## Trust Region Policy Optimization & The Natural Policy Gradient

## Lucas Janson and Sham Kakade CS/Stat 184: Introduction to Reinforcement Learning Fall 2023





- The Performance Difference Lemma
- Algorithms:
  - Conservative Policy Iteration (CPI)
  - Trust Region Policy Optimization (TRPO)
  - The Natural Policy Gradient (NPG)
  - Proximal Policy Optimization (PPO)

Ethics Lecture Mon!



## Recap++

### **Optimization Objective**

 Consider a parameterize class of policies:  $\{\pi_{\theta}(a \mid s) \mid \theta \in \mathbb{R}^d\}$ (why do we make it stochastic?)

•Objective  $\max J(\theta)$ , where  $\theta$ 

• Policy Gradient Descent:

 $\theta^{k+1} = \theta^k + \eta \nabla J(\theta^k)$ 

 $\theta$   $J(\theta) := E_{s_0 \sim \mu} \left[ V^{\pi_{\theta}}(s_0) \right] = E_{\tau \sim \rho_{\pi_{\theta}}} \left[ \sum_{h=0}^{H-1} r(s_h, a_h) \right]$ 

#### **REINFORCE: A Policy Gradient Algorithm**

- Let  $R(\tau)$  be the cumulative reward on
- Our objective function is:
- $J(\theta) = E_{\tau \sim \rho_{\theta}} \left[ R(\tau) \right]$ • The REINFORCE Policy Gradient expression:  $\nabla_{\theta} J(\theta) := \mathbb{E}_{\tau \sim \rho_{\theta}} \left( \sum_{h=0}^{H-1} \nabla_{\theta} \right)^{H-1}$

• Let  $\rho_{\theta}(\tau)$  be the probability of a trajectory  $\tau = \{s_0, a_0, s_1, a_1, \dots, s_{H-1}, a_{H-1}\}$ , i.e.  $\rho_{\theta}(\tau) = \mu(s_0)\pi_{\theta}(a_0 | s_0)P(s_1 | s_0, a_0)\dots P(s_{H-1} | s_{H-2}, a_{H-2})\pi_{\theta}(a_{H-1} | s_{H-1})$ 

trajectory 
$$\tau$$
, i.e.  $R(\tau) := \sum_{h=0}^{H-1} r(s_h, a_h)$ 

$$\nabla_{\theta} \ln \pi_{\theta}(a_h | s_h) R(\tau)$$

- From the likelihood ratio method, we have:  $\nabla_{\theta} J(\theta) := \mathbb{E}_{\tau \sim \rho_{\theta}} \left[ \nabla_{\theta} \ln \rho_{\theta}(\tau) R(\tau) \right]$
- •We have:  $\nabla_{\theta} \ln \rho_{\theta}(\tau) = \nabla_{\theta} \left( \ln \mu(s_0) + \ln \pi_{\theta}(a_0 | s_0) + \ln P(s_1 | s_0, a_0) + \dots \right)$   $= \nabla_{\theta} \left( \ln \pi_{\theta}(a_0 | s_0) + \ln \pi_{\theta}(a_1 | s_1) \dots \right)$

$$= \left(\sum_{h=0}^{H-1} \nabla_{\theta} \ln \pi_{\theta}(a_h | s_h)\right)$$

#### Proof

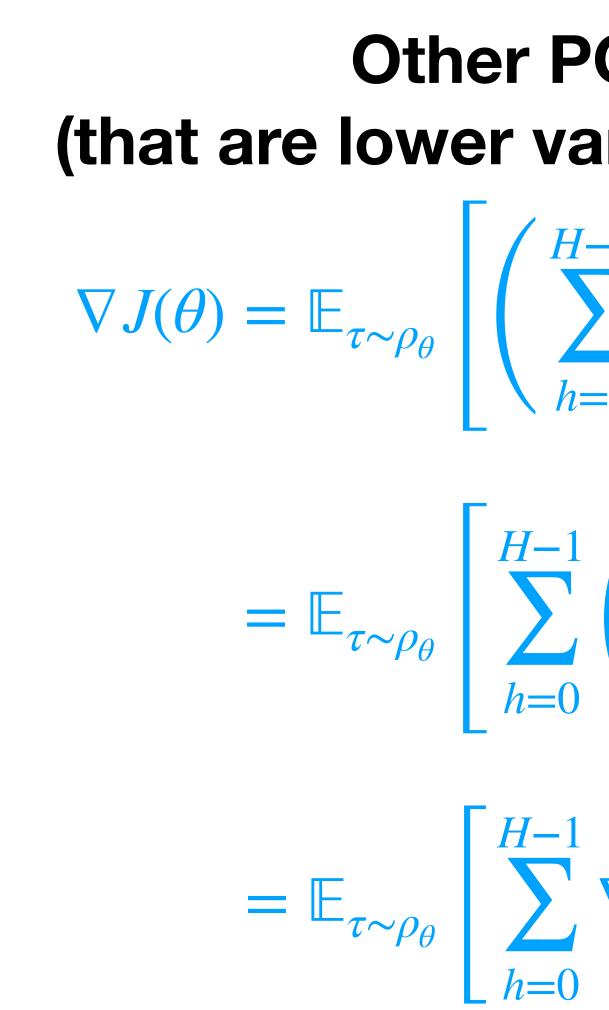
#### **PG with REINFORCE:**

- 1. Initialize  $\theta_0$ , parameters:  $\eta^1, \eta^2, \dots$
- 2. For k = 0, ...:
  - 1. Obtain a trajectory  $\tau \sim \rho_{\theta^k}$

Set 
$$\widetilde{\nabla}_{\theta} J(\theta^k)$$
 =

*H*–1  $= \sum_{h=1}^{n-1} \nabla \ln \pi_{\theta^k}(a_h | s_h) R(\tau)$ h=0

2. Update:  $\theta^{k+1} = \theta^k + \eta^k \widetilde{\nabla}_{\theta} J(\theta^k)$ 



Intuition: Change action distribution at h only affects rewards later on... **HW:** You will show these simplified version are also valid PG expressions

## Other PG formulas (that are lower variance for sampling)

$$\sum_{h=0}^{I-1} \nabla_{\theta} \ln \pi_{\theta}(a_h | s_h) R(\tau)$$

$$\int_{0}^{1} \left( \nabla_{\theta} \ln \pi_{\theta}(a_{h} | s_{h}) \sum_{t=h}^{H-1} r_{t} \right)$$

$$\nabla_{\theta} \ln \pi_{\theta}(a_h | s_h) Q_h^{\pi_{\theta}}(s_h, a_h)$$

# With a "baseline" function: For any function only of the state, $b_h : S \rightarrow R$ , we have: $\pi_{\theta}(a_h | s_h) \left( Q_h^{\pi_{\theta}}(s_h, a_h) - b_h(s_h) \right)$ $1 \pi_{\theta}(a_h | s_h) \left( \sum_{t=h}^{H-1} r_t - b_h(s_h) \right) \right] \quad C \stackrel{\text{Complex}}{\underset{\text{K}}{\longrightarrow}}$

$$\nabla J(\theta) = \mathbb{E}_{\tau \sim \rho_{\theta}} \left[ \sum_{h=0}^{H-1} \nabla_{\theta} \ln \right]$$
$$= \mathbb{E}_{\tau \sim \rho_{\theta}} \left[ \sum_{h=0}^{H-1} \nabla_{\theta} \ln \right]$$

For the proof, it was helpful to note:  $\mathbb{E}_{x \sim P_{\theta}} \left[ \nabla \log P_{\theta}(x) c \right] = 0$ 





$$V_h^{\pi}(s) = \mathbb{E}\left[\left|\sum_{\tau=h}^{H-1} r(s_{\tau}, a_{\tau})\right| s_h = s\right]$$

$$Q_h^{\pi}(s,a) = \mathbb{E}\left[\left|\sum_{\tau=h}^{H-1} r(s_{\tau},a_{\tau})\right| (s_h,a_h) = (s,a)\right]$$

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 The Advantage function is defined as:  $A_h^{\pi}(s, a) = Q_h^{\pi}(s, a) - V_h^{\pi}(s)$ 

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- The Advantage function is defined as:  $A_{h}^{\pi}(s,a) = Q_{h}^{\pi}(s,a) - V_{h}^{\pi}(s)$
- We have that:

$$E_{a \sim \pi(\cdot|s)} \left[ A_h^{\pi}(s,a) \, \middle| \, s,h \right] = \sum_{n=1}^{\infty} \left[ A_h^{\pi}(s,a) \, \middle| \, s,h \right] = \sum_{n=1}^{\infty} \left[ A_h^{\pi}(s,a) \, \middle| \, s,h \right]$$

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 $\sum \pi(a \,|\, s) A_h^{\pi}(s, a) = ??$ 

 $\mathcal{A}$ 

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• What do we know about  $A_h^{\pi^*}(s, a)$ ?

$$Q_h^{\pi}(s,a) = \mathbb{E}\left[\sum_{\tau=h}^{H-1} r(s_{\tau},a_{\tau}) \middle| (s_h,a_h) = (s,a)\right]$$

 $\sum_{i} \pi(a \mid s) A_{h}^{\pi}(s, a) = ??$   $A_{h}^{\pi}(s, a) \leq O$ 4Sa iff IT is optimal.

