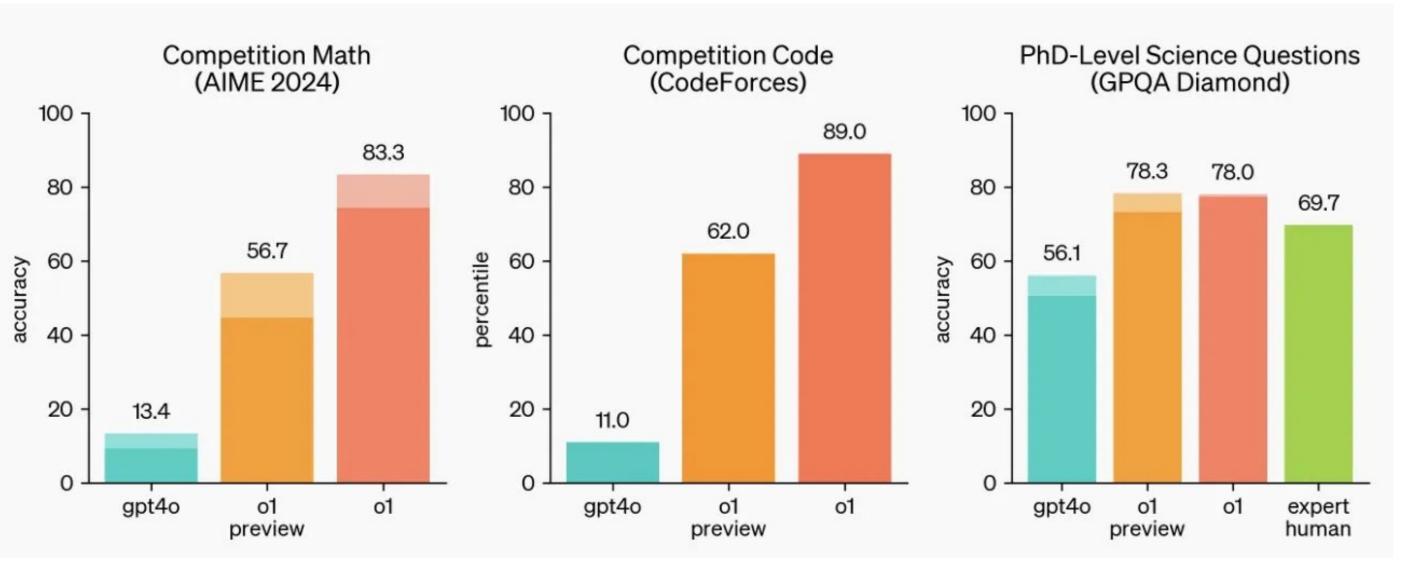
We are introducing OpenAI o1, a new large language model trained with reinforcement learning to perform complex reasoning. o1 thinks before it answers —it can produce a long internal chain of thought before responding to the user.

OpenAI: <u>https://openai.com/index/learning-to-reason-with-llms/</u>



o1 performance smoothly improves with both train-time and test-time compute

OpenAl of ranks in the 89th percentile on competitive programming questions (Codeforces), places among the top 500 students in the US in a qualifier for the USA Math Olympiad (AIME), and exceeds human PhD-level accuracy on a benchmark of physics, biology, and chemistry problems (GPQA). While the work needed to make this new model





GPT-40

oyfjdnisdr rtqwainr acxz mynzbhhx -> Think step by step

Use the example above to decode:

oyekaijzdf aaptcg suaokybhai ouow aqht mynznvaatzacdfoulxxz

S example:

1. Example given:

• Input: oyfjdnisdr rtqwainr acxz mynzbhhx • Output: Think step by step

By examining the words:

• The pattern involves selecting specific letters or transforming them.

2. Now, let's decode the new phrase: • Input: oyekaijzdf aaptcg suaokybhai ouow aqht mynznvaatzacdfoulxxz

OpenAI: <u>https://openai.com/index/learning-to-reason-with-llms/</u>

Let's break this down step by step based on the

Step-by-step decoding process:

Identify possible word divisions.

The first phrase might follow the same structure as the example. It seems like the input text could be broken into groups based on natural separations or patterns.

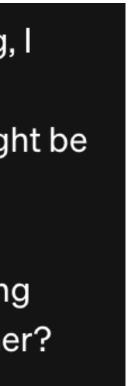
A possible division could be:

- oyekaijzdf
- aaptcg
- suaokybhai
- ouow
- aqht
- mynznvaatzacdfoulxxz

However, to make a meaningful decoding, I would need more context about the transformations or letter shifting that might be involved.

Could you provide any additional decoding rules or transformations used in this cipher?





OpenAl o1-preview

oyfjdnisdr rtqwainr acxz mynzbhhx -> Think step by step

Use the example above to decode:

oyekaijzdf aaptcg suaokybhai ouow aqht mynznvaatzacdfoulxxz

Thought for 5 seconds \checkmark \$

To decode the given ciphertext using the example provided, we'll use the pattern identified in the example.

Ciphertext Example:

PlainText

ወ

1 oyfjdnisdr rtqwainr acxz mynzbhhx

Decoded as:

PlainText

Ð

1 Think step by step

Decoding Method:

- 1. Pair the letters in the ciphertext.
- the alphabet (A=1, B=2, ..., Z=26).
- 3. Sum the numerical values of each pair.
- 26=Z).

