

# **Trust Region Policy Optimization & The Natural Policy Gradient**

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**CS/Stat 184: Introduction to Reinforcement Learning  
Fall 2023**

# Today



- Recap
- Algorithms:
  - Trust Region Policy Optimization (TRPO)
  - The Natural Policy Gradient (NPG)
  - Proximal Policy Optimization (PPO)

# Recap

## (M=1) PG with a Learned Baseline:

1. Initialize  $\theta_0$ , parameters:  $\eta_1, \eta_2, \dots$
2. For  $k = 0, \dots$  :

1. **Sup. Learning:** Using  $N$  trajectories sampled under  $\pi_{\theta^k}$ , estimate a baseline  $\tilde{b}_h$

$$\tilde{b}(s) \approx V_h^{\theta^k}(s)$$

$$\mathbb{E}[\underbrace{\mathcal{L}(\text{history})}_{\text{wavy line}}] \approx A_h(s_h, a_h)$$

2. Obtain a trajectory  $\tau \sim \rho_{\theta^k}$

$$\text{Set } \tilde{\nabla}_{\theta} J(\theta^k) = \sum_{h=0}^{H-1} \nabla \ln \pi_{\theta^k}(a_h | s_h) \left( R_h(\tau) - \tilde{b}(s_h) \right)$$

3. Update:  $\theta^{k+1} = \theta^k + \eta^k \tilde{\nabla}_{\theta} J(\theta^k)$

Note that regardless of our choice of  $\tilde{b}_h(s)$ , we still get unbiased gradient estimates.

# The Performance Difference Lemma (PDL)

- Let  $\rho_{\tilde{\pi},s}$  be the distribution of trajectories **from starting state  $s$**  acting under  $\pi$ .  
(we are making the starting distribution explicit now).
- For any two policies  $\pi$  and  $\tilde{\pi}$  and any state  $s$ ,

$$V^{\tilde{\pi}}(s) - V^{\pi}(s) = \mathbb{E}_{\tau \sim \rho_{\tilde{\pi},s}} \left[ \sum_{h=0}^{H-1} A_h^{\pi}(s_h, a_h) \right]$$

Comments:

- **Helps us think about error analysis, instabilities of fitted PI, and sub-optimality.**
- Helps to understand algorithm design (TRPO, NPG, PPO)
- This also motivates the use of “local” methods (e.g. policy gradient descent)

# Back to Approximate Policy Iteration (API)

- Suppose  $\pi^k$  gets updated to  $\pi^{k+1}$ . How much worse could  $\pi^{k+1}$  be?
- Suppose **at some state  $s$** ,  $\pi^{k+1}$  choose an action which has a negative advantage for  $\pi^k$ .
  - Since  $\widetilde{A}^k(s, a, h) \approx A_h^{\pi^k}(s, a, h)$ , we expect some error.
  - In the worst case, let us consider the most negative advantage:

$$\Delta_\infty := \min_{s \in \mathcal{S}} A_h^{\pi^k}(s, \pi^{k+1}(s))$$

- Here, if  $\Delta_\infty < 0$ , it is possible that degradation may occur:

$$V^{\pi^{k+1}}(s_0) \geq V^{\pi^k}(s_0) - H \cdot |\Delta_\infty|$$

Proof sketch:

- Fitted PI does not enforce that the trajectory distributions,  $\rho_{\pi^k}$  and  $\rho_{\pi^{k+1}}$ , be close to each other.
- Suppose the  $\rho_{\pi^{k+1}}$  **has full support on these worst case states  $s$**  (i.e. we get trapped at this state where we made a bad choice).

# Trust Region Policy Optimization (TRPO)

1. Init  $\pi_0$

2. For  $k = 0, \dots, K$ :

$$\theta^{k+1} = \arg \max_{\theta} \mathbb{E}_{s_0, \dots, s_{H-1} \sim \rho_{\pi^k}} \left[ \sum_{h=0}^{H-1} \mathbb{E}_{a_h \sim \pi_{\theta}(s_h)} A^{\pi^k}(s_h, a_h) \right]$$

s.t.  $KL(\rho_{\pi^k} \mid \rho_{\pi_{\theta}}) \leq \delta$

3. Return  $\pi_K$

- We want to maximize local advantage against  $\pi_{\theta^k}$ , but we want the new policy to be close to  $\pi_{\theta^k}$  (in the KL sense)
- How do we implement this with sampled trajectories?

# KL-divergence: measures the distance between two distributions

Given two distributions  $P$  &  $Q$ , where  $P \in \Delta(X)$ ,  $Q \in \Delta(X)$ ,  
KL Divergence is defined as:

$$KL(P | Q) = \mathbb{E}_{x \sim P} \left[ \ln \frac{P(x)}{Q(x)} \right]$$

## Examples:

If  $Q = P$ , then  $KL(P | Q) = KL(Q | P) = 0$

If  $P = \mathcal{N}(\mu_1, \sigma^2 I)$ ,  $Q = \mathcal{N}(\mu_2, \sigma^2 I)$ , then  $KL(P | Q) = \frac{1}{2\sigma^2} \|\mu_1 - \mu_2\|^2$

## Fact:

$KL(P | Q) \geq 0$ , and being 0 if and only if  $P = Q$



# Estimating TRPO: optional slide

(see PPO & Importance sampling for derivation)

1. Initialize starting policy  $\pi_0$ , samples size  $M$
2. For  $k = 0, \dots, K$ :
  1. Using  $N$  trajectories sampled under  $\rho^k$  to learn a  $\tilde{b}_h$   
 $\tilde{b}(s, h) \approx V_h^{\pi^k}(s)$
  2. Obtain  $M$  **NEW** trajectories  $\tau_1, \dots, \tau_M \sim \rho^k$   
Solve the following optimization problem to obtain  $\pi_{k+1}$ :

$$\max_{\theta} \frac{1}{M} \sum_{m=1}^M \sum_{h=0}^{H-1} \frac{\pi_{\theta}(s_h)}{\pi^k(s_h)} \left( R_h(\tau^m) - \tilde{b}(s_h, h) \right)$$

$$\text{s.t.} \sum_{m=1}^M \sum_{h=0}^{H-1} \ln \frac{\pi_{\theta_k}(a_h^m | s_h^m)}{\pi_{\theta}(a_h^m | s_h^m)} \leq \delta$$

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# TRPO is locally equivalent to the NPG

TRPO at iteration k:

$$\max_{\theta} \mathbb{E}_{s_0, \dots, s_{H-1} \sim \rho_{\pi^k}} \left[ \sum_{h=0}^{H-1} \mathbb{E}_{a_h \sim \pi_{\theta}(s_h)} A^{\pi^k}(s_h, a_h) \right]$$

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Intuition: maximize local adv subject to being incremental (in KL);

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$$\max_{\theta} \nabla_{\theta} J(\pi_{\theta^k})^{\top} (\theta - \theta^k)$$

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$$\begin{aligned} & \max_{\theta} \nabla_{\theta} J(\pi_{\theta^k})^{\top} (\theta - \theta^k) \\ & \text{s.t. } (\theta - \theta^k)^{\top} F_{\theta^k} (\theta - \theta^k) \leq \delta \end{aligned}$$