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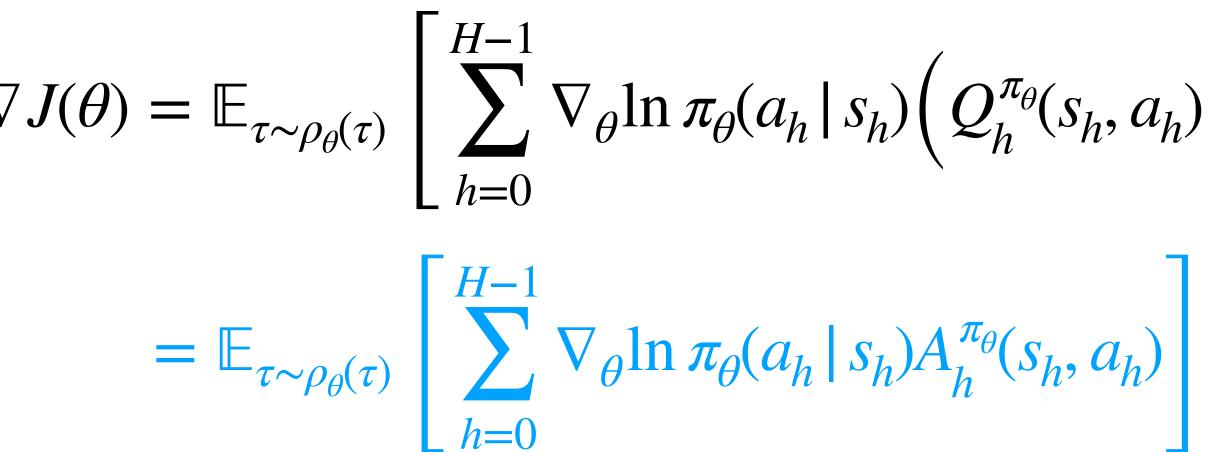
- What do we know about  $A_h^{\pi^*}(s, a)$ ?
- For the discounted case,  $A^{\pi}(s, a) = Q^{\pi}(s, a) V^{\pi}(s)$

$$Q_h^{\pi}(s,a) = \mathbb{E}\left[\left|\sum_{\tau=h}^{H-1} r(s_{\tau},a_{\tau})\right| (s_h,a_h) = (s,a)\right]$$

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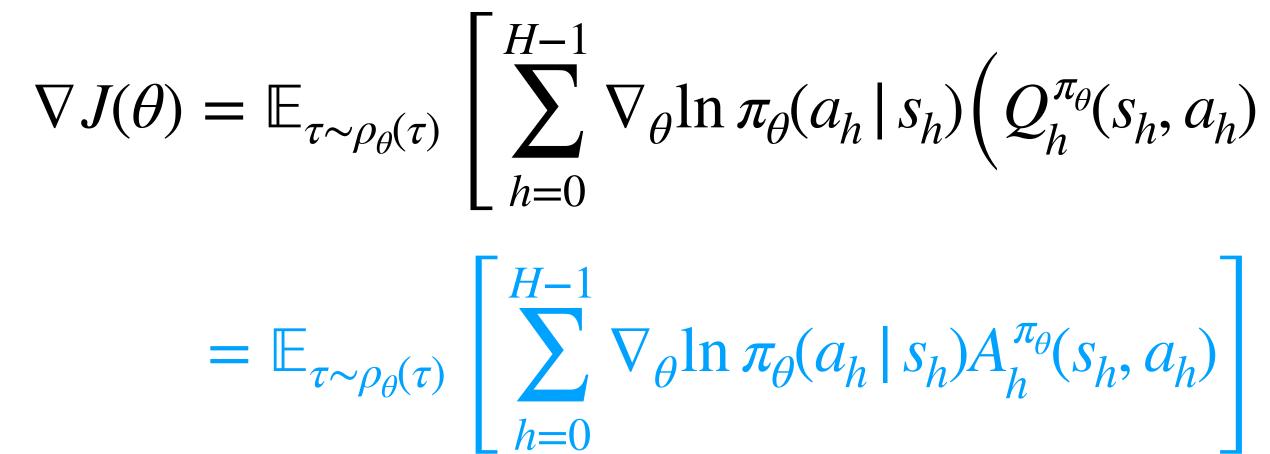
 $\nabla J(\theta) = \mathbb{E}_{\tau \sim \rho_{\theta}(\tau)} \left[ \sum_{h=0}^{H-1} \nabla_{\theta} \ln \pi_{\theta}(a_h | s_h) \left( Q_h^{\pi_{\theta}}(s_h, a_h) - b_h(s_h) \right) \right]$ 

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• The second step follows by choosing  $b_h(s) = V_h^{\pi}(s)$ .

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- The second step follows by choosing  $b_h(s) = V_h^{\pi}(s)$ .

$$\pi_{\theta}(a_h | s_h) \left( Q_h^{\pi_{\theta}}(s_h, a_h) - b_h(s_h) \right)$$

• In practice, the most common approach is to use  $b_h(s)$  as an estimate of  $V_h^{\pi}(s)$ .

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h=0

2. Obtain a trajectory  $\tau \sim \rho_{\theta^k}$ Set  $\widetilde{\nabla}_{\theta} J(\theta^k) = \sum_{k=1}^{H-1} \nabla \ln \pi_{\theta^k}(a_h | s_h) \left( R_h(\tau) - \widetilde{b}(s_h) \right)$ 

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  - 3. Update:  $\theta^{k+1} = \theta^k + \eta^k \widetilde{\nabla}_{\theta} J(\theta^k)$

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  - 3. Update:  $\theta^{k+1} = \theta^k + \eta^k \widetilde{\nabla}_{\rho} J(\theta^k)$

Note that regardless of our choice of  $b_h(s)$ , we still get unbiased gradient estimates.

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- 2. For k = 0, ...:
  - $\tilde{b}(s) \approx V_{h}^{\theta^{k}}(s)$
  - 2. Obtain M trajectories  $\tau_1, \ldots, \tau_M \sim \rho_{\theta^k}$ Set  $\widetilde{\nabla}_{\theta} J(\theta^k) = \frac{1}{M} \sum_{k=1}^{M} \sum_{k=1}^{H-1} \nabla \ln \pi_{\theta^k}(a_h^m | s_h^m) \left( R_h(\tau^m) - \widetilde{b}(s_h) \right)$ m=1 h=0

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# Today:



- Softmax Example
- The Performance Difference Lemma
- Algorithms:
  - Trust Region Policy Optimization (TRPO)
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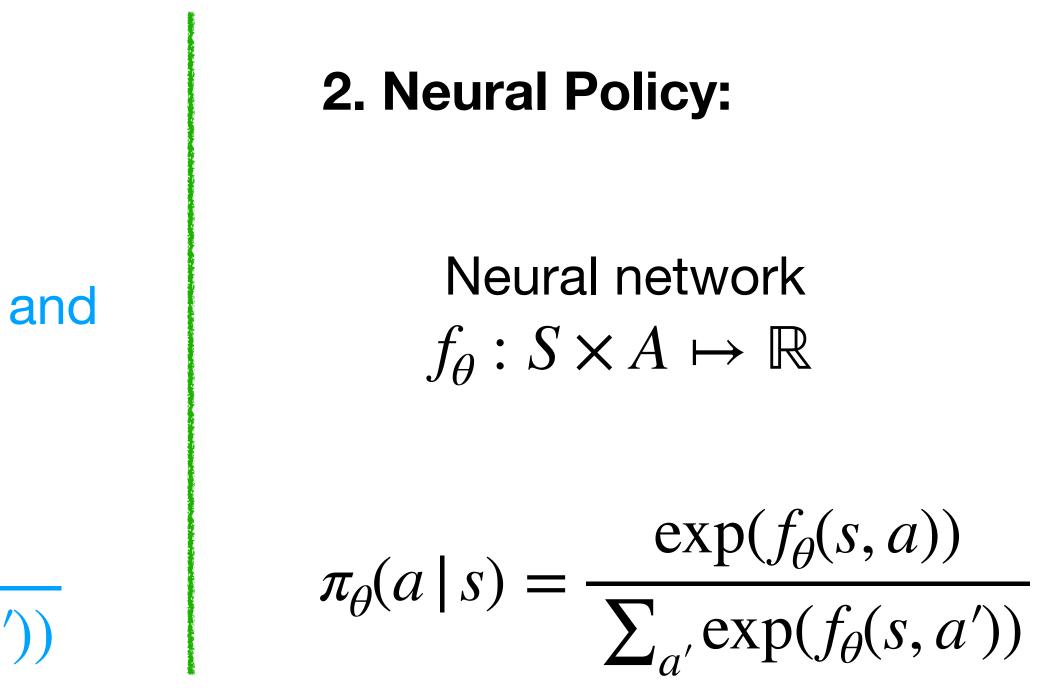
#### **Policy Parameterizations**

Recall that we consider parameterized policy  $\pi_{\theta}(\cdot | s) \in \Delta(A), \forall s$ 

**1. Softmax linear Policy** 

Feature vector  $\phi(s, a) \in \mathbb{R}^d$ , and parameter  $\theta \in \mathbb{R}^d$ 

 $\pi_{\theta}(a \mid s) = \frac{\exp(\theta^{\top} \phi(s, a))}{\sum_{a'} \exp(\theta^{\top} \phi(s, a'))}$ 



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Two properties (see HW):