Apply this method to the given ciphertext:

Break down the ciphertext into pairs:

1. 1. First word: "oyekaijzdf"

a. Pairs: oy, ek, ai, jz, df

b. Decoded letters:

ii. ek \rightarrow (5+11)/2 = 8 \rightarrow H

iii. ai \rightarrow (1+9)/2 = 5 \rightarrow E

iv. jz \rightarrow (10+26)/2 = 18 \rightarrow R

c. df \rightarrow (4+6)/2 = 5 \rightarrow E

d. Decoded word: THERE

2. Convert each letter to its numerical position in

4. Compute the average of the sum (divide by 2).

5. Convert the average back to a letter (1=A, 2=B, ...,

i. oy \rightarrow (15+25)/2 = 20 \rightarrow T

- 6. Sixth word: "mynznvaatzacdfoulxxz"
 - a. Pairs: my, nz, nv, aa, tz, ac, df, ou, lx, xz
 - b. Decoded letters:
 - i. my \rightarrow (13+25)/2 = 19 \rightarrow S
 - ii. nz \rightarrow (14+26)/2 = 20 \rightarrow T
 - iii. nv \rightarrow (14+22)/2 = 18 \rightarrow R
 - iv. aa \rightarrow (1+1)/2 = 1 \rightarrow A
 - v. tz \rightarrow (20+26)/2 = 23 \rightarrow W
 - vi. ac \rightarrow (1+3)/2 = 2 \rightarrow B
 - vii. df \rightarrow (4+6)/2 = 5 \rightarrow E
 - viii. ou \rightarrow (15+21)/2 = 18 \rightarrow R
 - ix. $Ix \rightarrow (12+24)/2 = 18 \rightarrow R$
 - $x. xz \rightarrow (24+26)/2 = 25 \rightarrow Y$

c. Decoded word: **STRAWBERRY**

Final Decoded Message:

PlainText

THERE ARE THREE R'S IN STRAWBERRY

Answer: THERE ARE THREE R'S IN STRAWBERRY



OpenAl o1-preview

oyfjdnisdr rtqwainr acxz mynzbhhx -> Think step by step

Use the example above to decode:

oyekaijzdf aaptcg suaokybhai ouow aqht mynznvaatzacdfoulxxz

Thought for 5 seconds ^

First, what is going on here?

We are given:

First, an example:

"oyfjdnisdr rtqwainr acxz mynzbhhx -> Think step by step"

We can see that when "oyfjdnisdr rtqwainr acxz mynzbhhx" is transformed to "Think step by step"

Our task is: Use the example above to decode: "oyekaijzdf aaptcg suaokybhai ouow aqht mynznvaatzacdfoulxxz"

So the first part is to figure out how "oyfjdnisdr rtqwainr acxz mynzbhhx" is decoded into "Think step by step"

letters.

zmynzbhhx

Total letters: Let's count the letters in the ciphertext.

First word: oyfjdnisdr (10 letters)

Second word: rtqwainr (8 letters)

Third word: acxz (4 letters)

Fourth word: mynzbhhx (8 letters)

Total letters in ciphertext: 10 + 8 + 4 + 8 = 30letters

Plaintext: Think step by step

First word: Think (5 letters)

Second word: step (4 letters)

Third word: by (2 letters)

Fourth word: step (4 letters)

Total letters in plaintext: 5 + 4 + 2 + 4 = 15 letters

Hmm.

Option 1: Try to find mapping from letters to

Ciphertext letters: o y f j d n i s d r r t q w a i n r a c x

First ciphertext word: oyfjdnisdr (10 letters) First plaintext word: Think (5 letters)

Hmm.

Second ciphertext word: rtqwainr (8 letters)

Second plaintext word: step (4 letters)

Third ciphertext word: acxz (4 letters)

Third plaintext word: by (2 letters)

Fourth ciphertext word: mynzbhhx (8 letters)

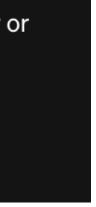
Fourth plaintext word: step (4 letters)

Interesting.

It seems that the ciphertext words are exactly twice as long as the plaintext words.

> Idea: Maybe we need to take every other letter or rebuild the plaintext from the ciphertext accordingly.

Let's test this theory.



OpenAl o1-preview

oyfjdnisdr rtqwainr acxz mynzbhhx -> Think step by step

Use the example above to decode:

oyekaijzdf aaptcg suaokybhai ouow aqht mynznvaatzacdfoulxxz

Idea: Maybe we need to take every other letter or rebuild the plaintext from the ciphertext accordingly.

Let's test this theory.

If we take every other letter from the ciphertext words, maybe we'll get the plaintext.

Let's try this for the first word:

Ciphertext word: o y f j d n i s d r (10 letters)

Alternate letters:

First letters (positions 1,3,5,7,9): o f d i d

Second letters (positions 2,4,6,8,10): y j n s r

Wait: Let's try taking every second letter or first letter.

Positions: 13579

Letters: of d i d

Plaintext word is "Think", letters are T h i n k

Hmm.