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$$\begin{aligned} \max_{\theta} & \nabla_{\theta} J(\pi_{\theta^k})^{\top} (\theta - \theta^k) \\ \text{s.t.} & (\theta - \theta^k)^{\top} F_{\theta^k} (\theta - \theta^k) \leq \delta \end{aligned}$$

(Where  $F_{\theta^k}$  is the “Fisher Information Matrix”)

## NPG: A “leading order” equivalent program to TRPO:

1. Init  $\pi_0$

2. For  $k = 0, \dots, K$ :

$$\theta^{k+1} = \arg \max_{\theta} \nabla_{\theta} J(\pi_{\theta^k})^{\top} (\theta - \theta^k)$$

$$\text{s.t. } (\theta - \theta^k)^{\top} F_{\theta^k} (\theta - \theta^k) \leq \delta$$

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- Where  $\nabla_{\theta} J(\pi_{\theta^k})$  is the gradient at  $\theta^k$  and
- $F_{\theta}$  is (basically) the Fisher information matrix at  $\theta \in \mathbb{R}^d$ , defined as:

$$F_{\theta} := \mathbb{E}_{\tau \sim \rho_{\theta}} \left[ \nabla_{\theta} \ln \rho_{\theta}(\tau) (\nabla_{\theta} \ln \rho_{\theta}(\tau))^{\top} \right] \in \mathbb{R}^{d \times d} = - \mathbb{E}_{\tau \sim \rho_{\theta}} \left[ \nabla^2 \log_{\theta}(\tau) \right]$$

$$= \mathbb{E}_{\tau \sim \rho_{\theta}} \left[ \sum_{h=0}^{H-1} \nabla_{\theta} \ln \pi_{\theta}(a_h | s_h) (\nabla_{\theta} \ln \pi_{\theta}(a_h | s_h))^{\top} \right]$$

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$$\theta^{k+1} = \theta^k + \eta F_{\theta^k}^{-1} \nabla_{\theta} J(\pi_{\theta^k})$$

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Indeed this gives us:

$$\theta^{k+1} = \theta^k + \eta F_{\theta^k}^{-1} \nabla_{\theta} J(\pi_{\theta^k})$$

Where  $\eta = \sqrt{\frac{\delta}{\nabla_{\theta} J(\pi_{\theta^k})^{\top} F_{\theta^k}^{-1} \nabla_{\theta} J(\pi_{\theta^k})}}$

so lve

$$\max_x Ax$$

$$\text{s.t. } xBx \leq \delta$$



max

Lag.

$$Ax - \lambda x^{\top} Bx$$



# An Implementation: Sample Based NPG

1. Init  $\pi_0$

2. For  $k = 0, \dots, K$ :

• Estimate PG  $\nabla_{\theta} J(\pi_{\theta^k})$

• Estimate Fisher info-matrix:  $F_{\theta^k} = \mathbb{E}_{\tau \sim \rho_{\theta^k}} \left[ \sum_{h=0}^{H-1} \nabla \ln \pi_{\theta^k}(a_h | s_h) (\nabla \ln \pi_{\theta^k}(a_h | s_h))^{\top} \right]$

• Natural Gradient Ascent:  $\theta^{k+1} = \theta^k + \eta \widehat{F}_{\theta^k}^{-1} \widehat{\nabla_{\theta} J(\pi_{\theta^k})}$

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- Estimate PG  $\nabla_{\theta} J(\pi_{\theta^k})$

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3. Return  $\pi_K$

$(\widehat{F}_{\theta^k} + \lambda \mathbf{I})^{-1} \nabla J$

(We will implement it in HW4 on Cartpole)

# NPG Derivation

# First Order Expansion on the Objective Function

$$\max_{\theta} \mathbb{E}_{s_0, \dots, s_{H-1} \sim \rho_{\theta_k}} \left[ \sum_{h=0}^{H-1} \mathbb{E}_{a \sim \pi_{\theta}(s)} A^{\pi_{\theta_k}(s, a)} \right]$$

# First Order Expansion on the Objective Function

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$$+ \mathbb{E}_{s_0, \dots, s_{H-1} \sim \rho_{\theta_k}} \left[ \sum_{h=0}^{H-1} \mathbb{E}_{a \sim \pi_{\theta_k}(s)} \nabla_{\theta} \ln \pi_{\theta_k}(a | s) A^{\pi_{\theta_k}(s, a)} \right] \cdot (\theta - \theta_k)$$

$F(x)$

$$\approx F(x) + \nabla F(x) \cdot (x - \bar{x}) + O\left(\|\nabla_{\theta} J(\pi_{\theta_k})\| \cdot \|x - \bar{x}\|^2\right)$$

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$$= \text{"constant"} + \nabla_{\theta} J(\pi_{\theta_k})^{\top} (\theta - \theta_k)$$

# **Taylor Expansion on the Constraint**

(we need it to be second-order. Why?)



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$$\ell(\theta) \approx \ell(\tilde{\theta}) + \nabla \ell(\tilde{\theta})^\top (\theta - \tilde{\theta}) + \frac{1}{2} (\theta - \tilde{\theta})^\top \nabla_{\theta}^2 \ell(\tilde{\theta}) (\theta - \tilde{\theta})$$

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$$\ell(\tilde{\theta}) = KL(\rho_{\tilde{\theta}} | \rho_{\tilde{\theta}}) = 0$$

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We will show that  $\nabla_{\theta} \ell(\tilde{\theta}) = 0$ , and  $\nabla^2 \ell(\tilde{\theta})$  has the claimed form!

# The gradient of the KL-divergence is zero at $\theta^k$

Change from trajectory distribution to state-action distribution:

$$\ell(\theta) := KL(\rho_{\tilde{\theta}} | \rho_{\theta}) = \mathbb{E}_{\tau \sim \rho_{\tilde{\theta}}} \left[ \ln \frac{\rho_{\tilde{\theta}}(\tau)}{\rho_{\theta}(\tau)} \right]$$

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$$\nabla_{\theta} \ell(\theta) \Big|_{\theta = \tilde{\theta}} = \mathbb{E}_{\tau \sim \rho_{\tilde{\theta}}} \left[ \nabla_{\theta} \ln \rho_{\tilde{\theta}}(\tau) \right] \Big|_{\theta = \tilde{\theta}} = \mathbb{0}$$

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$$\begin{aligned} \nabla_{\theta} \ell(\theta) \Big|_{\theta=\tilde{\theta}} &= \mathbb{E}_{\tau \sim \rho_{\tilde{\theta}}} \left[ \nabla_{\theta} \ln \rho_{\tilde{\theta}}(\tau) \right] \\ &= \sum_{\tau} \rho_{\tilde{\theta}}(\tau) \frac{\nabla_{\theta} \rho_{\tilde{\theta}}(\tau)}{\rho_{\tilde{\theta}}(\tau)} \end{aligned}$$