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- Two properties (see HW):
- More probable actions have features which align with  $\theta$ . Precisely,
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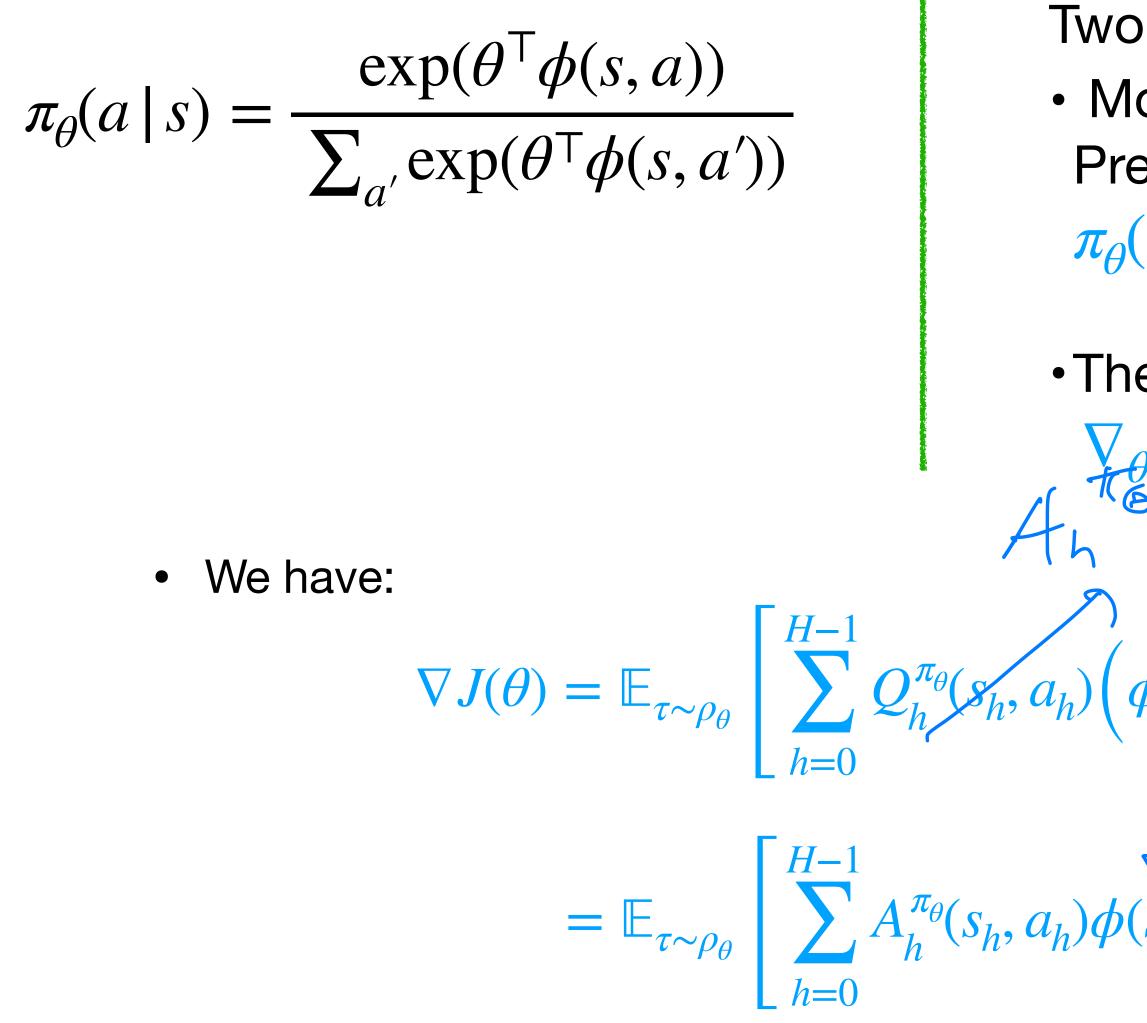
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• The gradient of the log policy is:  $\nabla_{\theta} \log(\pi_{\theta}(a \mid s)) = \phi(s, a) - \mathbb{E}_{a' \sim \pi_{\theta}(\cdot \mid s)}[\phi(s, a')]$ 



## **Softmax Policy Properties**



- Two properties (see HW):
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• The gradient of the log policy is:  $\sum_{\substack{\theta \in \mathcal{A}_{\theta}(a \mid s) \\ \pi_{\theta}(s, a) = \phi(s, a) - \mathbb{E}_{a' \sim \pi_{\theta}(\cdot \mid s)}[\phi(s, a')]$  $\nabla J(\theta) = \mathbb{E}_{\tau \sim \rho_{\theta}} \left[ \sum_{h=1}^{H-1} Q_{h}^{\pi_{\theta}}(s_{h}, a_{h}) \left( \phi(s_{h}, a_{h}) - \mathbb{E}_{a' \sim \pi_{\theta}(\cdot \mid s_{h})}[\phi(s_{h}, a')] \right) \right]$ 

$$(s_h, a_h)$$



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# **Fitted Policy Iteration:**

• Initialization: choose a policy  $\pi^0 : S \mapsto A$  and a sample size N • For k = 0, 1, ...1. Fitted Policy Evaluation: Using N sampled trajectories  $\tau_1, \ldots \tau_N \sim \rho_{\pi^k}$ , obtain approximation  $\hat{Q}^{\pi^k} \approx Q^{\pi^k}$ 2. Policy Improvement: set  $\pi_h^{k+1}(s) := \arg \max \hat{Q}^{\pi^k}(s, a, h)$ 



# Fitted Policy Iteration: Advantage Version

Initialization: choose a policy π<sup>0</sup> : S → A and a sample size N
For k = 0,1,...
1. Fitted Policy Evaluation: Using N sampled trajectories τ<sub>1</sub>, ...τ<sub>N</sub> ~ ρ<sub>π<sup>k</sup></sub>, obtain approximation Â<sup>π<sup>k</sup></sup> ≈ A<sup>π<sup>k</sup></sup>
2. Policy Improvement: set π<sub>h</sub><sup>k+1</sup>(s) := arg max Â<sup>π<sup>k</sup></sup>(s, a, h)



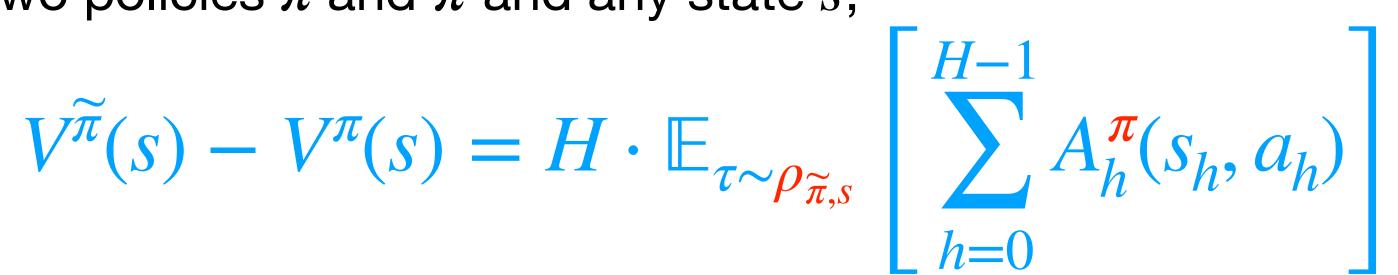


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• Let  $\rho_{\pi,s}$  be the distribution of trajectories from starting state s acting under  $\pi$ .

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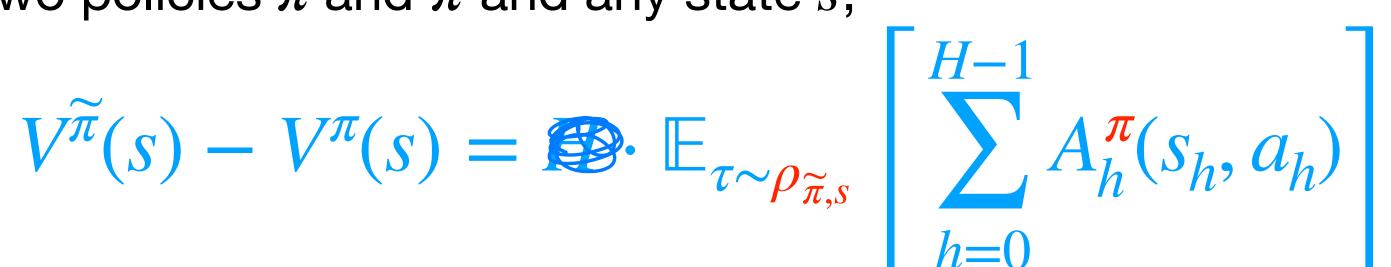


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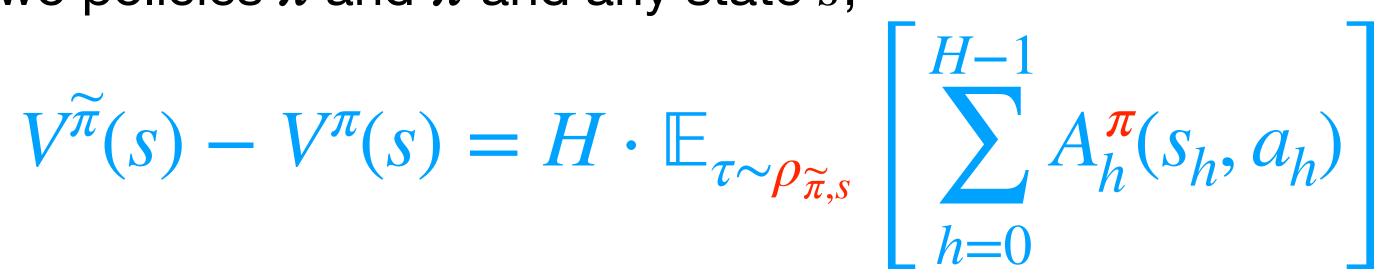
 $V^{\widetilde{\pi}}(s) - V^{\pi}(s) = H \cdot \mathbb{E}_{\tau \sim \rho_{\widetilde{\pi},s}} \left| \sum_{h=0}^{H-1} A_h^{\pi}(s_h, a_h) \right|$ 

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Comments:

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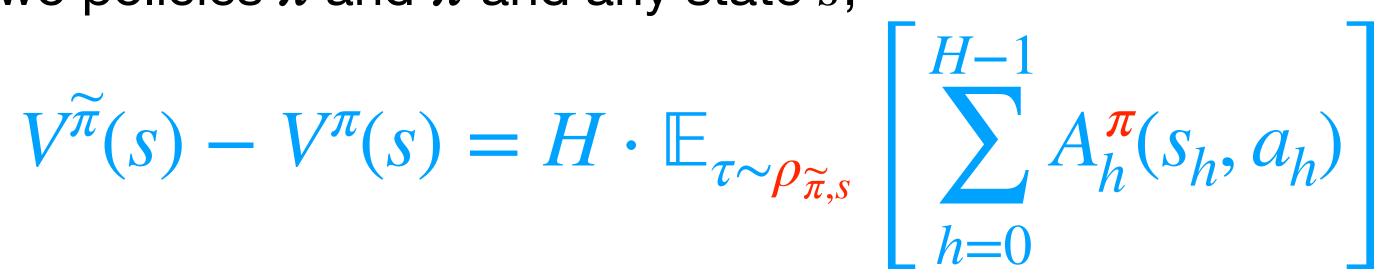
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• Helps us think about error analysis, instabilities of fitted PI, and sub-optimality. • This also motivates the use of "local" methods (e.g. policy gradient descent)

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Proof sketch:

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  - •Since  $\widetilde{A}^{k}(s, a, h) \approx A_{h}^{\pi^{k}}(s, a, h)$ , we expect some error.
  - In the worst case, let us consider the most negative advantage:  $\Delta_{\infty} := \min_{\alpha} A_h^{\pi^k}(s, \pi^{k+1}(s))$  $S \in S$

•Here, if  $\Delta_{\infty} < 0$ , it is possible that degradation may occur:  $V^{\pi^{k+1}}(s_0) \geq V^{\pi^k}(s_0) - H \cdot |\Delta_{\infty}|$ 

Proof sketch:

• Fitted PI does not enforce that the trajectory distributions,  $\rho_{\pi^k}$  and  $\rho_{\pi^{k+1}}$ , be close to each other.