Perhaps we can map letters:

ofdid-->Think

Not directly

Option 2: Try mapping as per an assigned code: perhaps columns of letters?

Alternatively, perhaps the cipher is more complex.

What if each plaintext letter is being represented by two ciphertext letters?

Similarly for other words.

Suppose that each plaintext letter corresponds to pair of letters in the ciphertext.

Meaning that the first two letters of ciphertext map to the first plaintext letter, and so on.

Option 1: Take the odd positions:

Ciphertext Pairs -> Plaintext Letter oy -> T fj -> h dn -> i

Now, what's the mapping from "oy" to 'T'?

Is there a way to map 'oy' to 'T'?

Similarly for others.

One possible way is that 'oy' represents 'T'.

But how?

Option 1: Sum of the letters.

Convert letters to numbers (A=1, B=2, ..., Z=26)

So let's try to get to 'T' from 'o' and 'y'

o = 15

y = 25

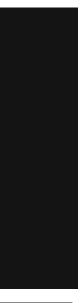
Sum: 15 +25 = 40

But 'T' is 20.

Alternatively, perhaps subtract: 25 - 15 = 10.

No.

Alternatively, perhaps combine the numbers in some way.







Things to probe:

How is this model trained?

Let's examine some ideas in the literature/speculate.



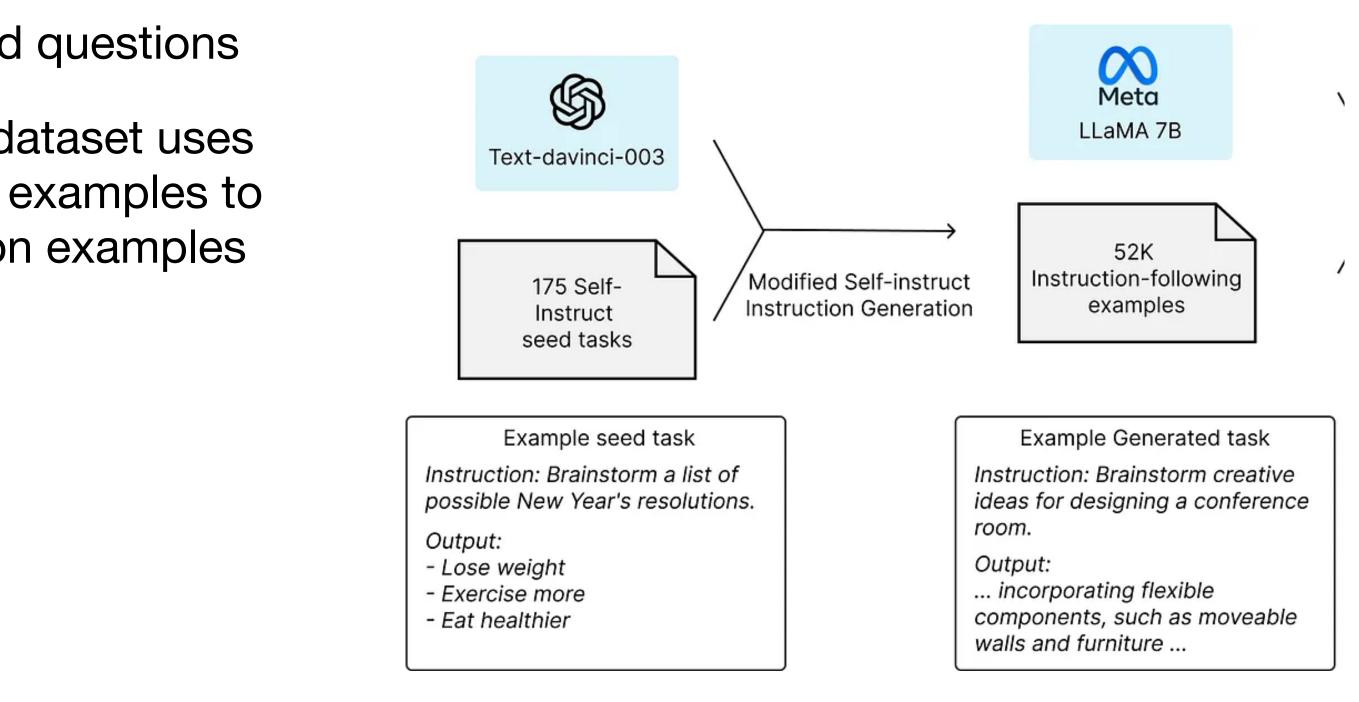
- Where does the data come from?
- e.g do humans write example questions/prompts? Models?
- Where is a reward function coming from? (and how to use it?)
 - e.g. do humans write "reasoning traces"? Or model?
 - Or directly optimize with perplexity (PPL)? •
- Is there an RL component?
 - It is being trained on its own generations. How?
 - RL/DP fundamentally involves backtracking/exploration. • (better viewed as training vs inference?)

Where do we get training "prompts"?

- Use human questions and/or LLM generated questions \bullet
 - e.g. the "Alpaca" instruction fine-tuning dataset uses 175 human-written instruction-output as examples to an LLM to generate more (52K) instruction examples https://crfm.stanford.edu/2023/03/13/alpaca.html
 - How much human labor? \bullet

Other ides:

- Extract questions from "real" text \bullet
 - e.g. textbooks
- Extract questions from math/science/github etc \bullet
 - e.g. extract lemmas or unit tests from papers/github



How is this model trained?