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**Let's compute the Hessian of the KL-divergence at  $\theta^k$**

$$\ell(\theta) := KL\left(\rho_{\pi_{\theta^k}} \mid \rho_{\pi_{\theta}}\right) = \mathbb{E}_{\tau \sim \rho_{\pi_{\theta^k}}} \left[ \ln \frac{\rho_{\pi_{\theta^k}}(\tau)}{\rho_{\pi_{\theta}}(\tau)} \right]$$

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$$\nabla_{\theta}^2 \ell(\theta) \Big|_{\theta=\tilde{\theta}} = \mathbb{E}_{\tau \sim \rho_{\tilde{\theta}}} \left[ \nabla_{\theta}^2 \ln \rho_{\tilde{\theta}}(\tau) \right]$$

$$= - \sum_{\tau} \rho_{\tilde{\theta}}(\tau) \left( \frac{\nabla_{\theta}^2 \rho_{\tilde{\theta}}(\tau)}{\rho_{\tilde{\theta}}(\tau)} - \frac{\nabla_{\theta} \rho_{\tilde{\theta}}(\tau) \nabla_{\theta} \rho_{\tilde{\theta}}(\tau)^{\top}}{(\rho_{\tilde{\theta}}(\tau))^2} \right)$$

$$\nabla \log f(x) = \frac{\nabla f(x)}{f(x)}$$

$$\nabla^2 \log f(x) = \frac{\nabla^2 f(x)}{f(x)} - \frac{\nabla f(x) \nabla f(x)^{\top}}{(f(x))^2}$$

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$$= \mathbb{E}_{\tau \sim \rho_{\tilde{\theta}}} \left[ \nabla \ln \rho_{\tilde{\theta}}(\tau) (\nabla_{\theta} \ln \rho_{\tilde{\theta}}(\tau))^{\top} \right] \in \mathbb{R}^{d \times d}$$

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**It's called the Fisher Information Matrix!**

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## Back to TRPO/NPG

1. Init  $\pi_0$

2. For  $k = 0, \dots, K$ :

$$\theta^{k+1} = \arg \max_{\theta} \mathbb{E}_{s_0, \dots, s_{H-1} \sim \rho_{\pi^k}} \left[ \sum_{h=0}^{H-1} \mathbb{E}_{a_h \sim \pi_{\theta}(s_h)} A^{\pi^k}(s_h, a_h) \right]$$

s.t.  $KL(\rho_{\pi^k} | \rho_{\pi_{\theta}}) \leq \delta$

3. Return  $\pi_K$

- The difficulty with TRPO and NPG is that they could be computationally costly. Need to solve constrained optimization or matrix inversion (“second order”) problems.
- Can we use a method which only uses gradients?

**Let’s try to use a “Lagrangian relaxation” of TRPO**

# Proximal Policy Optimization (PPO)

1. Init  $\pi_0$ , choose  $\lambda$

2. For  $k = 0, \dots, K$ :

$$\theta^{k+1} \stackrel{\text{approx arg max}}{=} \arg \max_{\theta} \mathbb{E}_{s_0, \dots, s_{H-1} \sim \rho_{\pi^k}} \left[ \sum_{h=0}^{H-1} \mathbb{E}_{a_h \sim \pi_{\theta}(s_h)} A^{\pi^k}(s_h, a_h) \right] - \underbrace{\lambda \text{KL}(\rho_{\pi^k} | \rho_{\pi_{\theta}})}_{\text{regularization}}$$

3. Return  $\pi_K$



**The regularization term is:**

$$KL\left(\rho_{\pi_{\theta^k}} \mid \rho_{\pi_{\theta}}\right) = \mathbb{E}_{\tau \sim \rho_{\pi_{\theta^k}}} \left[ \ln \frac{\rho_{\pi_{\theta^k}}(\tau)}{\rho_{\pi_{\theta}}(\tau)} \right]$$

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$$\rho_{\theta}(\tau) = \mu(s_0) \pi_{\theta}(a_0 \mid s_0) P(s_1 \mid s_0, a_0) \dots P(s_{H-1} \mid s_{H-2}, a_{H-2}) \pi_{\theta}(a_{H-1} \mid s_{H-1})$$

**The regularization term is:**

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# Proximal Policy Optimization (PPO)

1. Init  $\pi_0$ , choose  $\lambda$
2. For  $k = 0, \dots, K$ :  
use SGD to optimize:  
 $\theta^{k+1} \approx \arg \max_{\theta} \ell^k(\theta)$

where:

$$\ell^k(\theta) := \mathbb{E}_{s_0, \dots, s_{H-1} \sim \rho_{\pi^k}} \left[ \sum_{h=0}^{H-1} \mathbb{E}_{a_h \sim \pi_{\theta}(s_h)} A^{\pi^k}(s_h, a_h) \right] - \lambda \mathbb{E}_{\tau \sim \rho_{\pi^k}} \left[ \sum_{h=0}^{H-1} \ln \frac{1}{\pi_{\theta}(a_h | s_h)} \right]$$

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How do we estimate this objective?

# Back to Estimating $\ell^k(\theta)$

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We want to estimate,

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We will use **importance sampling**:

$$= \mathbb{E}_{s_0, \dots, s_{H-1} \sim \rho_{\pi^k}} \left[ \sum_{h=0}^{H-1} \mathbb{E}_{a_h \sim \pi^k(s_h)} \left[ \frac{\pi_{\theta}(s_h)}{\pi^k(s_h)} A^{\pi^k}(s_h, a_h) \right] \right]$$



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$$\tilde{b}(s, h) \approx V_h^{\pi^k}(s)$$

2. Obtain  $M$  **NEW** trajectories  $\tau_1, \dots, \tau_M \sim \rho^k$

$$\text{Set } \hat{\ell}^k(\theta) = \frac{1}{M} \sum_{m=1}^M \sum_{h=0}^{H-1} \left( \frac{\pi_{\theta}(s_h)}{\pi^k(s_h)} \left( R_h(\tau^m) - \tilde{b}(s_h, h) \right) - \lambda \ln \frac{1}{\pi_{\theta}(a_h | s_h)} \right)$$

# Summary:

1. NPG: a simpler way to do TRPO, a “pre-conditioned” gradient method.
2. PPO: “first order” approx to TRPO

Attendance:

[bit.ly/3RcTC9T](https://bit.ly/3RcTC9T)



Feedback:

[bit.ly/3RHtlxy](https://bit.ly/3RHtlxy)