- Suppose  $\pi^k$  gets updated to  $\pi^{k+1}$ . How much worse could  $\pi^{k+1}$  be?
- Suppose at some state s,  $\pi^{k+1}$  choose an action which has a negative advantage for  $\pi^k$ .
  - •Since  $\overline{A^{k}(s, a, h)} \approx A_{h}^{\pi^{k}}(s, a, h)$ , we expect some error.
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Proof sketch:

- (i.e. we get trapped at this state where we made a bad choice).
- Fitted PI does not enforce that the trajectory distributions,  $\rho_{\pi^k}$  and  $\rho_{\pi^{k+1}}$ , be close to each other. • Suppose the  $ho_{\pi^{k+1}}$  has full support on these worst case states s

- Recap++
- Softmax Example
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What's bad about fitted PI?
 even if we pick better actions "on average

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$$\pi_0$$
  
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try to approximately solve:  
 $\theta^{k+1} = \arg \max_{\theta} \mathbb{E}_{s_0, ..., s_{H-1} \sim \rho_{\pi^k}} \left[ \sum_{h=0}^{H-1} \mathbb{E}_{a_h \sim \pi_{\theta}(s_h)} A^{\pi^k}(s_h, a_h) \right]$   
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• How should we define "close"?

Given two distributions P & Q, where  $P \in \Delta(X), Q \in \Delta(X)$ , KL Divergence is defined as:

 $KL(P \mid Q) = \mathbb{E}_{x \sim P} \left[ \ln \frac{P(x)}{O(x)} \right]$ 

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#### **Examples:**

If Q = P, then KL(P | Q) = KL(Q | P) = 0

 $KL(P \mid Q) =$ 

If Q = P, then KL

If  $P = \mathcal{N}(\mu_1, \sigma^2 I), Q = \mathcal{N}(\mu_2, \sigma^2 I)$ 

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$$(P | Q) = KL(Q | P) = 0$$
  
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#### Fact:

 $KL(P \mid Q) \ge 0$ , and being 0 if and only if P = Q

### **Trust Region Policy Optimization (TRPO)**

1. Init 
$$\pi_0$$
  
2. For  $k = 0, ..., K$ :  
 $\theta^{k+1} = \arg \max_{\theta} \mathbb{E}_{s_0, ..., s_{H-1} \sim \rho_{\pi^k}} \left[ \sum_{h=0}^{H-1} \mathbb{E}_{a_h \sim \pi_{\theta}(s_h)} A^{\pi^k}(s_h, a_h) \right]$   
s.t.  $KL\left( \rho_{\pi^k} | \rho_{\pi_{\theta}} \right) \leq \delta$   
3. Return  $\pi_K$ 

- We want to maximize local advantage against  $\pi_{\theta^k}$ ,
- •

but we want the new policy to be close to  $\pi_{\theta^k}$  (in the KL sense) How do we implement this with sampled trajectories?)

# How do we implement TRPO with samples?

1. Initialize staring policy  $\pi_0$ , samples size M 2. For k = 0, ..., K: 1. [A-Evaluation Subroutine]  $\widetilde{A}_k(s,a) \approx A_h^{\pi_k}(s,a)$ M H-1 $\max_{\theta} \sum_{n \in \mathbb{Z}} \sum_{n \in \mathbb{Z}} \mathbb{E}_{a \sim \pi_{\theta}(s_h^m)}$ m=1 h=0s.t.  $\sum_{m=1}^{M} \sum_{h=0}^{H-1} \ln \frac{\pi_{\theta_k}(a_h)}{\pi_{\theta_k}(a_h)}$ 

- Using M sampled trajectories,  $\tau_1, \ldots \tau_M \sim \rho_{\pi_L}$ ,
- 2. Solve the following optimization problem to obtain  $\pi_{k+1}$ :

$$(A_{h}^{m})\widetilde{A}_{k}(s_{h}^{m},a)$$

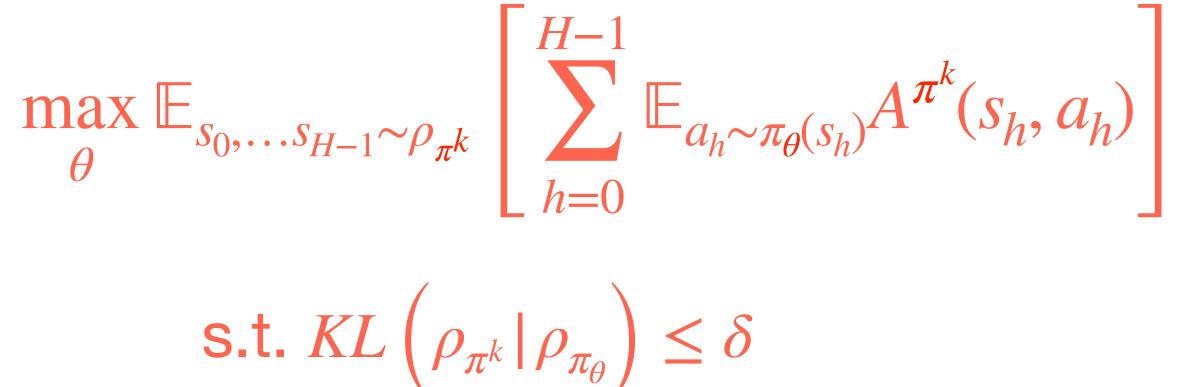
$$\frac{m | s_h^m|}{s_h^m | s_h^m|} \le \delta$$

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### **TRPO** is locally equivalent to the NPG

#### TRPO at iteration k:



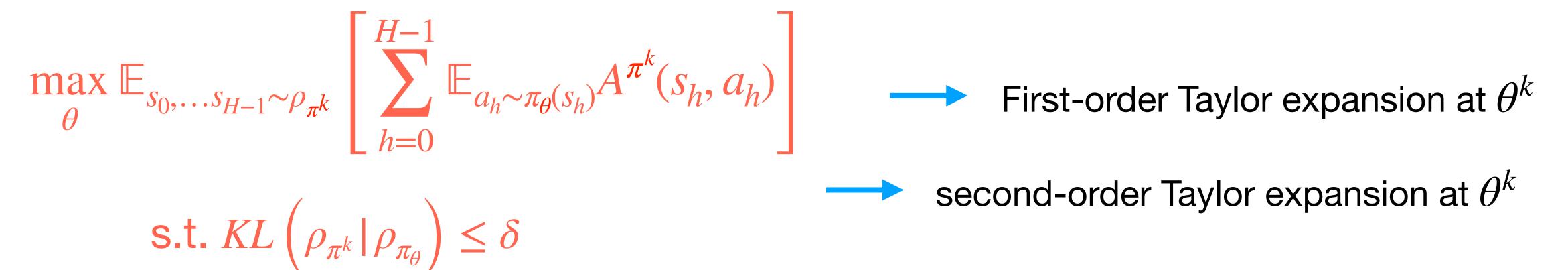
Intuition: maximize local adv subject to being incremental (in KL);



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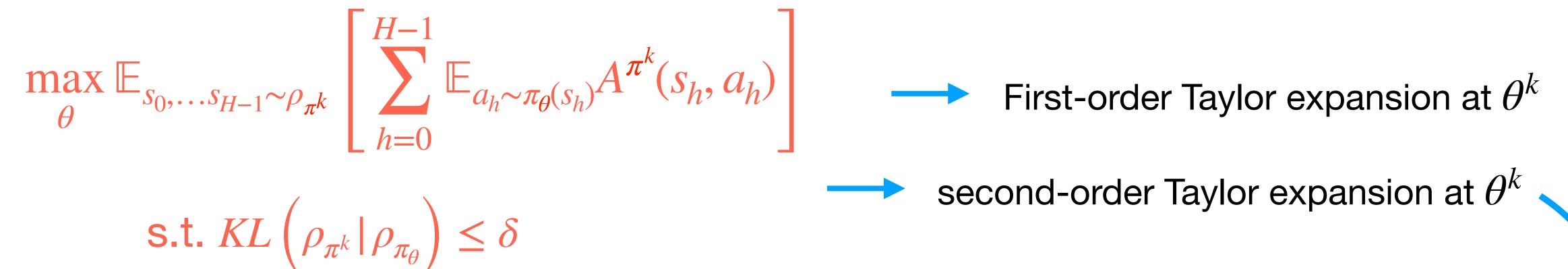
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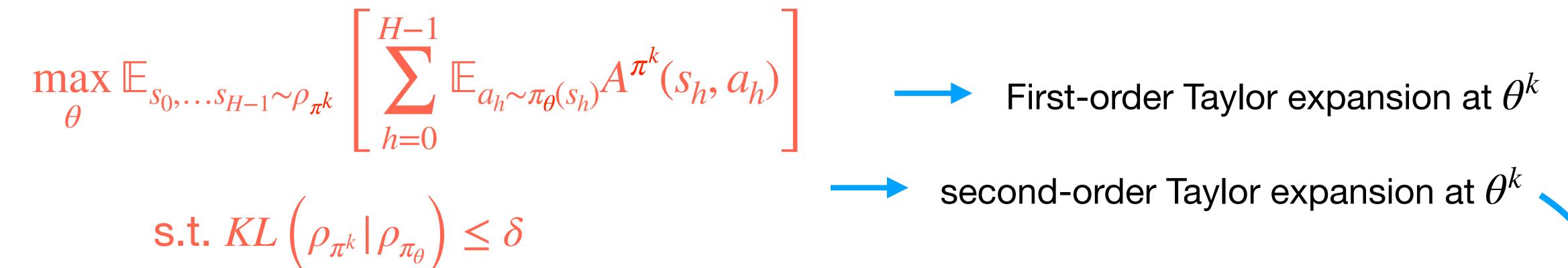
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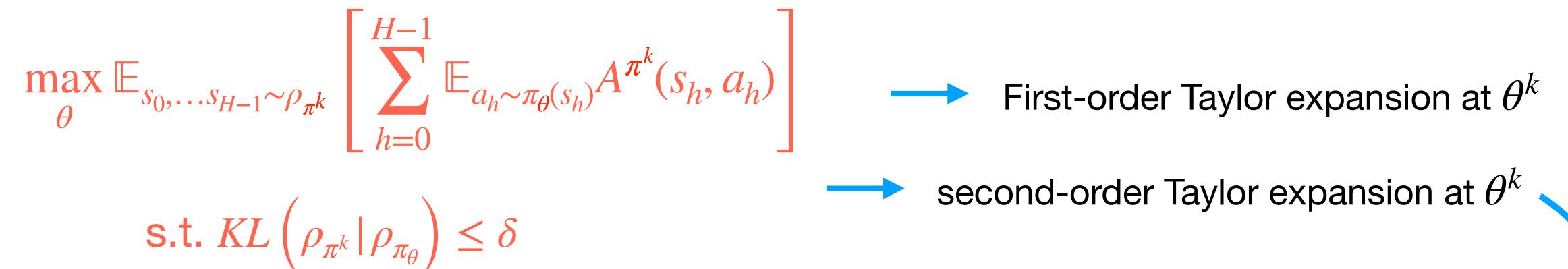