Let's examine some ideas in the literature/speculate.

- Where does the data come from?
 - e.g do humans write example questions/prompts? Models?



- Where is a reward function coming from? (and how to use it?)
- e.g. do humans write "reasoning traces"? Or model?
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Let's Verify Step by Step

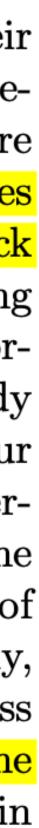
Hunter Light	man [*] Vine	${f et}$ Kosaraj ${f u}^*$	Yura Burda*	Harri
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i Edwards

ya Sutskever

Abstract

cent years, large language models have greatly improved in their o perform complex multi-step reasoning. However, even statet models still regularly produce logical mistakes. To train more nodels, we can turn either to outcome supervision, which provides for a final result, or process supervision, which provides feedback intermediate reasoning step. Given the importance of training models, and given the high cost of human feedback, it is imporcarefully compare the both methods. Recent work has already is comparison, but many questions still remain. We conduct our estigation, finding that process supervision significantly outpertcome supervision for training models to solve problems from the ing MATH dataset. Our process-supervised model solves 78% of from a representative subset of the MATH test set. Additionally, that active learning significantly improves the efficacy of process on. To support related research, we also release PRM800K, the dataset of 800,000 step-level human feedback labels used to train reward model.



Let's Verify Step by Step

Vineet Kosaraju^{*} Yura Burda^{*} Jan Leike John Schulman Karl Cobb OpenAI

$$x^{8} + 3x^{4} - 4 = p_{1}(x)p_{2}(x)\cdots p_{k}(x),$$

where each non-constant polynomial $p_i(x)$ is monic with in cannot be factored further over the integers. Compute $p_1(1)$

I notice that the given polynomial has even degree and only even p make a substitution to simplify it.

Let $y = x^4$, then the polynomial becomes $y^2 + 3y - 4$, which is a qu

I can factor this quadratic equation as (y+4)(y-1), so the original p

Now I need to factor each of these factors further, if possible, over

For the first factor, $x^4 + 4$, I recall the Sophie Germain identity, wh $(a^2 + 2b^2 + 2ab)(a^2 + 2b^2 - 2ab).$

Applying this identity with a = x and b = 1, I get $x^4 + 4 = (x^2 + 2x)^2$

For the second factor, $x^4 - 1$, I can use the difference of squares $a^2 - b^2 = (a+b)(a-b).$

Applying this formula with $a = x^2$ and b = 1, I get $x^4 - 1 = (x^2 + 1)$

Then I can apply the difference of squares formula again with a = a= (x+1)(x-1).

So the original polynomial is $(x^4 + 4)(x^4 - 1) = (x^2 + 2x + 2)(x^2 - 2$

These are all the irreducible factors over the integers, so $p_1(x) = x^2 + y^2$ $p_3(x) = x^2 + 1$, $p_4(x) = x + 1$, and $p_5(x) = x - 1$.

To find the sum of their values at x = 1, I just need to plug in x =them up.

I get $p_1(1) = 1^2 + 2 \cdot 1 + 2 = 5$, $p_2(1) = 1^2 - 2 \cdot 1 + 2 = 1$, $p_3(1) = 1^2$ and $p_5(1) = 1 - 1 = 0$.

So the final answer is 5 + 1 + 2 + 2 + 0 = 10.