## Example of Natural Gradient on 1-d problem: 2 actions, 1 state

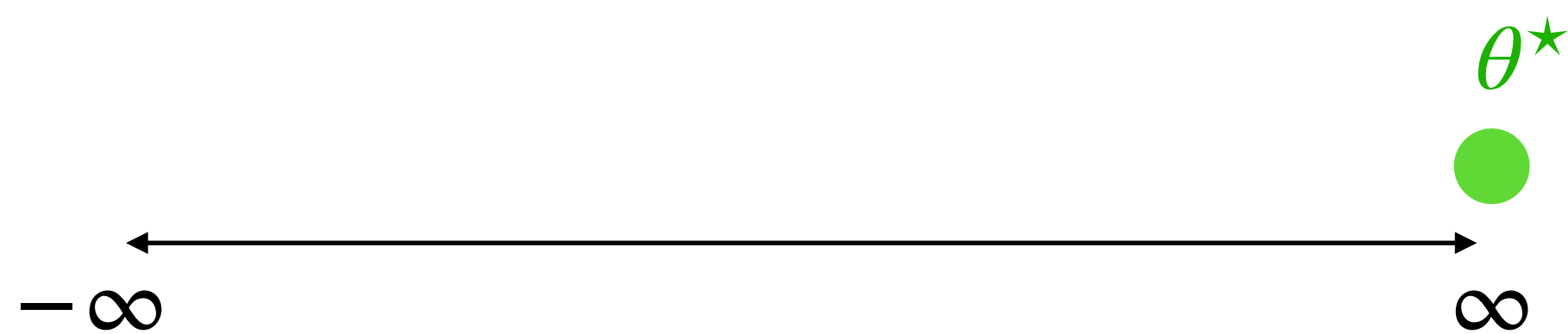
$$(\pi_\theta[1], \pi_\theta[2]) := \left( \frac{\exp(\theta)}{1 + \exp(\theta)}, \frac{1}{1 + \exp(\theta)} \right)$$

$$J(\theta) = 100 \cdot \pi_\theta[1] + 1 \cdot \pi_\theta[2]$$

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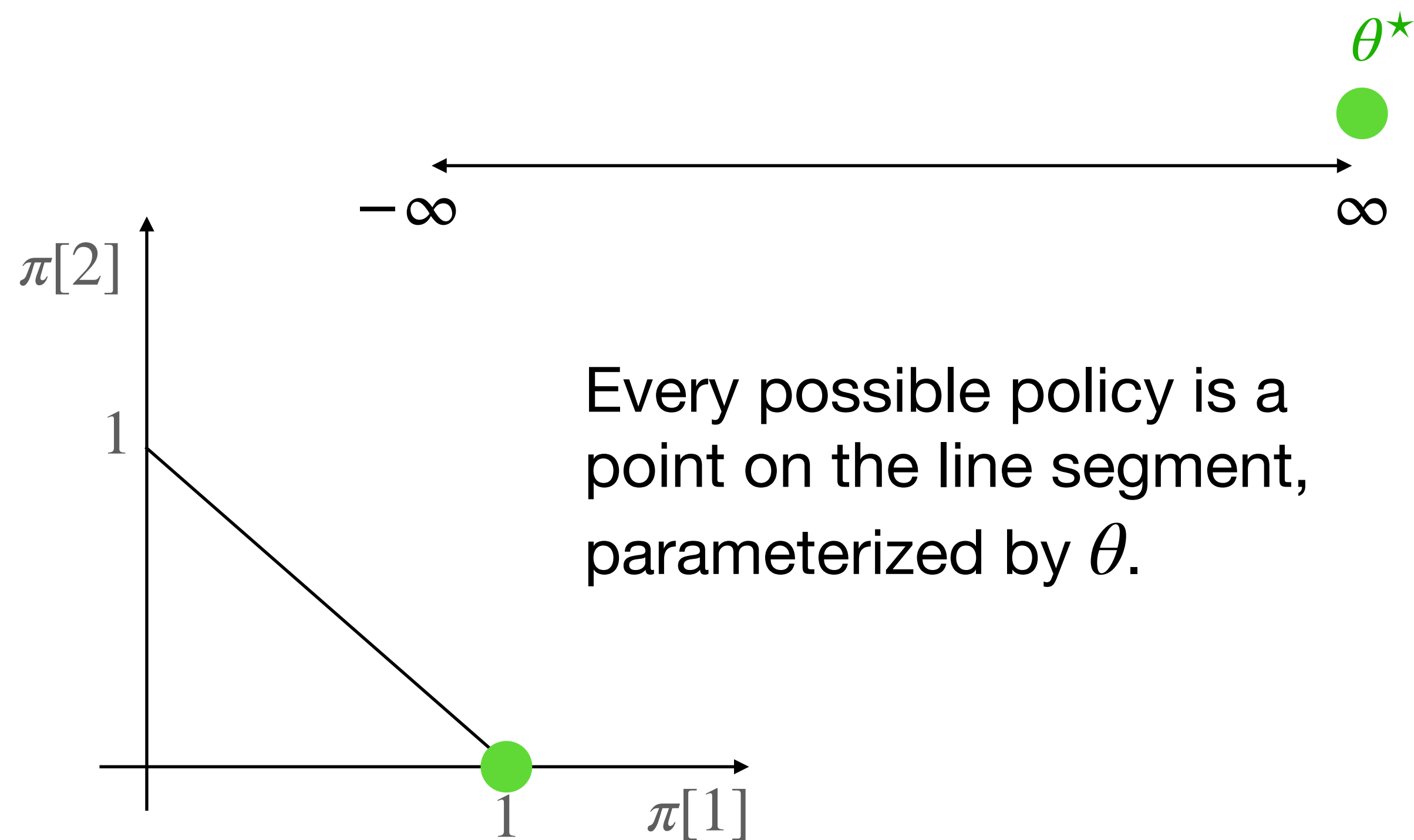
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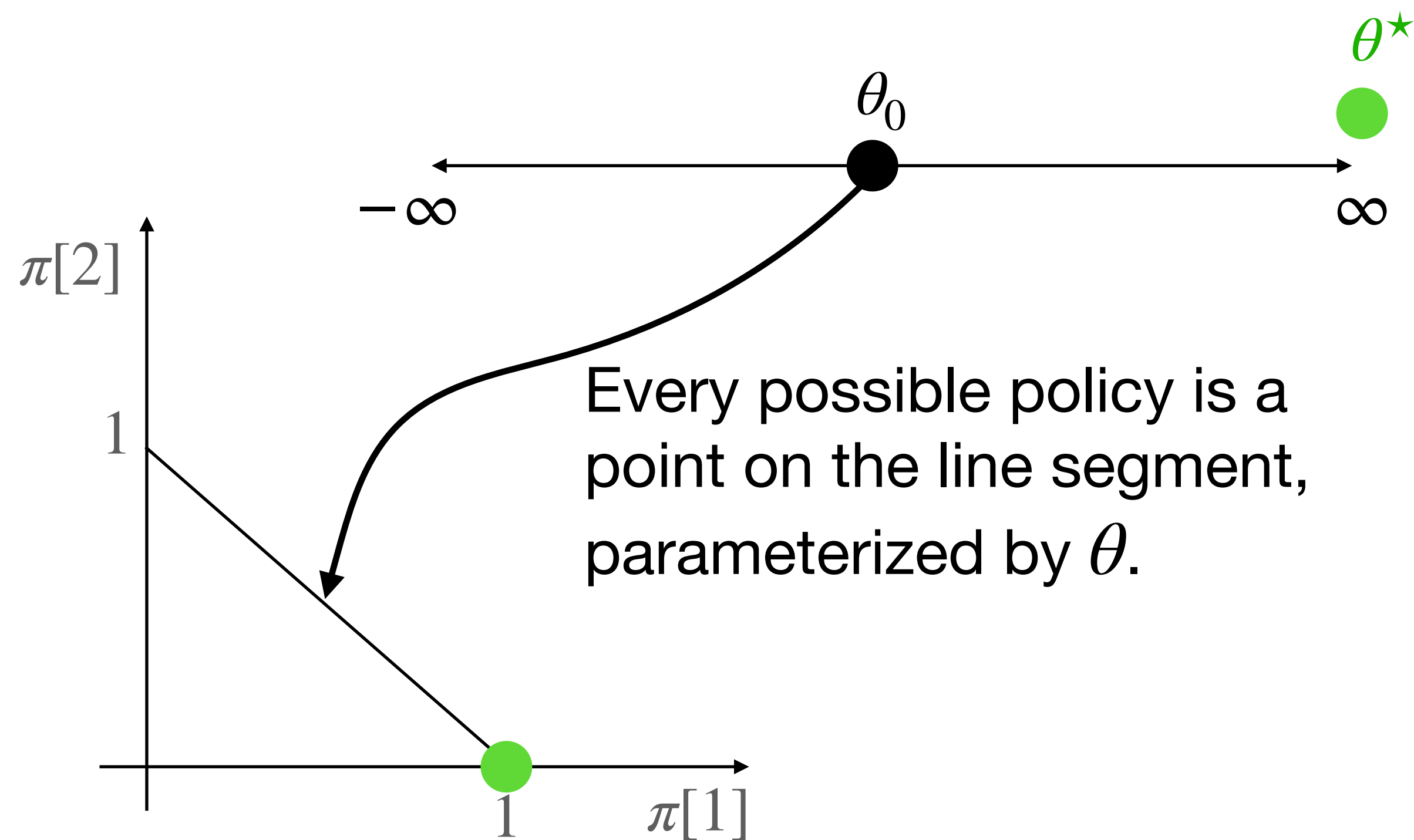