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# $\max_{\theta} \nabla_{\theta} J(\pi_{\theta^k})^{\mathsf{T}}(\theta - \theta^k)$



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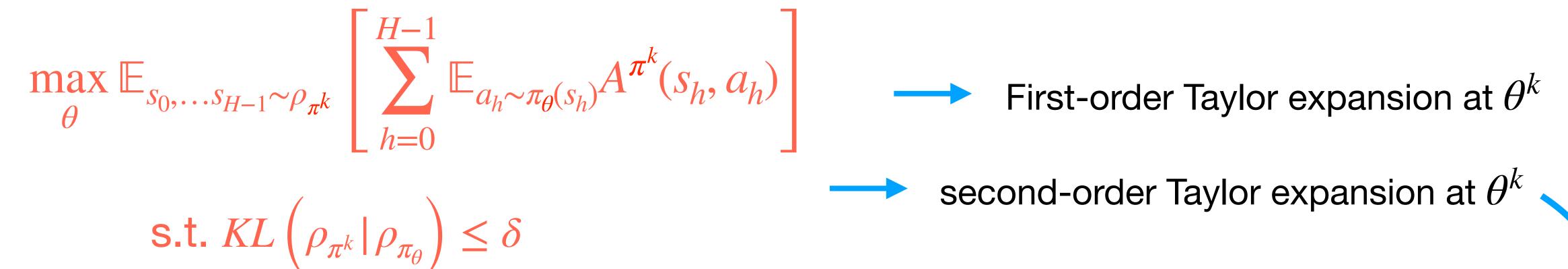


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$$\max_{\theta} \nabla_{\theta} J(\pi_{\theta^{k}})^{\mathsf{T}} (\theta - \theta^{k})$$
  
s.t.  $(\theta - \theta^{k})^{\mathsf{T}} F_{\theta^{k}} (\theta - \theta^{k}) \leq \delta$ 



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(Where  $F_{\theta^k}$  is the "Fisher Information Matrix")



#### NPG: A "leading order" equivalent program to TRPO:

1. Init 
$$\pi_0$$
  
2. For  $k = 0, \dots K$ :  
 $\theta^{k+1} = \arg \theta^{k+1}$   
s.t.  $(\theta - \theta)$   
3. Return  $\pi_K$ 

 $\operatorname{rg\,max}_{\theta} \nabla_{\theta} J(\pi_{\theta^{k}})^{\mathsf{T}}(\theta - \theta^{k}) \\ \theta^{k})^{\mathsf{T}} F_{\theta^{k}}(\theta - \theta^{k}) \leq \delta$ 

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- Where  $\nabla_{\theta} J(\pi_{\theta^k})$  is the gradient at  $\theta^k$  and

$$F_{\theta} := \mathbb{E}_{\tau \sim \rho_{\theta}} \left[ \nabla_{\theta} \ln \rho_{\theta}(\tau) (\nabla_{\theta} \ln \eta) \right]$$

$$= \mathbb{E}_{\tau \sim \rho_{\theta}} \left[ \sum_{h=0}^{H-1} \nabla_{\theta} \ln \pi_{\theta}(a_{h} | s_{h}) \left( \nabla_{\theta} \ln \pi_{\theta}(a_{h} | s_{h}) \right)^{\mathsf{T}} \right]$$

•  $F_{\theta}$  is (basically) the Fisher information matrix at  $\theta \in \mathbb{R}^{d}$ , defined as:  $F_{\theta} := \mathbb{E}_{\tau \sim \rho_{\theta}} \left[ \nabla_{\theta} \ln \rho_{\theta}(\tau) (\nabla_{\theta} \ln \rho_{\theta}(\tau))^{\mathsf{T}} \right] \in \mathbb{R}^{d \times d}$ 

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Linear objective and quadratic convex constraint, we can solve it optimally!

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Linear objective and quadratic convex constraint, we can solve it optimally! Indeed this gives us:

$$\theta^{k+1} = \theta^{k} + \eta F_{\theta^{k}}^{-1} \nabla_{\theta} J(\pi_{\theta^{k}})$$
  
Where  $\eta = \sqrt{\frac{\delta}{\nabla_{\theta} J(\pi_{\theta^{k}})^{\top} F_{\theta^{k}}^{-1} \nabla_{\theta} J(\pi_{\theta^{k}})}}$ 

- 1. Variance Reduction: with baselines
- 2. Perf. Diff Lemma/ TRPO/ NPG

#### Attendance: bit.ly/3RcTC9T



# Summary:

al divergence

# Feedback: <u>bit.ly/3RHtlxy</u>



# An Implementation: Sample Based NPG

1. Init  $\pi_0$ 

2. For 
$$k = 0, ..., K$$
:

• Estimate PG  $\nabla_{\theta} J(\pi_{\theta^k})$ 

Estimate Fisher info-matrix:  $F_{\theta^k} = \mathbb{E}_{\tau}$ 

• Natural Gradient Ascent:  $\theta^{k+1} = \theta^k$ 

3. Return  $\pi_K$ 

$$\pi \sim \rho_{\theta^{k}} \left[ \sum_{h=0}^{H-1} \nabla \ln \pi_{\theta^{k}}(a_{h} | s_{h}) \left( \nabla \ln \pi_{\theta^{k}}(a_{h} | s_{h}) \right)^{\mathsf{T}} \right] + \eta \widehat{F_{\theta^{k}}}^{-1} \widehat{\nabla_{\theta} J(\pi_{\theta^{k}})}$$

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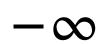
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(We will implement it in HW4 on Cartpole)

$$(\pi_{\theta}[1], \pi_{\theta}[2]) := \left(\frac{\exp(\theta)}{1 + \exp(\theta)}, \frac{1}{1 + \exp(\theta)}\right)$$

 $J(\theta) = 100 \cdot \pi_{\theta}[1] + 1 \cdot \pi_{\theta}[2]$ 

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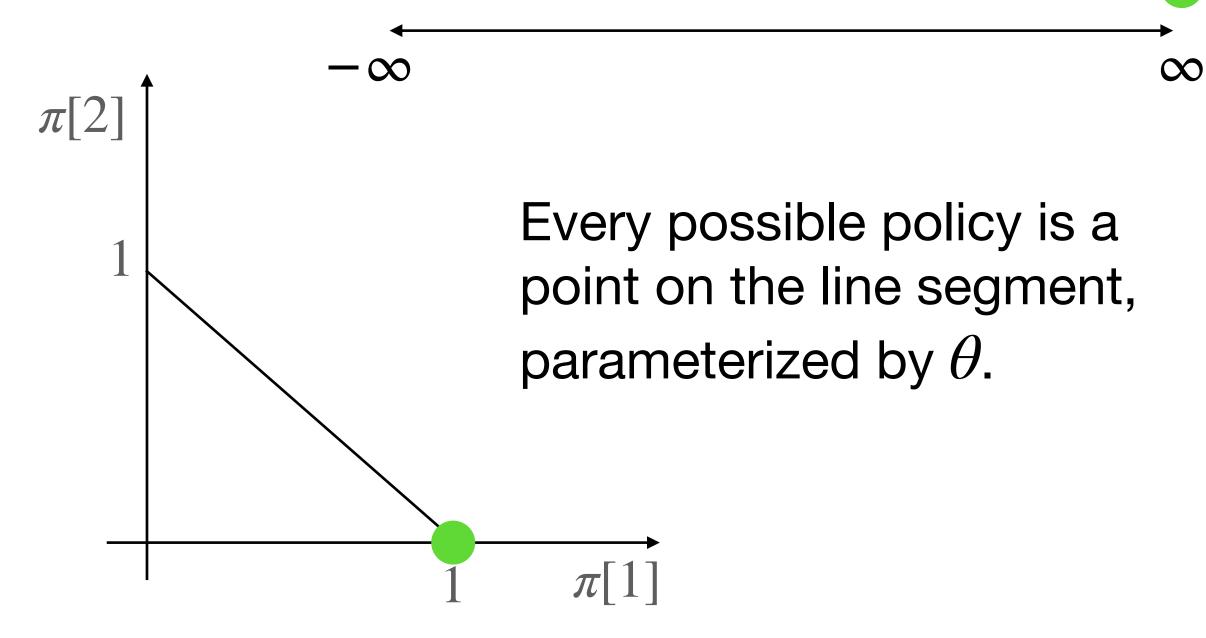
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34