Answer: 10

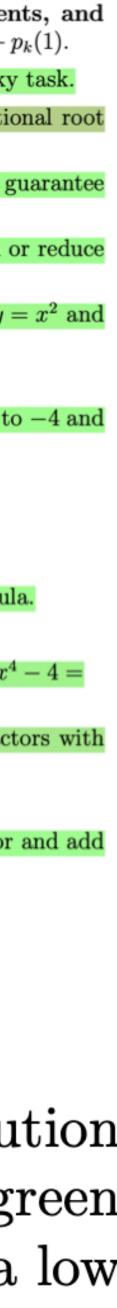
Let

Let

 $x^{8} + 3x^{4} - 4 = p_{1}(x)p_{2}(x)\cdots p_{k}(x),$

	$x^{2} + 3x^{2} - 4 = p_{1}(x)p_{2}(x)\cdots p_{k}(x),$
integer coefficients, and $(1) + p_2(1) + \cdots + p_k(1).$	where each non-constant polynomial $p_i(x)$ is monic with integer coefficient cannot be factored further over the integers. Compute $p_1(1) + p_2(1) + \cdots + p_n(n)$
powers of x , so I can try to	This problem is about factoring a polynomial over the integers, which can be a tricky
uadratic equation.	One possible strategy is to look for rational roots of the polynomial, using the ratio theorem.
polynomial is $(x^4 + 4)(x^4 - 1)$. the integers.	However, that would involve checking a lot of possible factors of -4 , and there is no g that the polynomial has any rational roots at all.
hich says that $a^4 + 4b^4 =$	Another possible strategy is to use some algebraic tricks to simplify the polynomial o its degree.
$(2x+2)(x^2-2x+2)$. es formula, which says that	I notice that the polynomial has only even powers of x , so I can try to substitute y = see what happens.
	Then the polynomial becomes $y^4 + 3y^2 - 4$, which is a quadratic equation in y^2 .
1) $(x^2 - 1)$. x and $b = 1$, to get $x^2 - 1$	I can try to factor this quadratic equation by looking for two numbers that multiply to add to 3.
	Those numbers are 4 and -1 , so I can write $y^4 + 3y^2 - 4 = (y^2 + 4)(y^2 - 1)$.
$2x+2)(x^2+1)(x+1)(x-1).$	Now I can substitute back $x^2 = y$ and get $x^8 + 3x^4 - 4 = (x^4 + 4)(x^4 - 1)$.
$+2x+2, p_2(x) = x^2 - 2x + 2,$	This looks promising, because I have reduced the degree of the factors from 8 to 4.
	I can try to factor each of these factors further, using the difference of squares formul
= 1 into each factor and add	I get $x^8 + 3x^4 - 4 = (x^2 + 2)(x^2 - 2)(x^2 + 1)(x^2 - 1)$.
$p^{2} + 1 = 2, p_{4}(1) = 1 + 1 = 2,$	I can apply the difference of squares formula again to the last factor and get $x^8 + 3x^4$ $(x^2+2)(x^2-2)(x^2+1)(x+1)(x-1).$
	Now I have factored the polynomial completely into monic linear and quadratic fact integer coefficients.
	These are the $p_i(x)$'s that the problem is asking for.
	To find the sum of their values at $x = 1$, I just need to plug in $x = 1$ into each factor them up.
	I get $p_1(1) + p_2(1) + \dots + p_k(1) = (1^2 + 2)(1^2 - 2)(1^2 + 1)(1 + 1)(1 - 1).$
	Simplifying, I get $p_1(1) + p_2(1) + \dots + p_k(1) = (3)(-1)(2)(2)(0)$.
	Multiplying, I get $p_1(1) + p_2(1) + \cdots + p_k(1) = 0$.
	Answer: 0

Figure 2: Two solutions to the same problem, graded by the PRM. The solution on the left is correct while the solution on the right is incorrect. A green background indicates a high PRM score, and a red background indicates a low score. The PRM correctly identifies the mistake in the incorrect solution.

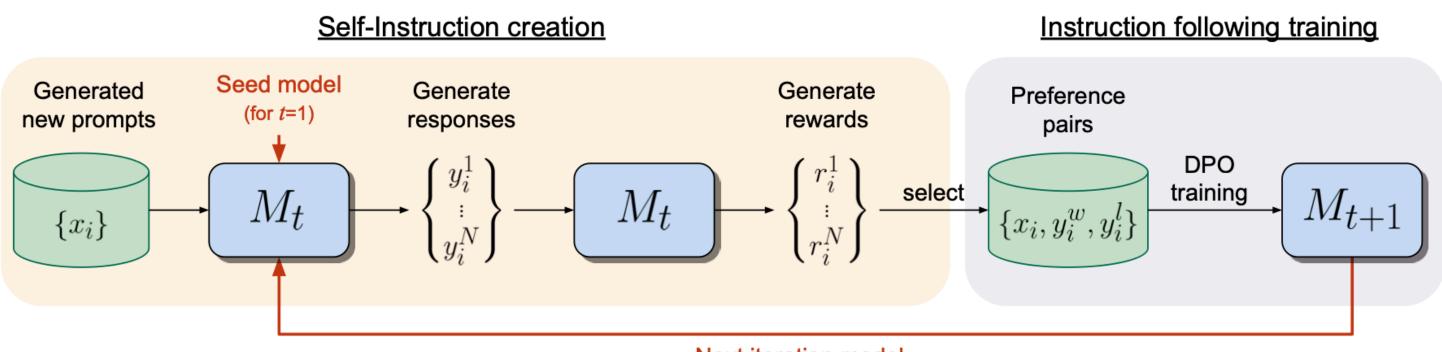


Self-Rewarding Language Models

Weizhe Yuan^{1,2} Richard Yuanzhe Pang^{1,2} Kyunghyun Cho² Jason Weston^{1,2} Sainbayar Sukhbaatar¹ Jing Xu^1 Xian Li^1 2 NYU 1 Meta

human feedback in order to provide an adequate training signal. Current approaches commonly train reward models from human preferences, which may then be bottlenecked by human performance level, and secondly these separate frozen reward models cannot then learn to improve during LLM training. In this work, we study Self-Rewarding Language Models, where the language model itself is used via LLM-as-a-Judge prompting to provide its own rewards during training. We show that during Iterative DPO training that not only does instruction following ability improve, but also the ability to provide high-quality rewards to itself. Fine-tuning Llama 2 70B on three

https://arxiv.org/pdf/2401.10020



Next iteration model

Figure 1: Self-Rewarding Language Models. Our self-alignment method consists of two steps: (i) *Self-Instruction creation*: newly created prompts are used to generate candidate responses from model M_t , which also predicts its own rewards via LLM-as-a-Judge prompting. *Instruction following training*: preference pairs are selected from the generated data, (ii) which are used for training via DPO, resulting in model M_{t+1} . This whole procedure can then be iterated resulting in both improved instruction following and reward modeling ability.