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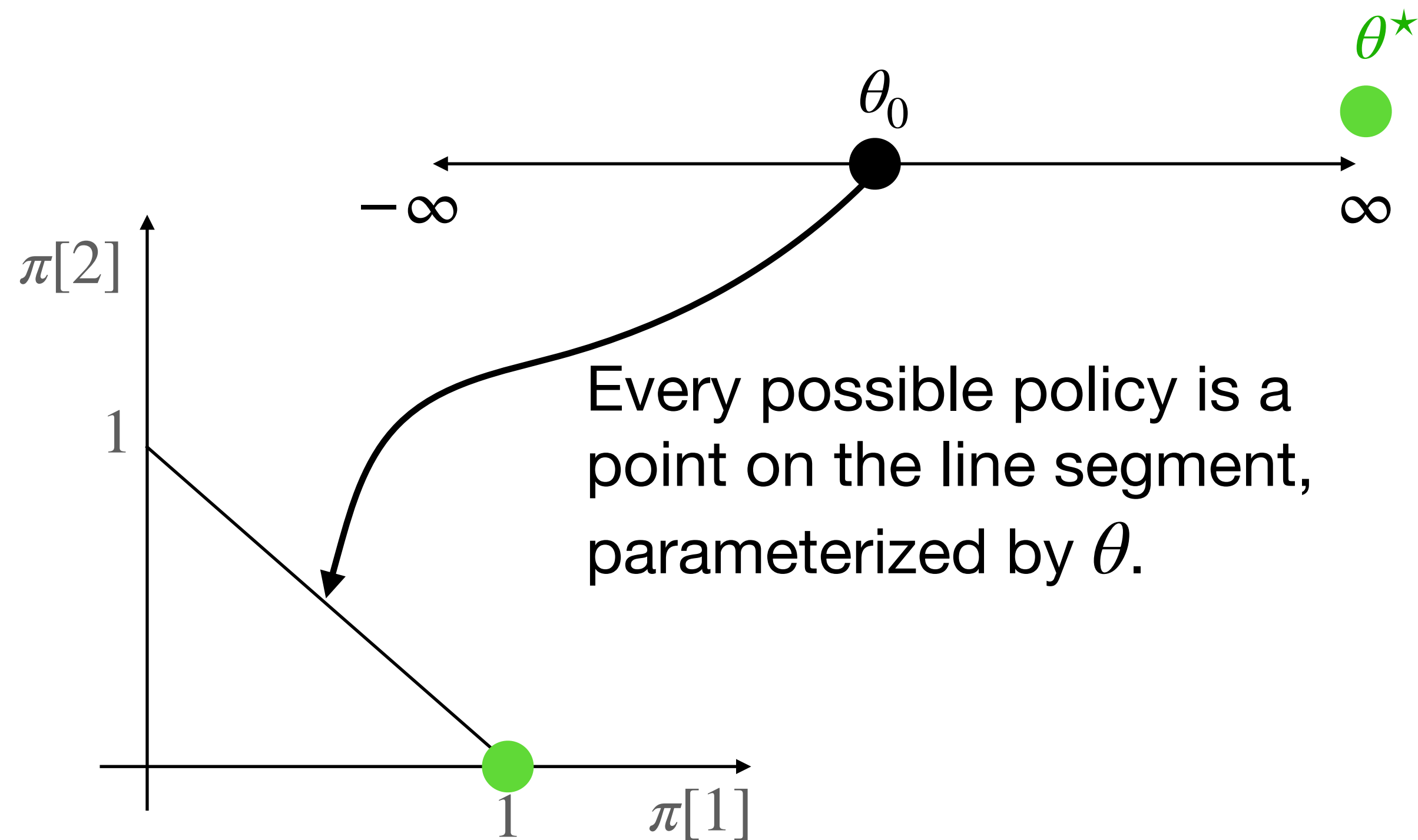