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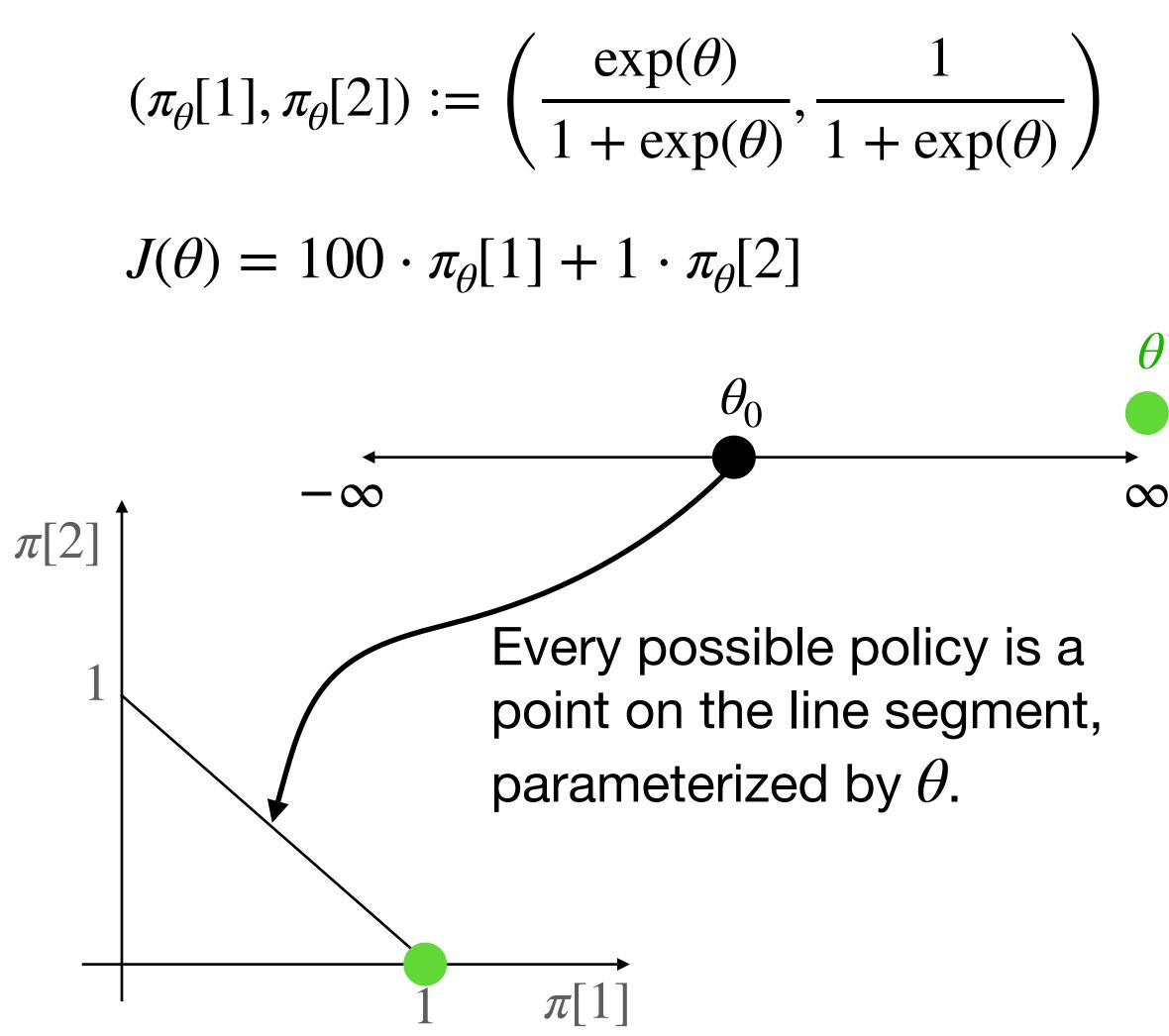
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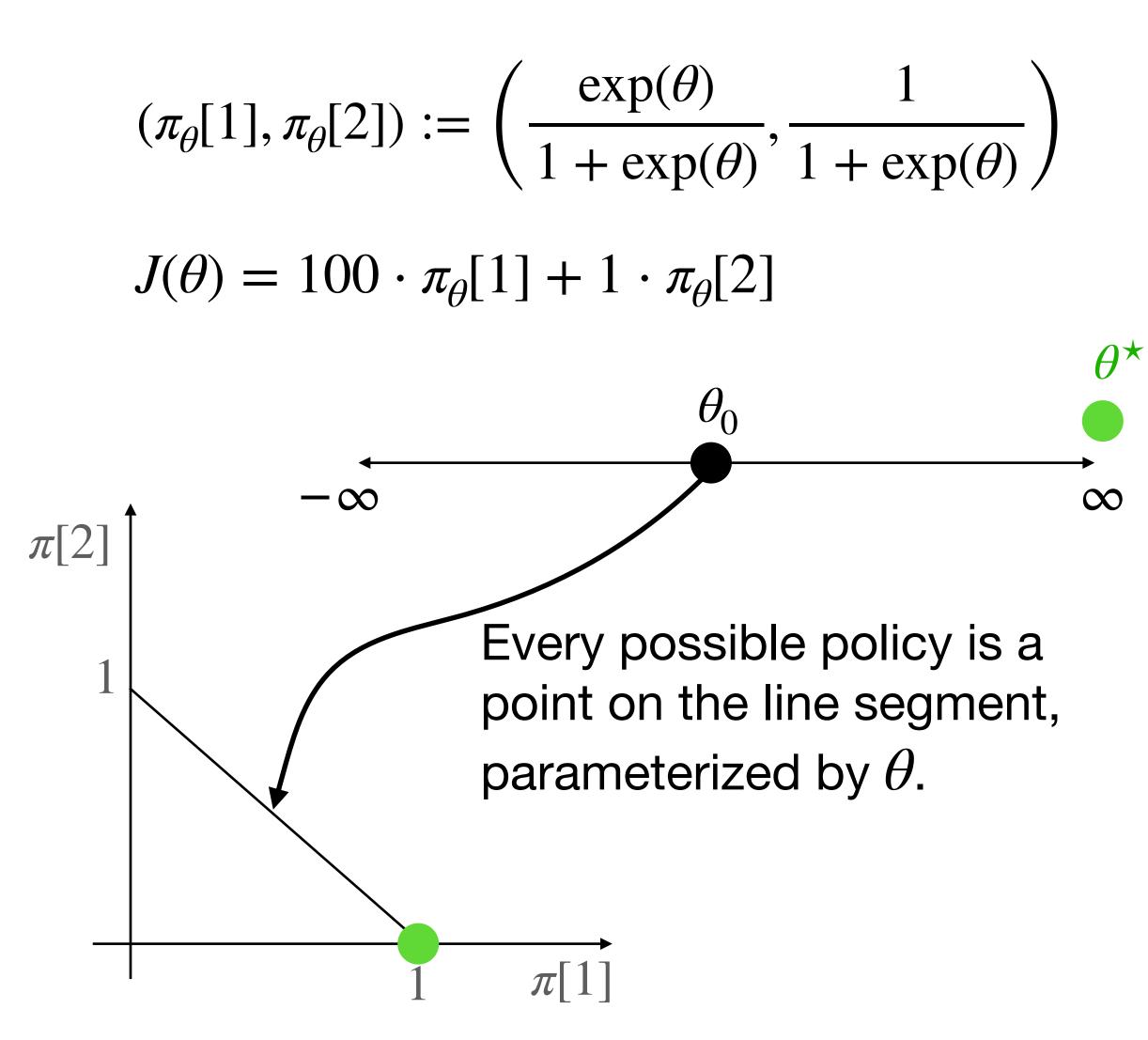
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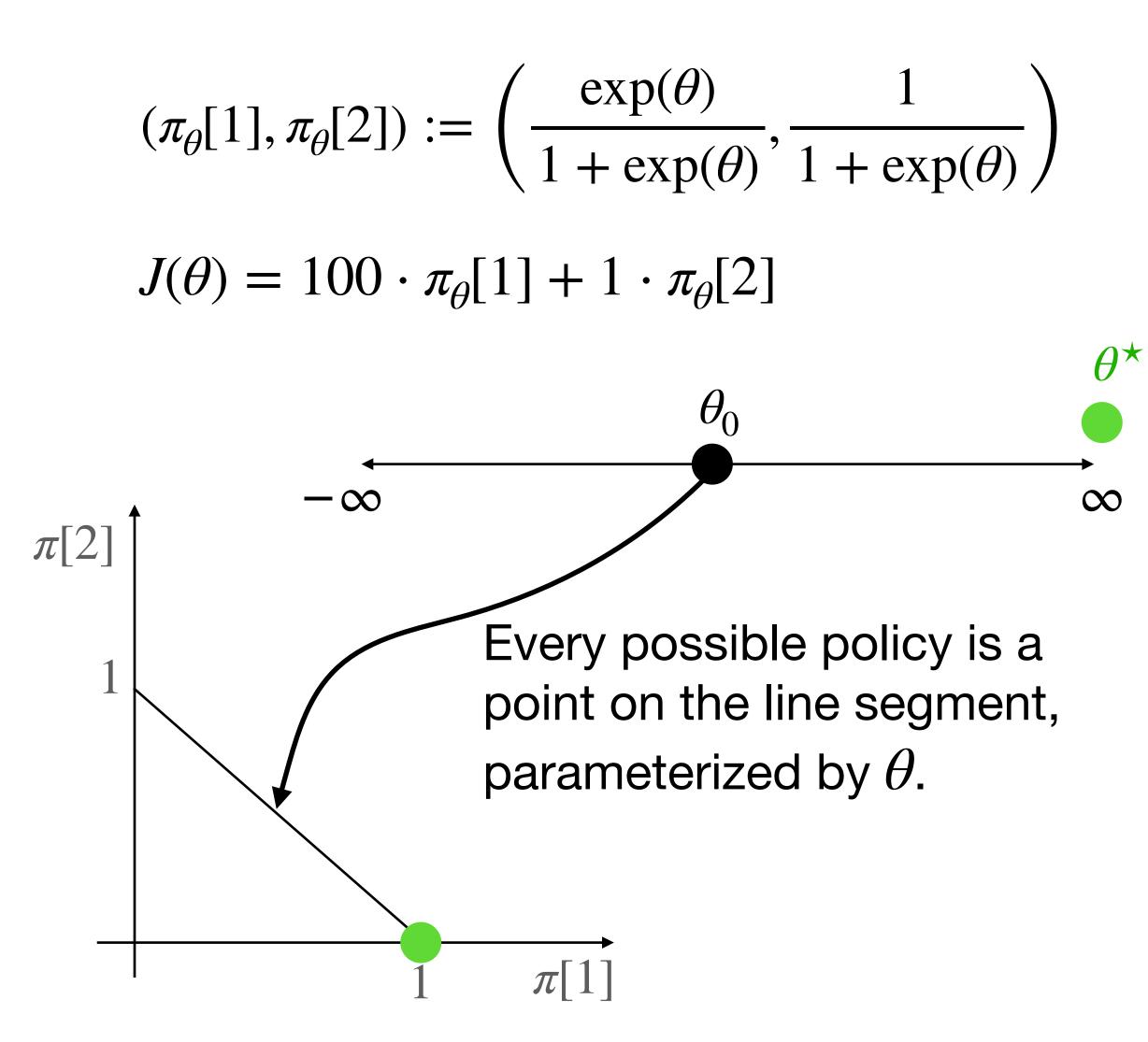
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34