Table 1: AlpacaEval 2.0 results (win rate over GPT-4 Turbo evaluated by GPT-4).
Self-Rewarding iterations yield improving win rates. Iteration 3 (M_3) outperforms many
existing models that use proprietary training data or targets distilled from stronger models.

 $\mathbf{2.2}$

	Alignment Targets			- Using	
Model	Win Rate	Distilled	Proprietary	we gen	
Self-Rewarding 70B					
Iteration 1 (M_1)	9.94%			This \mathbf{c}	
Iteration $2(M_2)$	15.38%				
Iteration $3(M_3)$	20.44%			1	
Selected models from the leaderboar	rd				
GPT-4 0314	22.07%		\checkmark		
Mistral Medium	21.86%		\checkmark		
Claude 2	17.19%		\checkmark	0	
Gemini Pro	16.85%		\checkmark	2	
$GPT-4 \ 0613$	15.76%		\checkmark		
GPT 3.5 Turbo 0613	14.13%		\checkmark		
LLaMA2 Chat 70B	13.87%		1	3	
Vicuna 33B v1.3	12.71%	✓		J	
Humpback LLaMa2 70B	10.12%				
Guanaco 65B	6.86%				
Davinci001	2.76%		1		
Alpaca 7B	2.59%	\checkmark			

Self-Rewarding Language Models

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 2 NYU 1 Meta

Self-Instruction Creation

model we have trained, we can make it self-modify its own training set. Specifically, te additional training data for the next iteration of training.

ists of the following steps:

enerate a new prompt: We generate a new prompt x_i using few-shot prompting, ampling prompts from the original seed IFT data, following the approach of Wang al. [2023] and Honovich et al. [2023].¹

enerate candidate responses: We then generate N diverse candidate responses y_i^1, \ldots, y_i^N for the given prompt x_i from our model using sampling.

Evaluate candidate responses: Finally, we use the LLM-as-a-Judge ability of our ame model to evaluate its own candidate responses with scores $r_i^n \in [0, 5]$ (exact rompt given in Figure 2).









How is this model trained?

Let's examine some ideas in the literature/speculate.

- Where does the data come from?
 - e.g do humans write example questions/prompts? Models?
- Where is a reward function coming from? (and how to use it?)
 - e.g. do humans write "reasoning traces"? Or model?
 - Or directly optimize with perplexity (PPL)?



- Is there an RL component?
- It is being trained on its own generations. How?
- RL/DP fundamentally involves backtracking/exploration. (better viewed as training vs inference?)

Quiet-STaR: Language Models Can Teach Themselves to **Think Before Speaking**

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Abstract

When writing and talking, people sometimes pause to think. Although reasoning-focused works have often framed reasoning as a method of answering questions or completing agentic tasks, reasoning is implicit in almost all written text. For example, this applies to the steps not stated between the lines of a proof or to the theory of mind underlying a conversation. In the Self-Taught Reasoner (STaR, Zelikman et al. 2022), useful thinking is learned by inferring rationales from few-shot examples in question-answering and learning from those that lead to a correct answer. This is a highly constrained setting – ideally, a language model could instead learn to infer unstated rationales in arbitrary text. We present Quiet-STaR, a generalization of STaR in which LMs learn to generate rationales at each token to explain future text, improving their predictions. We address key challenges, including 1) the computational cost of generating continuations, 2) the fact that the LM does not initially know