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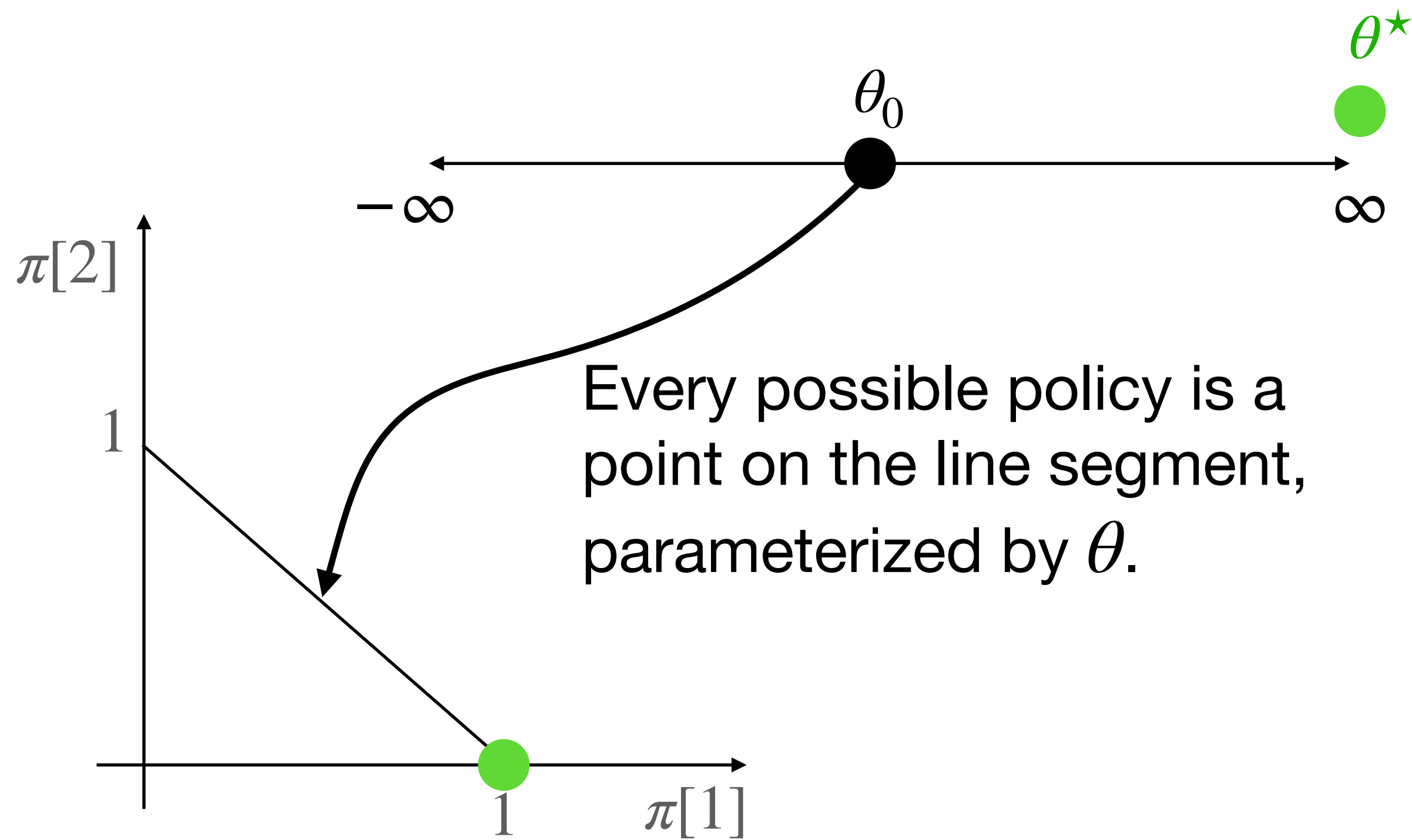
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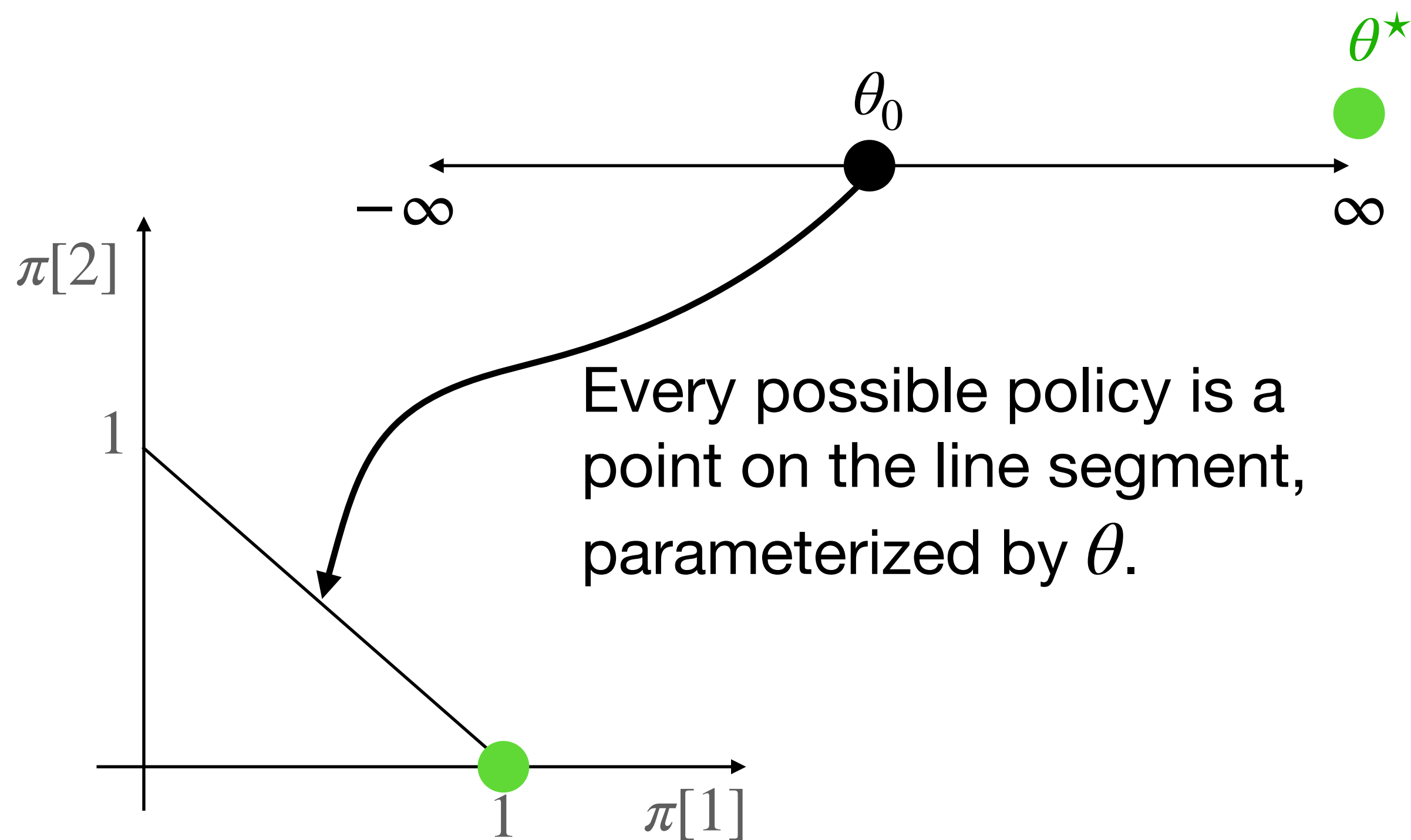
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