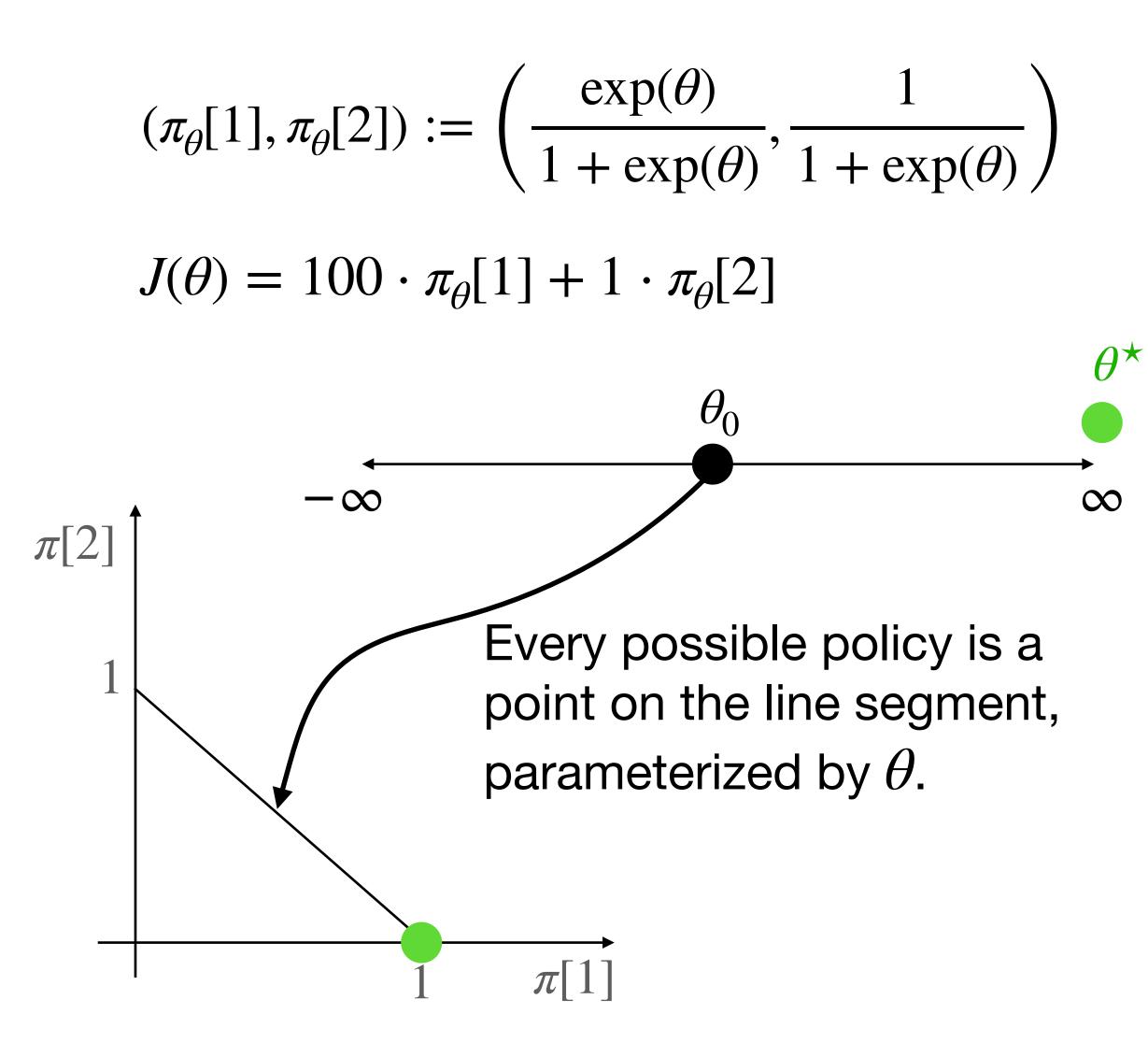
Gradient:  $J'(\theta) = \frac{99 \exp(\theta)}{(1 + \exp(\theta))^2}$ 





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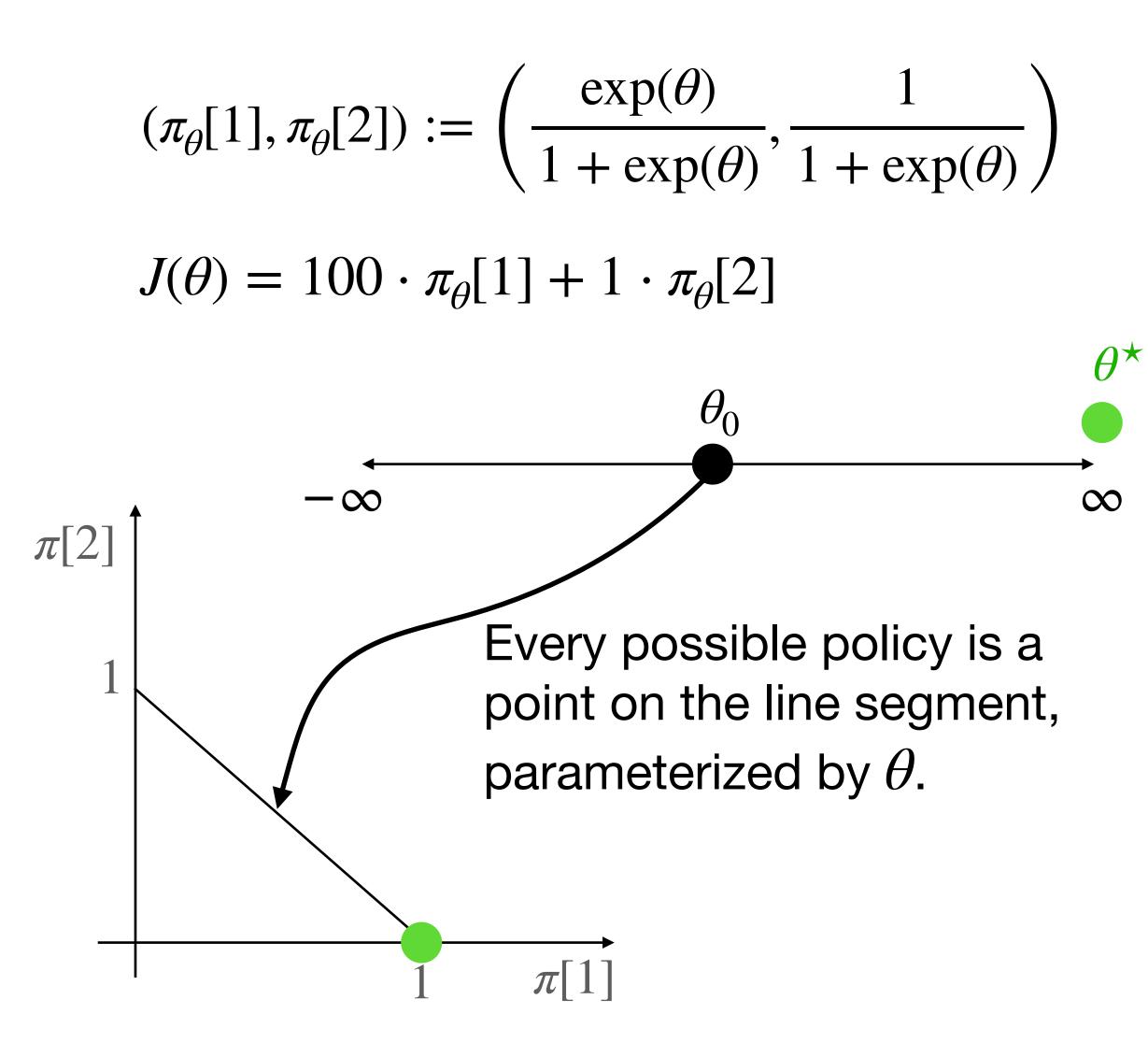




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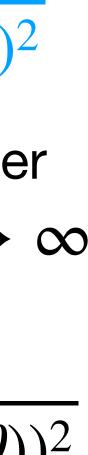