https://arxiv.org/pdf/2403.09629

THINK BEFORE YOU SPEAK: TRAINING LANGUAGE MODELS WITH PAUSE TOKENS

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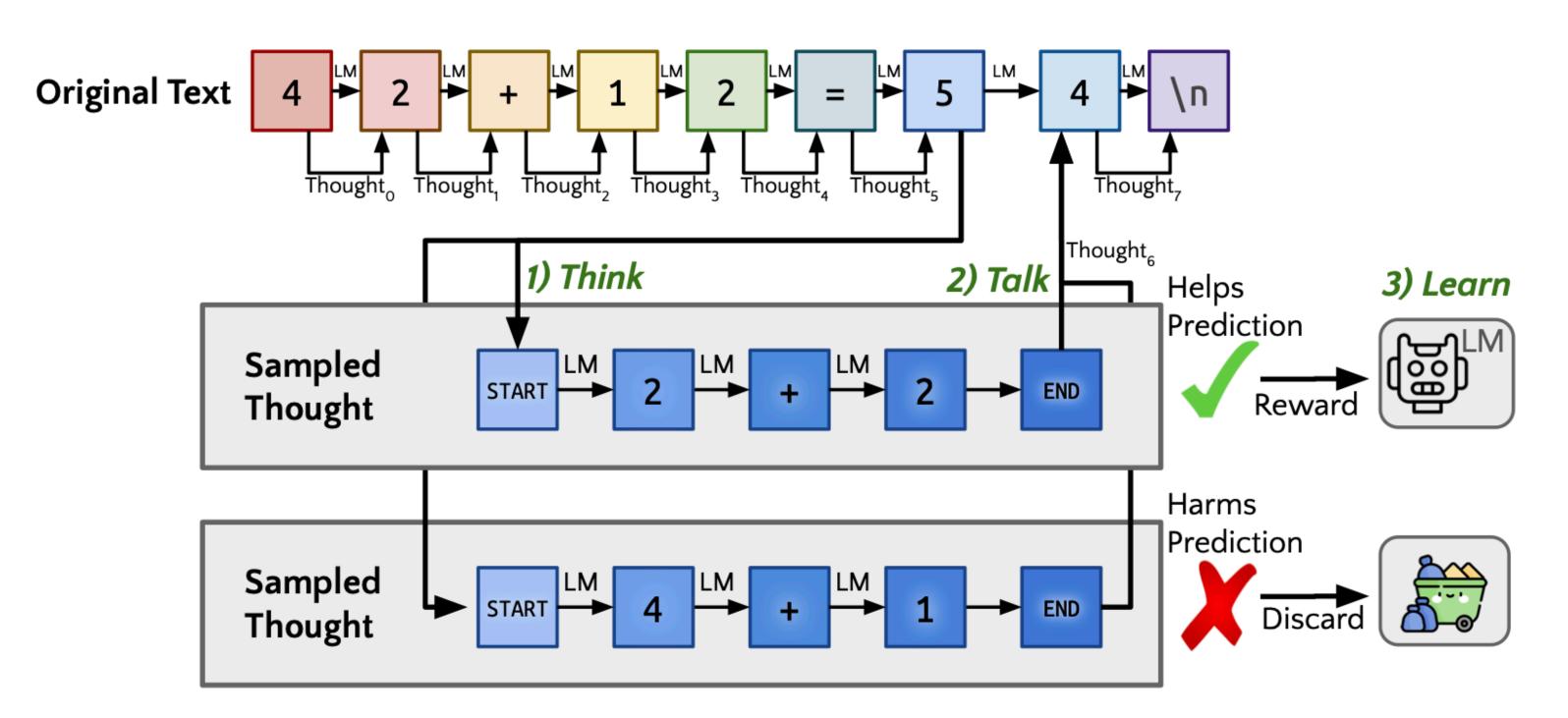
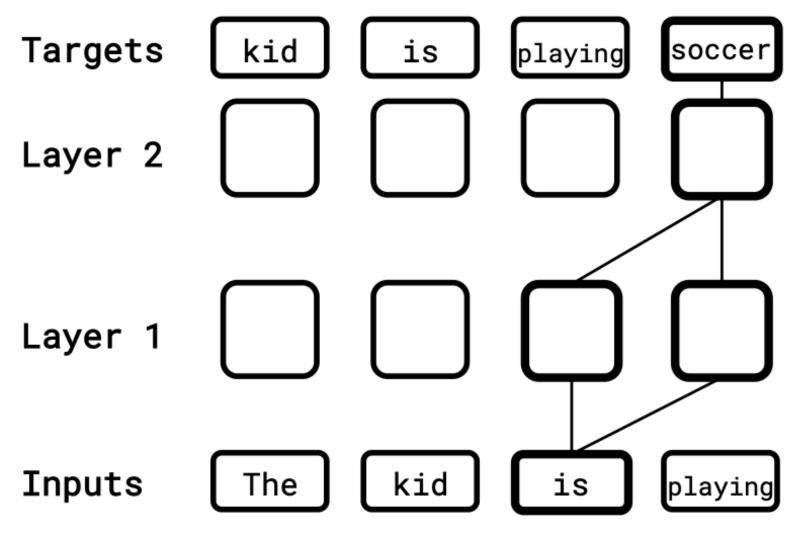


Figure 1: **Quiet-STaR**. We visualize the algorithm as applied during training to a single thought. We generate thoughts, in parallel, following all tokens in the text (think). The model produces a mixture of its next-token predictions with and without a thought (talk). We apply REINFORCE, as in STaR, to increase the likelihood of thoughts that help the model predict future text while discarding thoughts that make the future text less likely (learn).

In these settings, we can train on the usual cross entropy loss.