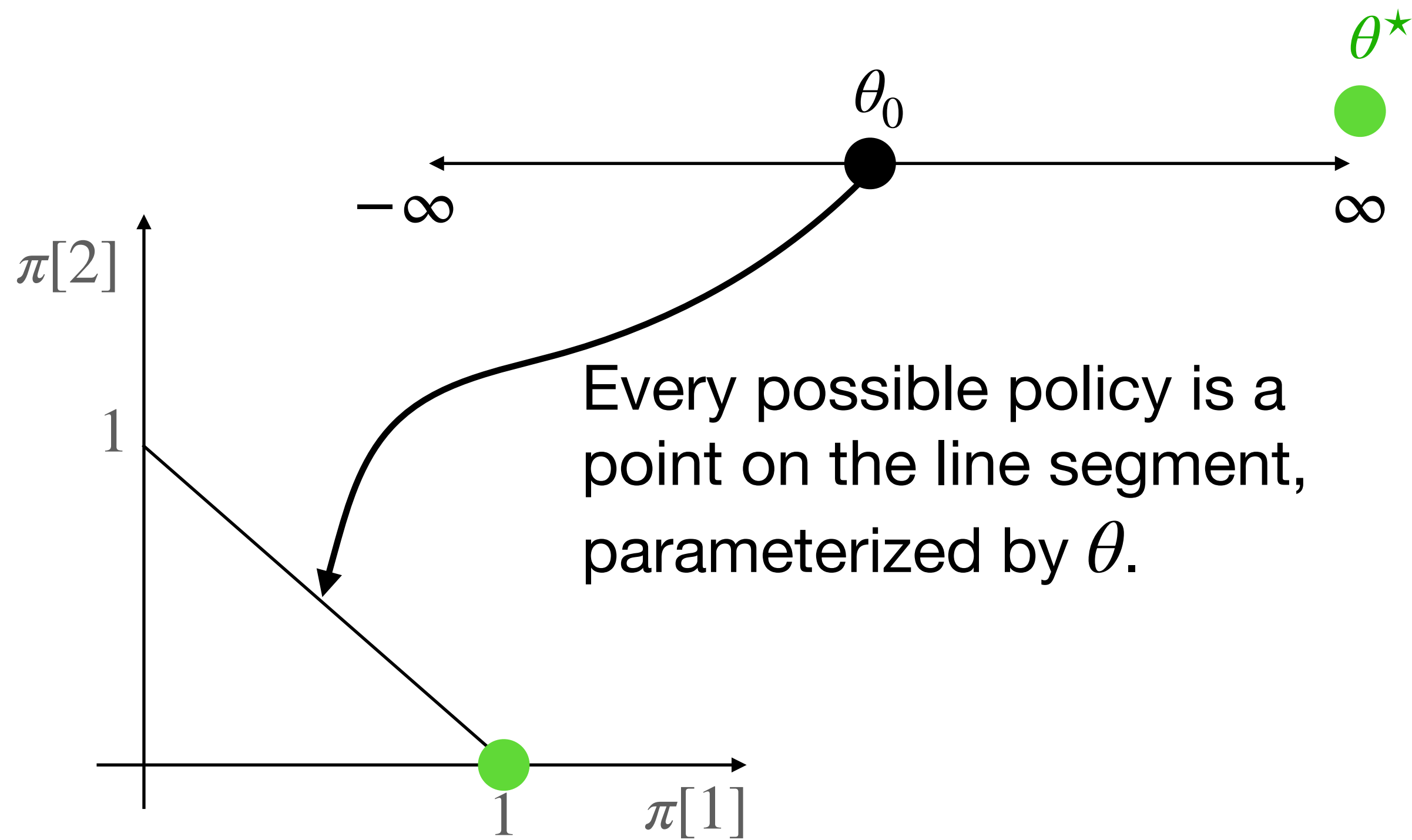
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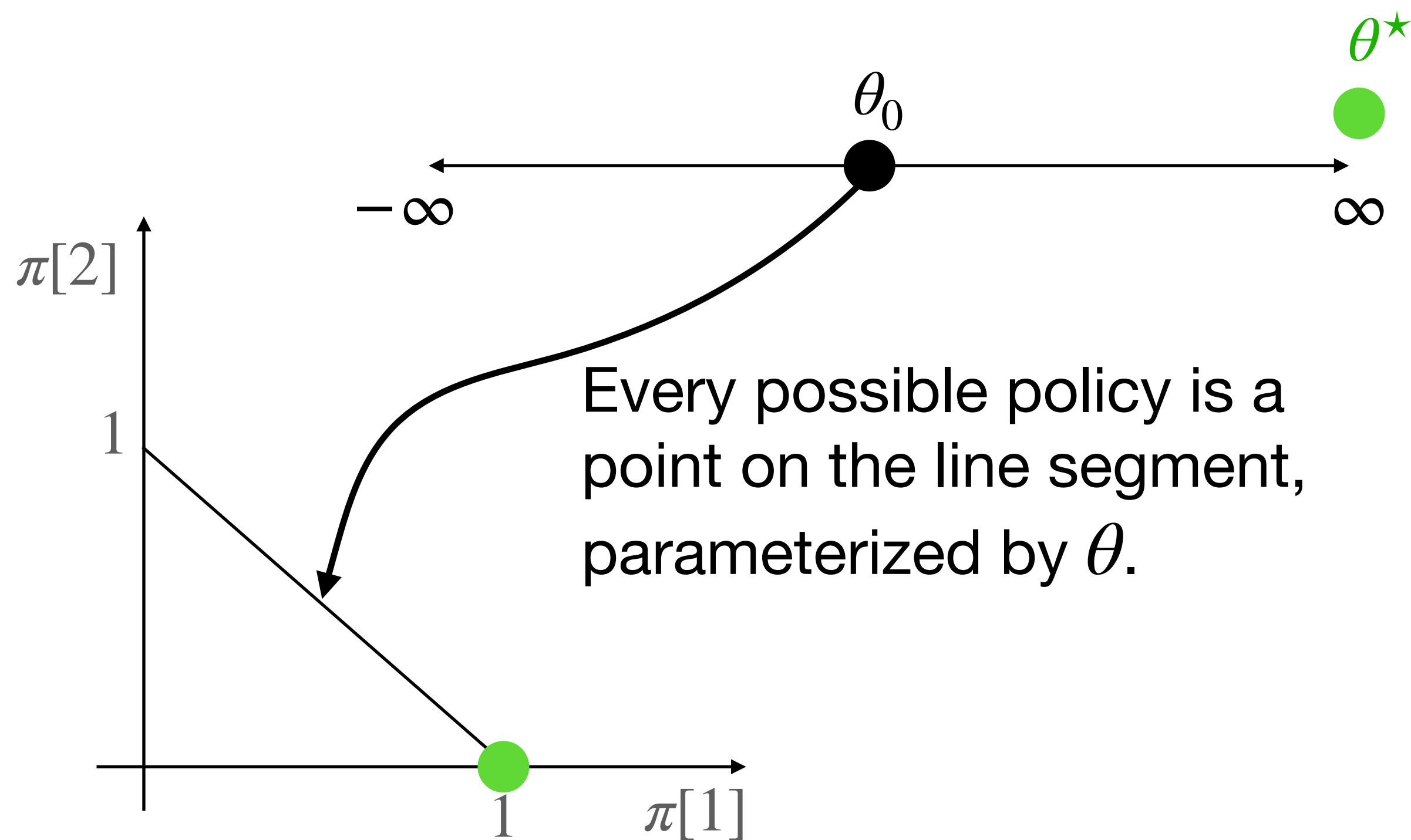
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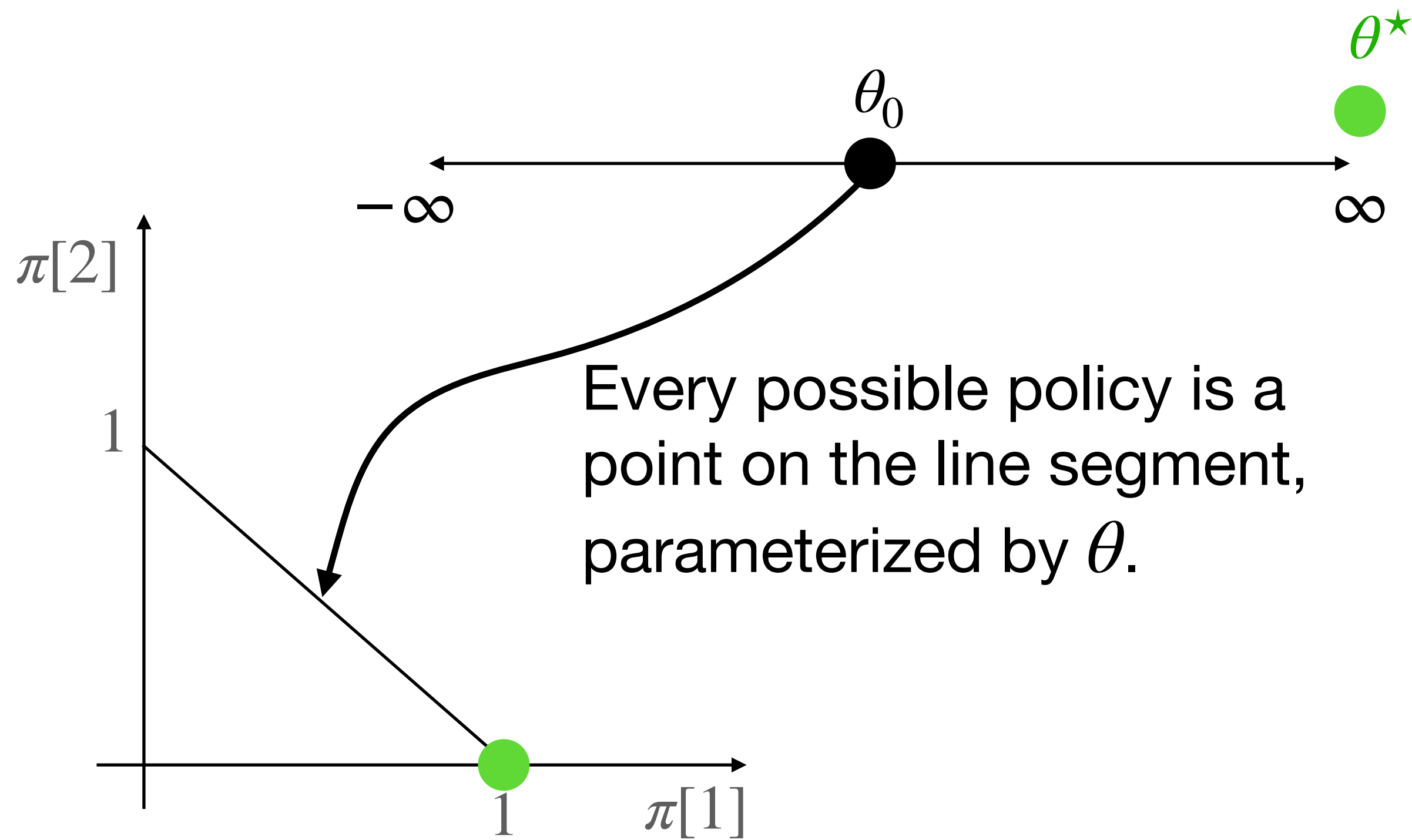