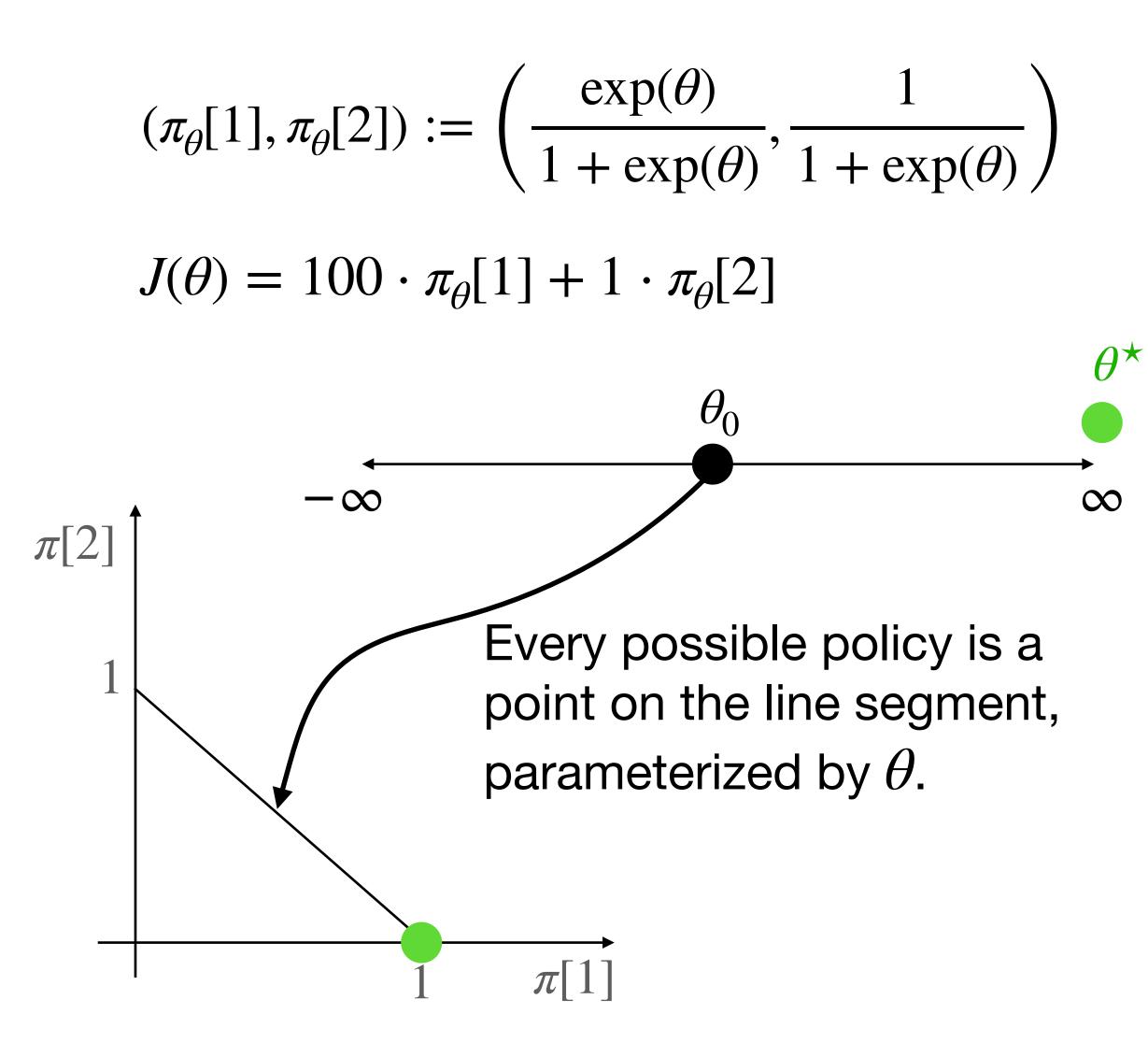


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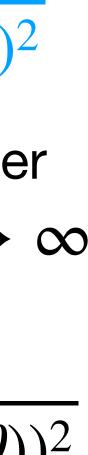


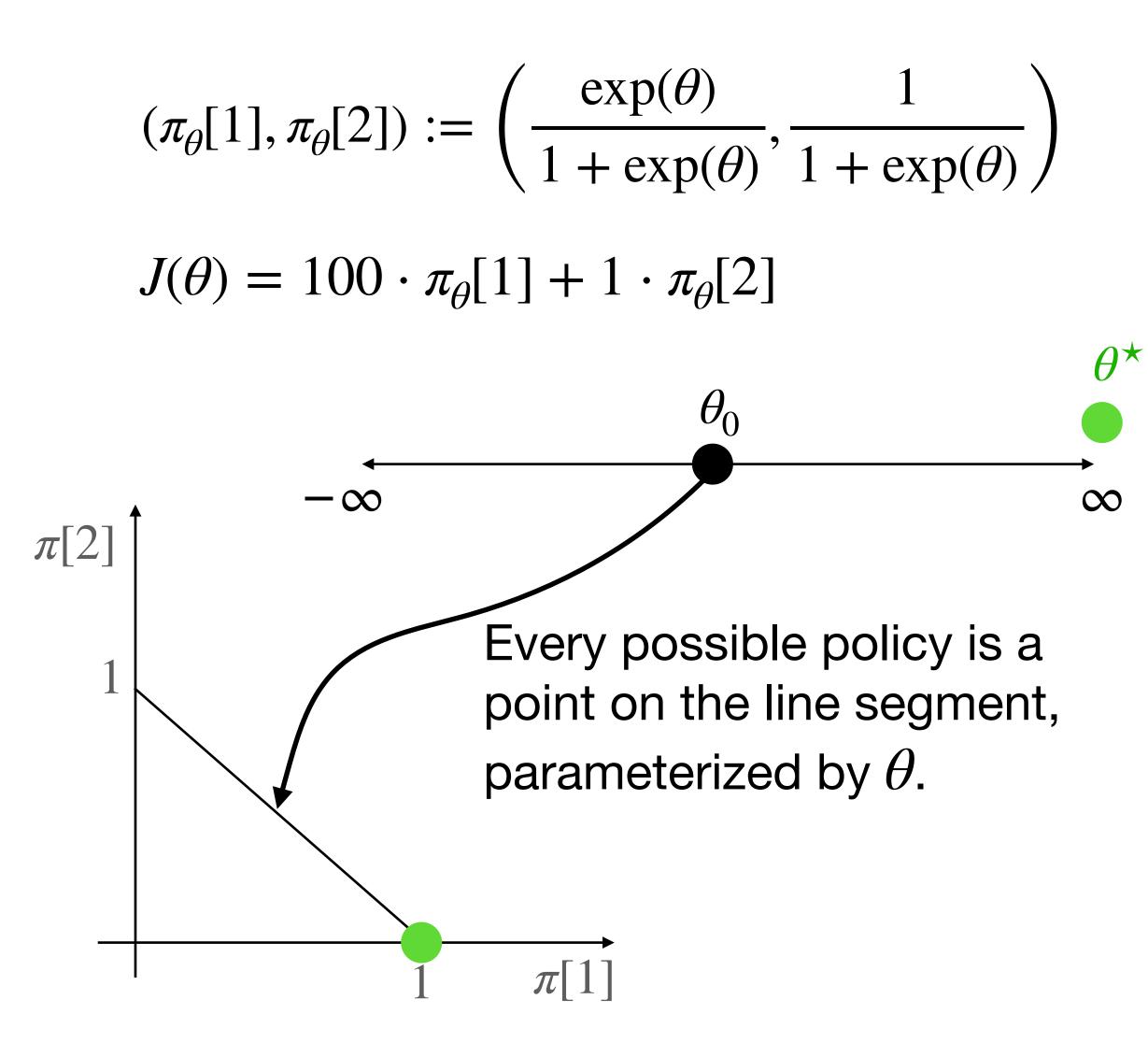
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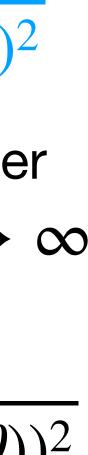


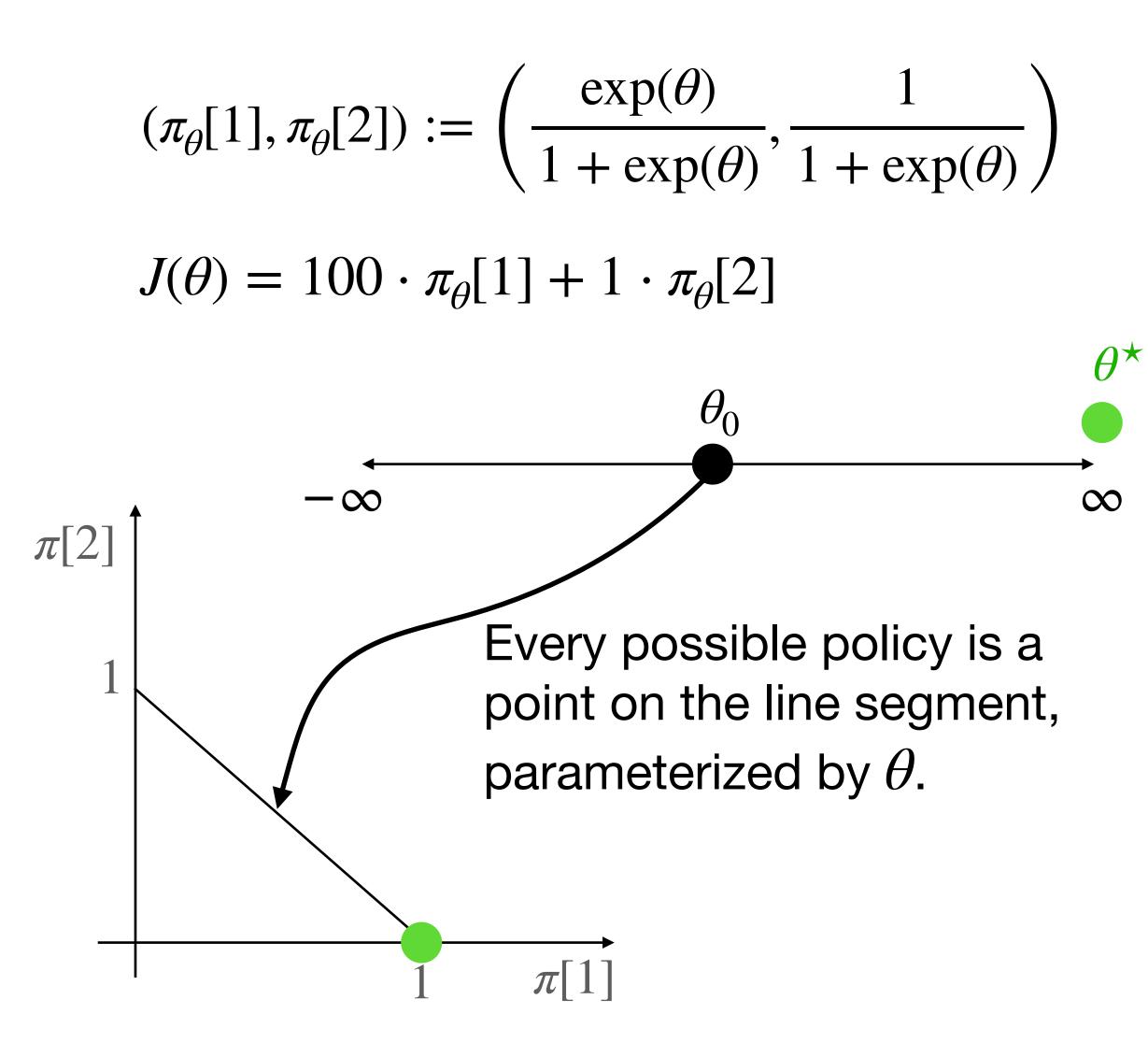
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NPG moves to  $\theta = \infty$  much more quickly (for a fixed  $\eta$ )