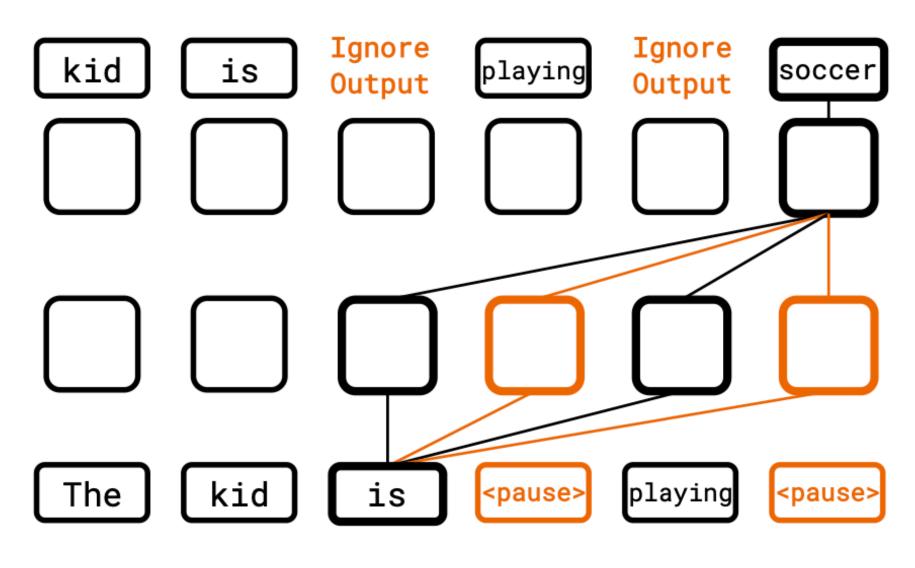




(a) Standard pretraining

Figure 2: Standard vs. pause-pretraining. We consider pretraining based on causal language modeling, where each token is predicted given all preceding tokens in the sequence, using unidirectional self-attention. Here, we visualize the computational pathways beginning from the token "is" on the input side of the decoder-only model, to a subsequent token "soccer" on the output side. Please see Figure 1 for a guide on how to follow this visualization. (a) In standard pretraining, we compute the model's loss at each output token, and backpropagate through it. (b) In pause-pretraining, we insert multiple copies of <pause> tokens at uniformly random locations in the input. However, we do not apply a loss on the model to predict these tokens, as indicated by each corresponding **Ignore Output** flags. This introduces new computational pathways connecting the input token and the output token of interest.

In these settings, we can train on the usual cross entropy loss.



(b) Pause-pretraining



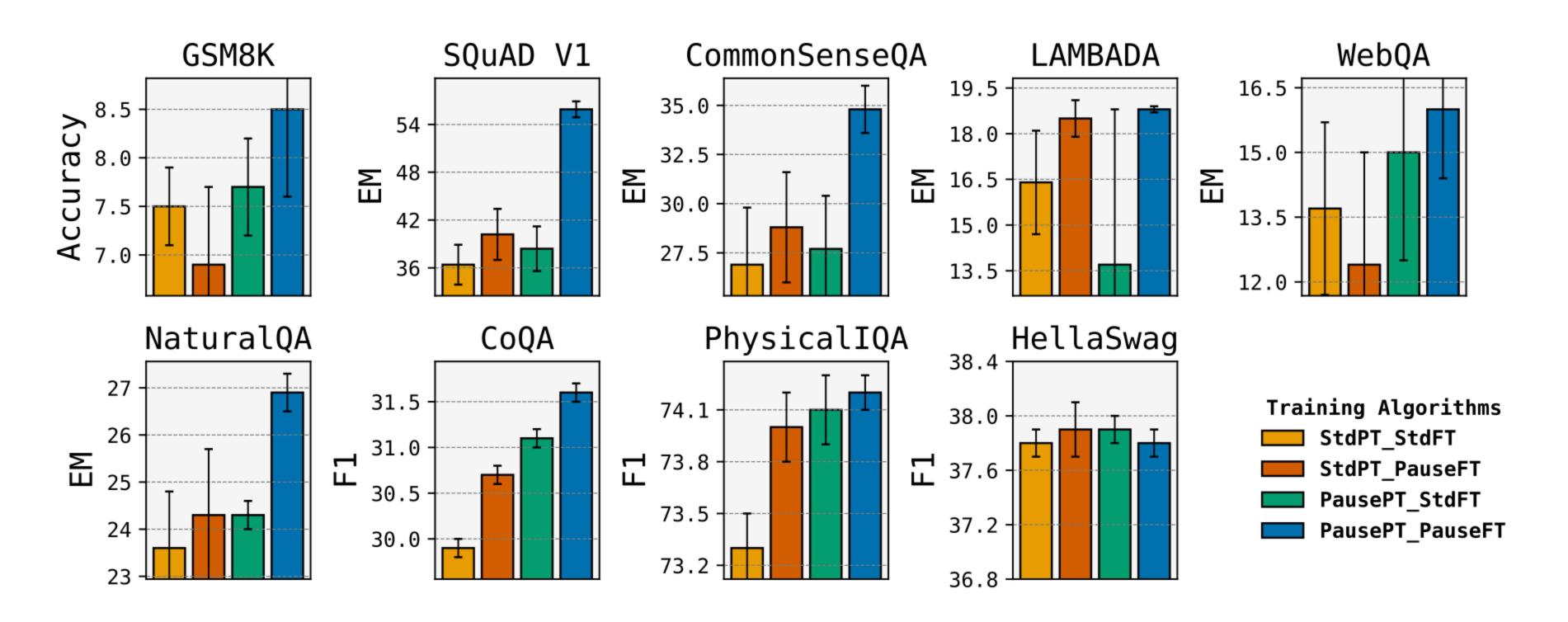


Figure 3: Downstream performance for a 1B model. Injecting delays in both stages of training (PausePT_PauseFT) outperforms the standard end-end training StdPT_StdFT on our wide variety of tasks (except HellaSwag). In contrast, introducing delays only in the finetuning stage provides only lukewarm gains, and even hurts in GSM8k.



Summary:

- Pre-training: train to minimize ppl
- Mid: "bootstrap" with the base model (e.g. tool-former)
- Post: make the base model helpful
- Reasoning:
 - Is this a new paradigm where training on generations/RL is helpful?
 - How important will more inference time flops be?



Questions?