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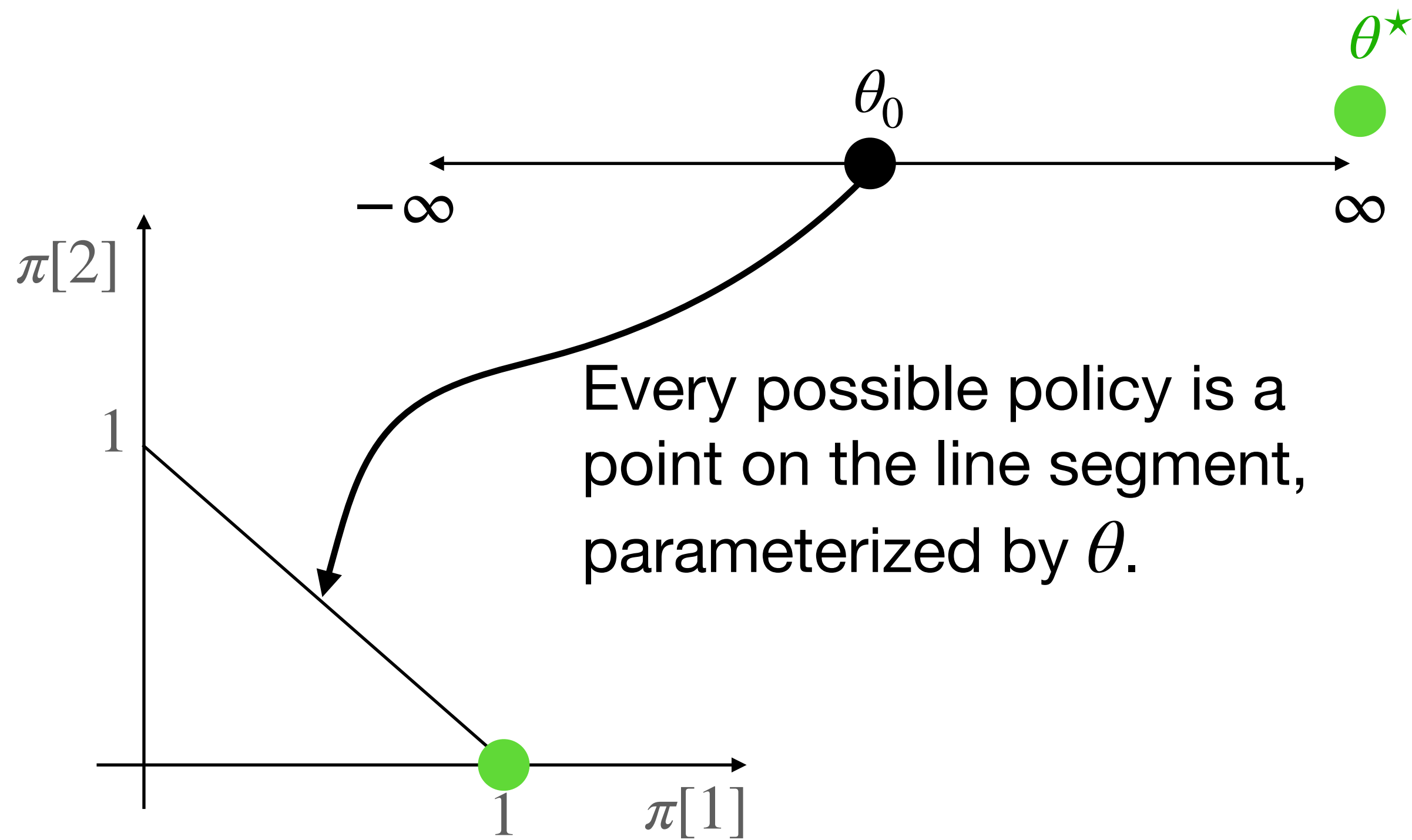
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NPG moves to  $\theta = \infty$  much more quickly (for a fixed  $\eta$ )